

In the Matter of the )  
Application regarding the )  
Conversion and Acquisition )  
of Control of Premera Blue ) Docket No. G02-45  
Cross and its Affiliates )  
)  
)

CAPITOL PACIFIC REPORTING (360) 352-2054

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## COLLOQUY

1 P R O C E E D I N G S

2 Tuesday, 9:00 a.m.

3 JUDGE FINKLE: Just quickly I have a number of  
4 rulings on the Alaska pre-filed testimony striking certain  
5 paragraphs, and I'll - so we don't delay the proceeding, I'll  
6 give you a summary ruling here.

7 As to the testimony of Michelle Brown, the following  
8 paragraphs are stricken, eight, nine; as to Joan Fisher,  
9 five, six, eight; as to Dennis McMillian, four, six, eight,  
10 nine; as to Karen Perdue, the paragraphs are not numbered,  
11 the pages do not seem to be numbered but page - what appears  
12 to be page four, the paragraph beginning "Demand dramatically  
13 exceeds" is stricken. The page beginning with the first  
14 paragraph "As a citizen of the state" is stricken. In other  
15 respects, the testimony will stand as presented. The basis  
16 of the ruling is analogous to the previous ruling striking  
17 the Medical Association witness paragraphs.

18 Are we ready with the next witness?

19 MR. KELLY: Yes, we are. Premera will call Barbara  
20 Dingfield.

21

22 BARBARA DINGFIELD, having been first sworn  
23 by the Judge, testified as  
follows:

24

25 JUDGE FINKLE: Please sit down.

BARBARA DINGFIELD - Direct

1 DIRECT EXAMINATION

2

3 BY MR. KELLY:

4 Q And would you state your name, please?

5 A Barbara Dingfield.

6 Q And do you reside in Mt. Vernon, Washington?

7 A I do.

8 Q Do you also have an office in Seattle?

9 A I do.

10 Q I understand that you are a consultant with an organization  
11 called The Giving Practice. Could you describe what that  
12 organization is?

13 A Certainly. It's a nonprofit consulting company, which is  
14 affiliated with Philanthropy Northwest. And Philanthropy  
15 Northwest is the Regional Association of Grantmakers in the  
16 Pacific Northwest region.

17 Q I'd like to turn to your professional qualifications. Could  
18 you tell us what your formal education is.

19 A I have a bachelor of arts in mathematics from Swarthmore  
20 College, and a master of arts in economics from Columbia  
21 University in New York.

22 Q Could you give us an overview of the highlights of your  
23 professional experience?

24 A Certainly. In Boston, where I started working, I was with  
25 the nonprofit organization called the Association of Better -

BARBARA DINGFIELD - Direct

1 For Better Housing, which I helped low-income families  
2 achieve home ownership. In moving to Seattle I then spent  
3 about seven years in city government, originally for the  
4 Department of Communication Development, where I managed  
5 redevelopments of downtown projects for the city. I then  
6 became a director of the Office of Policy Planning, appointed  
7 by Mayor Uhlman and then Mayor Royer. In 1979 I left city  
8 government and joined Wright Runstead & Company, where I was  
9 for about 14 years. And Wright Runstead is a manager and  
10 developer of commercial office buildings throughout the  
11 western states.

12 In '93 I left Wright Runstead & Company, and due to a  
13 lot of volunteer activities that I've been doing throughout  
14 my career, I totally switched careers and joined Microsoft as  
15 director of community affairs for Microsoft. And really  
16 worked with them for the next five years in doing the  
17 strategic planning for increasing their philanthropy, both  
18 regionally, nationally, and then ultimately internationally.  
19 I left Microsoft at the end of '99, and have been doing the  
20 consulting practice since then, which really works with  
21 private, public and corporate foundations in doing the  
22 strategic planning and grant making planning for - for a  
23 foundation.

24 Q Okay. Now, you mentioned you were involved in civic  
25 activities. Were you involved in United Way?



BARBARA DINGFIELD - Direct

1 A I was. I was on the board of United Way of King County for  
2 nine years. I was chair of their strategic planning  
3 committee and ultimately became chair of the board of the  
4 United Way for King County.

5 Q Are you currently on any other boards?

6 A I am. I'm on the board of the YMCA of Greater Seattle. I'm  
7 also on the board of an organization called NPower, which  
8 helps other non-profits use technology effectively. And I'm  
9 on the Steering Committee for a program that the  
10 Gate's Foundation has funded called Sound Families, which  
11 helps homeless families find transitional housing.

12 Q Okay. In your resume, I believe there's enumerated many  
13 other organizations and boards that you've --

14 A Done a lot of volunteerism in my career, but among them,  
15 which might be relevant, I spent seven years on the board of  
16 Pacific Medical Center, at the time where it was converted  
17 from a public health hospital to a community hospital.

18 Q Now, your pre-filed testimony has been served and filed in  
19 this proceeding, and I'm going to ask you if you adopt that  
20 testimony?

21 A I do.

22 MR. KELLY: And Commissioner, Ms. Dingfield's  
23 testimony has been marked as hearing Exhibit P-15, and with  
24 her adoption of the testimony, Premera moves to admit P-15.

25 MS. deLEON: No objection.

BARBARA DINGFIELD - Direct

1 MS. HAMBURGER: No objection.

2 JUDGE FINKLE: Admitted.

3 MR. KELLY: And her resume is P-16, and I'd also  
4 ask that that be admitted.

5 MS. deLEON: No objection.

6 MS. HAMBURGER: (Shakes head.)

7 JUDGE FINKLE: Admitted.

8 Q (By Mr. Kelly) I'd like to turn to how you became involved  
9 in this hearing.

10 A In the fall of 2003, Premera contacted our consulting  
11 practice to do some strategic planning for Premera Cares,  
12 which is the corporate giving program of Premera. After  
13 initial conversations about doing that work and their review  
14 of our consulting practice qualifications, they contacted us  
15 about helping in the thinking and planning for the  
16 foundations which would result from this conversion.

17 Q And for purposes of the testimony today, we'll refer to the  
18 foundation that would result if conversion goes forward as  
19 the Washington Foundation. What is your understanding of  
20 what the general purpose of the Washington Foundation would  
21 be?

22 A The overarching purpose is to promote the health of the  
23 residents of this state.

24 Q What were you asked to do in regard to the Washington  
25 Foundation, the discussions about it?

BARBARA DINGFIELD - Direct

1 A Premera asked me and our consulting firm to facilitate  
2 meetings of leaders in the healthcare field to really  
3 brainstorm about what this foundation could do, and that's  
4 primarily what I did with Premera.

5 Q Okay. Now, how many meetings have you facilitated?

6 A I facilitated two meetings in October and then a subsequent  
7 one at the end of March of this year.

8 Q What types of organizations were invited to the, for example,  
9 the first meeting in early October and what were they asked  
10 to do?

11 A The organizations present at that meeting were basically  
12 nonprofit organizations, representing the public health  
13 community, educational institutions that train medical  
14 specialists, and foundations. That was kind of the overview.

15 Q Okay. I think you brought up with you your pre-filed  
16 testimony, Exhibit P-15, and I'd ask you to just turn to page  
17 - pages six and seven.

18 A Yes.

19 Q And at those pages you enumerate the 20 organizations that  
20 participated in this --

21 A That's right.

22 Q Did that group, rather than read them into the record again,  
23 include by way of example the Spokane Community College  
24 School of Nursing, the Washington State Public Health  
25 Association, the University of Washington School of Public

BARBARA DINGFIELD - Direct

1 Health and Community Medicine, and the Washington Dental  
2 Service Foundation?

3 A That's correct.

4 Q Okay. And what were all of those organizations invited to  
5 discuss?

6 A In the first meeting what we primarily discussed was the  
7 unmet healthcare needs in Washington State, so we have some  
8 parameters within which to talk about what the ultimate  
9 purposes of the Washington Foundation would be.

10 Q So those are 20 organizations. Are there other interested  
11 parties whose suggestions you think should also be considered  
12 when the Washington Foundation actually begins to undertake  
13 any philanthropic efforts?

14 A Certainly this is not all-encompassing, there are many other  
15 stakeholders in the community which ultimately, if the  
16 foundation is created, would be invited to join in the  
17 conversation. So these were representative, certainly a good  
18 representation, but I do personally believe that there are  
19 others that would be invited as well to talk about the  
20 foundation.

21 Q Okay. For those 20 or so organizations, were their  
22 categories of needs that they came up with at the meeting?

23 A They did, and that is part of my testimony. But they did  
24 come up with sort of broad categories of unmet needs. And I  
25 don't know where --

BARBARA DINGFIELD - Direct

1 Q We actually do have an illustrative chart. And this is  
2 actually taken from your pre-filed direct testimony?

3 A Right. They're essentially, if one looks at these, four  
4 categories of needs. The first one is really the shortage of  
5 medical personnel in the state, particularly in serving rural  
6 areas. The second one is the issue of basic access of - to  
7 medical care and the lack of access to many residents in the  
8 state. The third one is the issue of prevention screening  
9 and wellness education, which I think is generally recognized  
10 in the healthcare field as a way to make sure that people  
11 stay out of hospitals and needing more intense care. And  
12 finally that the safety net really doesn't include - the  
13 safety net that does exist doesn't include many  
14 subspecialties, and in many instances people simply cannot  
15 get care in certain fields.

16 Q Okay. Were there other significant observations that the  
17 participants made in addition to these categorizations of  
18 four basic areas?

19 A Well, I think one of the things that I thought was really  
20 interesting, we had people from Spokane at the meeting as  
21 well, and there was a lot of discussion about making sure  
22 that any programs or grants that the foundation could  
23 ultimately make would really be localized to meet the needs  
24 of the specific populations which they were serving, that the  
25 needs were not necessarily the same in rural areas, nor among

BARBARA DINGFIELD - Direct

1 certain ethnic minorities, nor in every part of the state.  
2 So one size doesn't fit all when it comes to solving  
3 healthcare problems.

4 They also talked a lot about the opportunities that a  
5 foundation might afford to focus on some very pressing needs  
6 and not to kind of let the money be dispersed too widely but  
7 really to focus on some issues that they thought were of  
8 particular importance, and these are some of those.

9 Q Let me turn to another area of discussion, as I understand it  
10 at these meetings, and that was the possible purposes of the  
11 Washington Foundation. Was that discussed amongst --

12 A That was really deriving from these identification of unmet  
13 healthcare needs. We then moved to a discussion of what  
14 purposes, in very broad terms, the foundation could be -  
15 could address, and this was discussed as well at the second  
16 meeting. And the purposes actually that the group came up  
17 with have been incorporated into the Articles of  
18 Incorporation for the Washington Foundation that has been -  
19 that has been filed.

20 Q Okay. And we have an illustrative chart of that.

21 A No, that's not it.

22 MR. MITCHELL: Here we are.

23 Q (By Mr. Kelly) Okay. So, and this chart is somewhat small,  
24 this is a reflection of what is actually in the amended  
25 Form A under the Articles of Incorporation of the Washington

BARBARA DINGFIELD - Direct

1 Foundation?

2 A That's right. And they're broadly stated if one - if you can  
3 read them, but they're broad purposes and the group did  
4 discuss these purposes quite specifically and concurred that  
5 they reflected what they felt that the purpose of the  
6 foundation should be.

7 Q Okay. Let's see if we can go back to - leaving this chart -  
8 well, actually let's go back to the previous one. How did  
9 the - did the participants have any examples, say, in regard  
10 to the first category of unmet needs, nursing, in terms of  
11 what the foundation might be able --

12 A Well, the problem in this that was identified with regard to  
13 nursing, for example, was that there were too few nursing  
14 faculty, and therefore not enough slots available to train  
15 nurses, and therefore would result in a shortage of nurses.  
16 So one of the ideas, for instance, that was suggested by the  
17 group was incentives to retain and develop faculty,  
18 scholarships or stipends that would be available to train and  
19 retain faculty. And also to provide other methods of  
20 educating nurses, be it a long-distance learning, et cetera,  
21 that would be an example in the nursing area.

22 Q So that might be able to serve local community needs through  
23 long distance --

24 A That's correct.

25 Q Okay. Now, were there any other ideas about how to improve

BARBARA DINGFIELD - Direct

1 the number of healthcare professionals in rural areas that  
2 this group talked about?

3 A Yes. They talked about incentives or low-interest loans,  
4 which would be forgiven if people set up practices in rural  
5 areas. This is a program that indeed I think the Washington  
6 Dental Service has tried with dentists and have been quite  
7 successful. They talked about doing that on a much broader  
8 basis, recognizing that having healthcare professionals in  
9 rural areas really would be a way to improve the healthcare  
10 that was available in those communities.

11 Q That's on the provider side. How about for patients living  
12 in rural areas, any thoughts they had to this foundation?

13 A Yeah, often in rural areas, both due to low income,  
14 inaccessibility, and also some cultural barriers, it is often  
15 hard for people to get basic primary care. And there are a  
16 number of ways of addressing that. One is to find a more  
17 community clinic, which can be funded through foundations,  
18 and also to provide transportation and lodging when rural  
19 patients need the kind of tertiary care that you can get in  
20 large urban areas.

21 Q Okay. I think the other - the next category was unmet - was  
22 public health efforts. Did the participants have any  
23 specific thoughts about how the Washington Foundation might  
24 help to address those issues?

25 A Particularly among some groups, people representing the



BARBARA DINGFIELD - Direct

1 American Cancer Society, the American Heart Association, the  
2 like, the real concern is there isn't sufficient education,  
3 outreach and screening available to people statewide, which  
4 really then is the prevention and the wellness education that  
5 you need and that a foundation could fund many of those kinds  
6 of community-based outreach and public health education  
7 programs.

8 Q Okay. Now, I take it that these are suggestions of the types  
9 of programs that might be supported, not any attempt to  
10 mandate anything, is that --

11 A Not at all. We all recognize that this was very preliminary  
12 thinking, and obviously as the foundation would get formed if  
13 the conversion is approved, many others would be involved in  
14 these discussions.

15 Q Okay. Let me turn to another area. Did the meeting  
16 participants have preliminary recommendations regarding some  
17 guiding principals that the Washington Foundation might  
18 follow so as to maximize the health impact on available  
19 dollars to meet unmet needs?

20 A They did, and these are not in any way binding but they did  
21 have some principals such as promoting systemic change,  
22 having initiatives which last for a long time, which was the  
23 sustainability, that they should be community based. I'm not  
24 going to read all of this, but they did.

25 Q Okay. And I'd like to turn now to the meeting that you

BARBARA DINGFIELD - Direct

1 facilitated on March 30th, the most recent one. What  
2 happened there?

3 A On March 30th - first of all, there had been an amended  
4 Form A filed in February. And as a result of that amendment,  
5 as I understand it, the Attorney General's Office will have a  
6 significant role in appointing the boards of these  
7 foundations. So, a representative from the Attorney  
8 General's Office was invited to attend the meeting, as were  
9 representatives of Premera, who explained how the process and  
10 the structure of the foundations had changed since our prior  
11 meetings. There was also discussion of an advisory committee  
12 that might be formed by the Attorney General's Office to  
13 advise on the initial planning, work for the foundation, as  
14 well as potential - potentially as a nominating committee for  
15 the board of the foundation.

16 Q And was that group at that meeting conscious of the need to  
17 include others who hadn't attended the meeting?

18 A Absolutely. There has always been recognition that public  
19 county health officials might be included, other  
20 organizations; for instance, we didn't have many  
21 representatives from the mental health area or from the  
22 HIV/AIDS Organization, so yes, there was general recognition  
23 that other stakeholders would have to be at the table.

24 Q What further role, if any, would Premera have, is your  
25 understanding, in such future needs?

BARBARA DINGFIELD - Direct

- 1    A    During the March 30th meeting Premera made it clear that  
2           henceforth really this was the responsibility of the State,  
3           in particular the Attorney General's Office, if the  
4           conversion is approved, go forward with the planning and  
5           appointment of the board. Premera did say it would be  
6           willing to facilitate these meetings, just convening them.  
7           And as I understand, it has also said as part of its filing  
8           that funds would be available to both the Washington  
9           Foundation and the Alaska Foundation to do the preliminary  
10          planning work; \$250,000 grants to each of the new foundations  
11          as well as additional loans.
- 12   Q    This is a pretty obvious question but would those grants and  
13          loans be helpful to a foundation trying to get started?
- 14   A    Certainly. Starting up a new foundation, given the work I  
15          have done with new foundations, it does require a lot of  
16          planning work, and clearly those funds would be useful.
- 17   Q    Okay. Let me turn to the area of planning. As a general  
18          matter what approach, in your experience, do new charitable  
19          organizations take as they begin their operations?
- 20   A    It's an exciting but difficult task. And what I discussed  
21          with the group was sort of several ways of going about it.  
22          First of all, obviously assessing what the healthcare needs  
23          are in a more systemic way. We had obviously done that  
24          somewhat, but really doing a broad-based, what I would call a  
25          scan of what the unmet healthcare needs are and meeting in

BARBARA DINGFIELD - Direct

1 local communities with people that can articulate what the  
2 unmet healthcare needs are.

3 Then looking at the experience of other similar  
4 foundations across the country, then developing mission  
5 statements, guidelines, grant-making principles. Those are  
6 the kinds of steps that a new foundation would have to  
7 undertake in order to begin its work.

8 Q Okay. And would you recommend that the Washington Foundation  
9 undertake a planning process that would include those --

10 A I certainly would, and probably other things as well.  
11 Fortunately, there are some very good similar foundations  
12 across the country, so there are best practices and lessons  
13 learned which Washington could use as a basis for which to do  
14 its planning.

15 Q The final area I wanted to discuss with you is the level of  
16 funding that is available from other charitable organizations  
17 for unmet healthcare needs in Washington. What's the  
18 situation there?

19 A The largest foundation that focuses its funding specifically  
20 in Washington State, but more specifically in the Puget Sound  
21 area, is the Seattle Foundation, which is the community  
22 foundation. Its assets are about in the order of magnitude  
23 of about 300 million, of which only - and they make grants  
24 under 40 million a year, but only a small portion, I think  
25 it's less, about 20, 25 percent, are used for healthcare

BARBARA DINGFIELD - Direct

1 purposes.

2 There are two large foundations which have been fairly  
3 recently created, one is the Paul Allen Foundation. They do  
4 fund some healthcare needs. Last year it was about, I think  
5 in the order of magnitude of about one and a half million  
6 dollars. So, not very great.

7 The Gate's Foundation, the largest foundation, not just  
8 in the state but in the country, devotes a lot of its  
9 attention to healthcare but it's global healthcare. It's  
10 healthcare in developing countries, in third-world countries,  
11 vaccines, prevention issues, which really don't relate  
12 directly to what the needs are in Washington State. They do  
13 fund some things in Washington State but do not focus on  
14 healthcare.

15 There are two other foundations, the Washington  
16 Foundation and the Comprehensive Health Foundation, which are  
17 both Washington based. They make grants less than two  
18 million dollars a year and are quite focused in what they do.  
19 So certainly they make a contribution, but the assets are not  
20 that large.

21 Q And finally, what is your view as to the importance of the  
22 Washington Foundation for the residents of Washington?

23 A Well, if the conversion is approved, I think this is an  
24 enormous opportunity in the state to really create a  
25 philanthropic entity which can serve the residents in

BARBARA DINGFIELD - Cross

1 providing for many of the healthcare needs that our residents  
2 have and which are going unmet today.

3 Q Very good.

4 MR. KELLY: Those are all the questions I have of  
5 this witness.

6

7

8 CROSS-EXAMINATION

9

10 BY MS. deLEON:

11 Q Ms. Dingfield, I'm trying to understand the role that you  
12 played here.

13 A Sure.

14 Q You facilitated three meetings at Premera's request; is that  
15 correct?

16 A That's right.

17 Q And as a facilitator you wouldn't have actually had input  
18 into the brainstorming sessions themselves, would you have?

19 A No, I did what a facilitator usually does. But obviously  
20 given my background I knew a little bit about the subject  
21 matter.

22 Q Have you had any background in the healthcare field?

23 A Well, as I said, I served for seven years on the board of  
24 Pacific Medical Center, and other than that, no.

25 Q Have you ever worked for a health carrier?

BARBARA DINGFIELD - Cross

1 A No, I have not.

2 Q So you facilitated some meetings for Premera regarding - in  
3 which 20 Washington nonprofit organizations participated;  
4 correct?

5 A That's right.

6 Q How are the 20 organizations selected?

7 A My understanding is that prior to my involvement, managers  
8 from Premera had sort of - had contacted a whole variety of  
9 community organizations and had met with them in smaller  
10 group meetings, and that these were among those that had been  
11 invited to those smaller group meetings.

12 Q So you had no input into the selection process?

13 A No, I did not.

14 Q Who designated what the purpose of those meetings would be?

15 A Well, we talked about that collectively, and obviously I  
16 talked about it with Premera. It was obvious that addressing  
17 - kind of getting to the purpose that the - purposes that the  
18 foundation would have was a process which would involve these  
19 organizations, but I certainly did that with Premera. I  
20 mean --

21 Q Did you set the agenda for the meetings or did Premera?

22 A I think I wrote a couple of the agendas. I think the first  
23 one they prepared the agenda and I think in the second and  
24 third ones I prepared the agenda.

25 Q How did you get selected to facilitate these meetings?

## BARBARA DINGFIELD - Cross

- 1 A As I said, it was - they - Premera Cares, which is the  
2 charitable arm of Premera, had contacted me to do strategic  
3 planning, and as a result of those conversations, really, I  
4 believe that someone that I met with, which were not the  
5 people that were dealing with the conversion, had suggested  
6 to some of the people within Premera that were working on the  
7 conversion that I might be of help to them.
- 8 Q When were you selected?
- 9 A I think my first meeting with Premera was in September of  
10 2003, and then - yeah, I think it was - all of this happened  
11 in September of 2003.
- 12 Q Ms. Dingfield, you testified that the general purpose of the  
13 foundation would be to promote the health of the residents in  
14 Washington State; is that correct?
- 15 A That's right.
- 16 Q And who told you what this purpose would be?
- 17 A Told me? No one told me. I mean I - I did not come up with  
18 those words. It was - I mean - I'm not sure what you're  
19 getting at.
- 20 Q Is that your idea of what the purpose is, or did someone say  
21 this is the purpose of the foundation?
- 22 A I think the group as a whole, and then Premera translated  
23 that. I did not write those words.
- 24 Q At the time of your October meetings there was only a plan  
25 for one foundation; is that correct?



BARBARA DINGFIELD - Cross

1 A That's correct.

2 Q And then there would be two charitable organizations, one for  
3 Washington and one for Alaska?

4 A That's my - that was my understanding.

5 Q So these meetings really only concerned the Washington  
6 charitable organization?

7 A That's correct. And these were representatives all from  
8 Washington State, did not include any people from Alaska.

9 Q And at the time of your October meetings there was no plan to  
10 amend the Form A to include one foundation, was there?

11 A Not that I was aware of, no.

12 Q Did you have any hand in amending the purposes section of the  
13 article three of the Articles of Incorporation for the  
14 Washington Foundation?

15 A That was kind of an iterative process, as many drafting  
16 processes are. I believe - I'm trying - we identified the  
17 unmet healthcare needs. Then we took a stab, we, by "we" I  
18 mean Premera and I went back and forth trying to derive from  
19 the conversations that were had what the purposes would be,  
20 and it was a drafting process which involved Premera, myself,  
21 and then it was given back to this group at the October 30th  
22 meeting, and there were some words missing at that meeting  
23 and additions to the purpose to the draft. And the final  
24 draft was prepared by Premera and circulated to all the  
25 participants at the meeting.

BARBARA DINGFIELD - Cross

- 1 Q Did Premera tell you during these October meetings that it  
2 had planned to amend its Form A?
- 3 A I was not aware of that, no.
- 4 Q In your testimony on page eight, it says, on line 12 or  
5 thereabouts, "Participants in the smaller meetings had  
6 identified a number of significant unmet healthcare needs,"  
7 and then they're summarized into four categories. Do you see  
8 that?
- 9 A Yes, I do.
- 10 Q What smaller meetings are you referring to?
- 11 A These were the meetings that I was not participating in that  
12 Premera management had with sub groups of these 20  
13 organizations.
- 14 Q Do you personally have knowledge of a nursing faculty  
15 shortage in Washington?
- 16 A Do I have personal knowledge? No, I learned about it from  
17 the deans that were present at the meeting.
- 18 Q And where is the shortage?
- 19 A I believe, as I understood from the participants, that in  
20 almost all of the colleges of nursing there are - there's  
21 more demand for - students cannot be accepted because there's  
22 not sufficient faculty. And as I understood it, that's  
23 pretty much statewide.
- 24 Q Do you know of any reasons for the lack of doctors in rural  
25 areas?

BARBARA DINGFIELD - Cross

1 A I can surmise from reading the papers and what I generally  
2 know. But basically it is, as I understand it, for many  
3 doctors going into practice, much more difficult to have a  
4 successful practice in rural areas. And since doctors like  
5 to work in groups, it is also more difficult to have a  
6 critical mass of doctors that are working together. And I  
7 think - frankly, I think their lifestyle preferences and  
8 preferences for affiliation with a research institute or a  
9 large teaching hospital, which obviously is available in  
10 large urban areas and not available in rural areas.

11 Q Did these meetings discuss how the foundation would address  
12 those issues?

13 A As I said, there was some discussion about using incentives,  
14 such as for giving student loans and other ways of  
15 encouraging doctors to spend at least part of their career in  
16 rural areas.

17 Q You go on to say in your testimony on page nine, talking  
18 about safety net issues. I guess I should define that on  
19 page eight. It says, "The fact that certain healthcare  
20 specialties," and then you go into describe mental health,  
21 dental and eye care, et cetera, "are not included in the  
22 health 'safety net.'" Could you define what you mean by  
23 safety net?

24 A I think what the participants were talking about was that  
25 Medicaid, which is a federal program, and also the basic

BARBARA DINGFIELD - Cross

1 health plan, which is the state program, do not have  
2 coverage, to my understanding, in mental health, dental care  
3 and vision care, and therefore that lower-income people who  
4 do qualify for those programs cannot get those forms of care  
5 through the government programs that are available.

6 Q And did you discuss or did the participants discuss how the  
7 foundation could address this issue?

8 A It was discussed in a very broad way, which is that community  
9 clinics, which are often grant funded, could provide some of  
10 those services.

11 Q Also on your - in your testimony on page nine, the last  
12 paragraph, starting on line 18, I'm just going to read the  
13 last sentence to you, "The participants also discussed the  
14 potential benefits of having the Washington Foundation select  
15 healthcare issues as areas of focus." Were they anticipating  
16 that the foundation would not be restricted to just  
17 healthcare issues?

18 A No, the discussion was, if we - if we address every unmet  
19 healthcare need, that the dollars may not be as focused and  
20 may not solve problems, as if - rather than trying - for  
21 instance, one of the examples I think was on prevention and  
22 basic primary care. That if you really address issues of  
23 education about public health, wellness and basic primary  
24 care, that in fact you might be able to solve a lot of other  
25 healthcare problems. So it wasn't a matter of not addressing

BARBARA DINGFIELD - Cross

1 - addressing things outside of healthcare, it was taking the  
2 arena of unmet healthcare needs and saying where can we focus  
3 to be most effective, where could the dollars created by this  
4 conversion, by the foundation be used most effectively.

5 Q You say on page 15 of your direct testimony that "There are  
6 relatively limited resources from other charitable  
7 organizations and foundations in Washington for unmet  
8 healthcare needs." That's correct?

9 A That's right.

10 Q Yet on pages six and seven you list 20 organizations, and  
11 many of them do provide charitable grants and address the  
12 healthcare needs of Washington. Isn't that also true?

13 A Yes, and they all pretty much said they needed more  
14 resources. I mean, that was the resounding theme among the  
15 group, whether they were educational institutions or  
16 nonprofits that do this kind of outreach, that they felt that  
17 they did not have the resources, sufficient resources to do  
18 what they believed was their mission.

19 Q Have you ever come across a nonprofit that said they had too  
20 much money?

21 A No, but I think that - that's - you know. I think they  
22 expressed - they gave very specific examples where if they  
23 had additional resources they could do better work for  
24 Washington residents. But...

25 Q Okay. Have you been asked to participate in future planning

BARBARA DINGFIELD - Cross

1 sessions regarding the foundation?

2 A No, not at this point.

3 Q If the conversion is not approved, can Premera still partner  
4 with charitable organizations to do things to help meet the  
5 unmet needs of the health - of residents in Washington?

6 A Certainly. I mean, to the extent that the operating margins,  
7 if they are - currently Premera Cares I think has a budget of  
8 less than \$500,000. I think it's in the three-to-\$400,000  
9 range. So obviously as in most corporations that comes out  
10 of the bottom line, if it's - and if those resources are  
11 available, yes.

12 MS. deLEON: I have no further questions.

13

14

15 CROSS-EXAMINATION

16

17 BY MS. HAMBURGER:

18 Q Good morning, Ms. Dingfield, I'm Ele Hamburger with the  
19 Premera Watch Coalition.

20 You testified that this group of 20 organizations was  
21 selected by Premera; is that right?

22 A That's right.

23 Q And they came up with this list of - or the previous meetings  
24 that were facilitated by Premera came up with those four  
25 categories?

BARBARA DINGFIELD - Cross

1 A They came up with a whole list of unmet healthcare needs and  
2 then we tried in the meeting to categorize it.

3 Q To categorize them, okay. And for instance, a different  
4 group of 20 could have come up with a different set of needs,  
5 couldn't they?

6 A In theory, yes. I think in practice that would not happen  
7 since it was pretty broad based, you know - yes, I mean  
8 theoretically yes, but I doubt that that would happen given  
9 the scope of organizations that were included in this  
10 meeting.

11 Q So it's possible a different group could have put the lack of  
12 access to affordable health insurance as one of the primary  
13 categories, couldn't it?

14 A Affordable health insurance. I suppose lack of - I mean they  
15 did discuss some of that, they discussed the number of  
16 uninsured residents in the state of Washington, but it was  
17 all grouped under the issue of lack of access to healthcare,  
18 which has many different facets to it.

19 Q Well, there actually isn't a category of access to  
20 healthcare, you have that category of access to public  
21 education and basic needs; is that right? Is that where  
22 you're putting access to affordable health insurance?

23 A No. I - let me - if we look at page eight, it says "Lack of  
24 access to public health education and basic healthcare."  
25 That was really the issue of access to care. So, it's lack

BARBARA DINGFIELD - Cross

1 of access to basic healthcare and public education.

2 Q So are you saying that the group identified the lack of  
3 affordable health insurance as part of that sub category?

4 A They never discussed health insurance. They discussed the  
5 fact that there are many people that do not have insurance.  
6 Some of it is because it's not affordable. There might be  
7 other reasons as well.

8 Q Do you think that's a significant problem in our state, lack  
9 of affordable health insurance?

10 A I think the problem is that there are many people that are  
11 not insured in our state for a variety of reasons,  
12 affordability is certainly one of them.

13 Q Now, you identified that there should be other groups  
14 involved in future discussions?

15 A Right.

16 Q Were other groups invited to the March 30th meeting?

17 A No, we pretty much decided to stay with the same group  
18 because it had been kind of a process that we had gone  
19 through with them.

20 Q So --

21 A So we did not broaden the group at that point.

22 Q And you have a number of representatives from nursing  
23 education facilities; is that right?

24 A That's right, as well as medical schools.

25 Q And do you know that Mr. Barlow serves on the board of the



BARBARA DINGFIELD - Cross

1 Seattle University School of Nursing?

2 A I was aware of that, yes.

3 Q Now, the Washington State Nurses Association was not invited?

4 A No, it was not, to my knowledge.

5 Q And nor was a representative from the Washington State  
6 Hospital Association?

7 A Yes, we did. We had James Whitfield, I believe his name was,  
8 who was with the Washington - Washington Foundation, which is  
9 affiliated with the Washington Hospital Association, I  
10 believe.

11 Q But it's not the Washington State Hospital Association, is  
12 it?

13 A I don't believe it's the Washington State Hospital  
14 Association, but --

15 MR. KELLY: Could I ask that the witness be  
16 permitted to finish her answer?

17 JUDGE FINKLE: Please allow a delay. Thanks.  
18 Go ahead. Have you completed your answer?

19 A Yes, James Whitfield was a representative of the Washington  
20 Foundation, which I believe is an organization which is  
21 affiliated with the Washington Hospital Association, but I  
22 may be incorrect in that.

23 Q (By Ms. Hamburger) There was no representative from the  
24 Washington State Medical Association, was there?

25 A No, there was not.

BARBARA DINGFIELD - Cross

1 Q And there was no one representing, for instance, the  
2 Children's Alliance?

3 A The Children's Alliance, which I'm very familiar with, was  
4 not there, but I - they focus on many issues of advocacy,  
5 from day care to others that I - is slightly different than  
6 healthcare issues, so...

7 Q They do work on healthcare issues --

8 A Among the array of things they do, yes.

9 Q Were participants at the meeting asked whether they had an  
10 opinion on whether the foundation or grantees should be able  
11 to engage in activities that are materially adverse to the  
12 interest of health insurers?

13 A That did not come up.

14 Q And so it didn't come up whether Premera should be able to  
15 sue the foundation or its grantees if they engage in  
16 activities that are materially adverse to the interests of  
17 health insurers?

18 A That was not discussed.

19 Q You testified that you expect in the future, if a foundation  
20 were to be created, that you would have a process - you would  
21 recommend a process that would be more inclusive; is that  
22 right?

23 A That's correct.

24 Q And a process that would include groups such as - groups that  
25 represent persons of color on healthcare issues or immigrant

BARBARA DINGFIELD - Cross

1 healthcare issues?

2 A Certainly - I think there are two issues here. One is that  
3 there were certain issues, such as mental health community,  
4 HIV/AIDS community and so on, who really work with people  
5 that have those illnesses that were not part of the group.  
6 And secondly, I would think that there would be a community  
7 planning process that would reach out to the residents in  
8 general and stakeholders in general throughout the state,  
9 which would include the immigrant - you know, migrant worker  
10 population, people of ethnic minorities, people that live in  
11 very remote and rural areas, et cetera. So it's both  
12 reaching the residents that have certain needs as well as  
13 including other groups that represent other people that were  
14 not included in this.

15 Q So this process is not a substitute for the process that the  
16 attorney general might conduct?

17 A Not at all. I would expect that - in fact, that was part of  
18 the discussion of the attorney general, if she decided to  
19 create an advisory committee, would be much broader-brush  
20 planning.

21 MS. HAMBURGER: I have no further questions.

22 MR. KELLY: I just have a couple.

23 (Continued on next page.)

24

25

## BARBARA DINGFIELD - Redirect

1 REDIRECT EXAMINATION

2

3 BY MR. KELLY:

4 Q If you could turn your attention either on page 11 of the  
5 pre-filed testimony or on the board. Under the bullet point  
6 "Measures that are included in article three," would you read  
7 into the record what the third bullet point says?

8 A The third bullet point is addressing the unmet healthcare  
9 needs of low-income, uninsured and underinsured populations.

10 Q So that would be one of the purposes for which the  
11 foundation --

12 A That's right.

13 Q Now, the final area of questioning, if the attorney general  
14 wanted to meet with the Washington State Nursing Association,  
15 Washington State Hospital Association, Washington State  
16 Medical Association, Children's Alliance and any other  
17 interested parties who have something to bring by way of  
18 thought to the table, what would you recommend that she do?

19 A Oh, absolute - I mean, I think that's essential in the next  
20 stages of planning, that all the stakeholders, and certainly  
21 providers are among the main stakeholders, that they be  
22 included in discussions.

23 MR. KELLY: That's all I have.

24 MS. deLEON: I have no questions.

25 MS. HAMBURGER: I just have one question.

1 RECROSS-EXAMINATION

3 BY MS. HAMBURGER:

9 A The issue of board members is a very interesting one, and  
10 I've looked at what some of the foundation - similar  
11 foundations have done in other parts of the country. I think  
12 you can have anybody as a board member but you have to be  
13 very conscious of conflict-of-interest issues. And I think  
14 most of the foundations that exist that are derivative from  
15 healthcare conversions have very clear conflict-of-interest  
16 provisions. So, that does not mean someone cannot be a board  
17 member but would have to recuse himself or herself when there  
18 are any issues that create conflict of interest.

22 A I would imagine so. And I believe they've actually said that  
23 they would not have anyone serving on the board for that very  
24 reason.

BARBARA DINGFIELD - Redirect

1                   MR. KELLY: If I could ask permission to go back to  
2       redirect, there's one area I wanted to get to --

3                   MR. FINKLE: Sure, go ahead.  
4  
5

6                   REDIRECT EXAMINATION  
7

8       BY MR. KELLY:

9       Q     It was something that Ms. deLeon had asked about, the  
10       resources that various foundations have. What can you tell  
11       us about how foundation grants can be impactful, I guess the  
12       word is, far beyond the actual dollars --

13      A     Well, it's clear that if you do good grant making you can  
14       really achieve change on a systemic basis. And what I mean  
15       by that is while hospitals throughout the state provide  
16       charitable care, those patients that are already in the  
17       hospital are severely ill, if you - and have no resources to  
18       pay. If those very same people can get basic primary care,  
19       preventative care, public health education, wellness care,  
20       they may never end up in that situation of being in the  
21       hospital. So by using resources, charitable philanthropic  
22       resources in a very targeted way, you can potentially affect  
23       the entire system by really improving the healthcare of the  
24       citizens and using those funds in a much more cost effective  
25       way than when they end up in the hospital and you have to

BARBARA DINGFIELD - Cross

1 provide charitable care. So I think targeted philanthropy  
2 can be very effective whether it be in healthcare or other  
3 arenas.

4 MR. KELLY: That's all I have. Thank you.

5 MS. deLEON: Nothing.

6

7

8

CROSS-EXAMINATION

9

10 BY COMMISSIONER KREIDLER:

11 Q Ms. Dingfield, I'm curious on the issue related to unmet  
12 healthcare needs in rural areas. One of the issues that's  
13 frequently listed is the lack of availability, particularly  
14 in the individual market, of health insurance that's  
15 available for individuals. Was there any discussion at all  
16 on that particular issue of access to health insurance in  
17 rural areas as a part of the overall problem of unmet needs?

18 A There was certainly a discussion of the number of uninsured  
19 and the concern about the growing number of uninsured. It  
20 was at the same time I believe where the State was reducing  
21 the funds available for the basic health plan, which would  
22 enable some people in rural areas to get some primary care.  
23 So yes, it was discussed. There are no solutions - it's a  
24 tough, tough problem, the State's grappling with it, the  
25 federal government's grappling with it. There are not many

BARBARA DINGFIELD - Cross

1 resources available. But there was a recognition that the  
2 lack of insurance is an issue in this state, and particularly  
3 in the individual market.

4 Q Is it fair to say that there was no discussion of what the  
5 impact would be in rural areas for access to affordable  
6 health insurance with a conversion of Premera from nonprofit  
7 to for-profit?

8 A The question is?

9 Q Was there no discussion in your meetings about the impact of  
10 conversion on the issues related to access to affordable  
11 health insurance?

12 A I see. The group really didn't discuss the impact of  
13 conversion per se. And they really were there to discuss the  
14 charitable foundation, not how the conversion itself would  
15 impact people. That really didn't come up in discussion,  
16 Commissioner.

17 Q Thank you.

18 JUDGE FINKLE: Any follow-up?

19 MR. KELLY: Not for us.

20 MS. deLEON: No.

21 MS. HAMBURGER: Not for us.

22 JUDGE FINKLE: Thank you. Please step down.

23 (Witness excused.)

24 MR. MITCHELL: Premera will call Lew Reid.

25 (Continued on next page.)



## LEWIS REID - Direct

1 E. LEWIS REID, having been first sworn  
2 by the Judge, testified as  
3 follows:

3

4 JUDGE FINKLE: Please sit down.

5

6

7

## DIRECT EXAMINATION

8

9 BY MR. MITCHELL:

10 Q Mr. Reid, would you please state your name and spell it for  
11 the record.

12 A Lewis Reid, L-E-W-I-S, R-E-I-D.

13 Q Mr. Reid, have you provided pre-filed direct testimony in  
14 this matter?

15 A Yes, I have.

16 Q Did you also prepare and submit an initial expert report and  
17 a supplemental expert report?

18 A Yes, I did.

19 Q Are those two reports incorporated by reference in your  
20 pre-filed direct testimony?

21 A Yes.

22 Q Is a copy of your resume also attached to your pre-filed  
23 direct testimony?

24 A Yes.

25 Q Mr. Reid, have you provided any pre-filed responsive

LEWIS REID - Direct

1 testimony?

2 A Yes.

3 Q Are excerpts from the depositions of Aaron Katz and Joseph  
4 Lundy attached as an exhibit to your pre-filed responsive  
5 testimony?

6 A Yes.

7 Q Mr. Reid, do you adopt all of your pre-filed direct and  
8 responsive testimony in this matter?

9 A Yes.

10 MR. MITCHELL: Your Honor, with Mr. Reid's adoption  
11 of his testimony previously filed and served in this matter,  
12 we would move the admission of Exhibits P-8 through P-13  
13 inclusive.

14 MS. deLEON: No objection.

15 MS. HAMBURGER: No objection.

16 JUDGE FINKLE: Admitted.

17 (Exhibits P-8 through P-13  
18 admitted.)

19 Q (By Mr. Mitchell) Mr. Reid, please describe your educational  
20 background.

21 A I had an electrical engineering degree from Princeton  
22 University, and got my law degree at Harvard Law School.

23 Q Can you describe your professional career, please, an  
24 overview?

25 A My professional career was primarily 35 years in law practice

LEWIS REID - Direct

1 in San Francisco, with three years out early in my career to  
2 work in the U.S. Senate, and some time as a lecturer in law  
3 in business planning at the law school at Berkeley. I  
4 retired from law practice in 1998 and ran the California  
5 Endowment, the private foundation, for two years, and I  
6 retired late in the year of 2000.

7 Q Mr. Reid, how did you first become involved in conversion  
8 matters?

9 A Well, in my private law practice I was involved in the mid  
10 '80s. I became involved in the conversion that created the  
11 Sierra Health Foundation in Sacramento. Then in the late  
12 '80s, early '90s I was involved in the conversion in  
13 San Diego of a group called the Community Care Network, which  
14 transferred its stock to a foundation called Alliance  
15 Healthcare Foundation. Then in early '94 I was hired by Blue  
16 Cross of California to help them on the project to create a  
17 private foundation, which was to - was to have a hundred  
18 million dollars as its corpus. And then in - I was doing the  
19 tax and corporate work on that. Then in June of 1994, when  
20 the Blue Cross/Blue Shield Association changed their rules to  
21 permit a for-profit corporation to hold a license, I was  
22 directed to make all deliberate haste to do the planning for  
23 a full-on conversion of Blue Cross of California. I worked  
24 on that essentially for two years until we closed the  
25 transaction on May 20th, 1996.

LEWIS REID - Direct

1 Q What was the result of the conversion of Blue Cross of  
2 California, Mr. Reid?

3 A Well, as the proposal here, we created two foundations, but  
4 not because we had two states. We created a 501(c)(4)  
5 organization, now called the California Healthcare  
6 Foundation, and it was the recipient of the stock of the  
7 converted entity. As it sold the stock, it distributed 80  
8 percent of the proceeds to a 501(c)(3) private foundation  
9 called the California health - excuse me, the California  
10 Endowment. And the California Endowment is the organization  
11 that I ran.

12 Q Before we get to your joining the California Endowment in  
13 1998, Mr. Reid, can you tell us what role you played in the  
14 two foundations that were created through the conversion of  
15 Blue Cross of California?

16 A At the time the conversion closed in May of '94, I ceased  
17 working for Blue Cross of California and started working as  
18 the outside general counsel for both of the foundations. And  
19 I continued as the outside general counsel for both  
20 foundations until I commenced running the California  
21 Endowment.

22 Q You said, I believe, that you ran the California Endowment  
23 from 1998 until your retirement in 2000, Mr. Reid. What have  
24 you been doing since you retired?

25 A Well, I've had my feet up on the ranch a lot of the time, but

LEWIS REID - Direct

1 I'm still on the board of the California Endowment. I'm on  
2 the board of the Hillblom Foundation, which is a private  
3 foundation that funds medical research, mainly in  
4 neurodegenerative diseases and diabetes. I've just gone on  
5 the board of the Buck Institute, which is a medical research  
6 institute that focuses on diseases of the aging. You will  
7 notice that I've taken an interest in aging.

8 And I'm on the board of some environmental groups, the  
9 American Land Conservancy, the Sonoma Land Trust, and a  
10 variety of other non-profits.

11 Q Mr. Reid, I'd like to now focus on your work with the  
12 California Endowment, which you headed for two years from  
13 1998 to 2000, on the board of which you still sit. Can you  
14 tell us a little bit about the general scope of the work of  
15 the California Endowment?

16 A I can. And it was very interesting to me to hear the last  
17 witness, because I hadn't gotten a preview, and there's an  
18 interesting - very significant overlap in the purposes and  
19 plans that are going forward here and what we've been doing  
20 in California.

21 Basically our purpose clause is stated more simply, it's  
22 to provide access to affordable quality healthcare and  
23 related services to the underserved, uninsured and  
24 underinsured, and to improve the health status of all  
25 Californians. And I think that all of the catalog of needs

LEWIS REID - Direct

1       that are in the purpose clause that was up on the board are  
2       really subsumed under those things.

3             Right now we have a corpus of 3.4 billion dollars and  
4       we're making grants of about 170 million dollars a year in  
5       California. Our grant making is divided roughly 50/50 in two  
6       categories; one, responsive, and the other strategic. The  
7       responsive grant making is really very community based. It's  
8       our view that a lot of the health problems - solutions to  
9       health problems must come out of communities if they're truly  
10      going to be served in the long run. But I also heard the  
11      last witness talk about focus, and in our strategic side we  
12      have tried to focus on specific areas. Access, because it's  
13      in our purpose clause, is a big focus. And in access, we've  
14      been trying especially to see that people eligible for the  
15      federal Chip program and federal Medicaid program in  
16      California, which are called Healthy Families and MediCal, I  
17      don't really know what they're called here, but to see that  
18      people who are eligible get enrolled in those programs. We  
19      have a big focus on agricultural workers because they are a  
20      population of California that have one of the worst  
21      collection of health indicators of any population in the  
22      state. We've done a lot on work force development, and I'll  
23      mention that a little later with some slides.

24             Because California is a very diverse state, and we now  
25      have a minority-majority in the state, multi-cultural health

LEWIS REID - Direct

1 is important to us, and cultural competency in the health  
2 delivery system is an important issue for us.

3 And finally, just to give you some rounded off but not  
4 give you the whole catalog, we've been working on mental  
5 health, which we think is the sort of orphan in the  
6 healthcare system because - both because of the issues of  
7 availability of treatment and coverage, but also because of  
8 the stigmatization of mental health.

9 So we've organized on a regional basis with offices in  
10 five cities around the state, and we have differences within  
11 the state geographic, ethnic, economic, that are really quite  
12 similar to what I've been hearing in the hearing here the  
13 last couple of days. The differences between South Central  
14 LA and northeastern and rural areas of California are quite  
15 similar to what I'm hearing about the differences between  
16 Seattle and Eastern Washington.

17 So, we started with about three billion dollars. We  
18 have spent in grants and charitable purposes about a billion  
19 dollars in the last eight years. And even having gone  
20 through the worst bear market in 40 years, we're back to  
21 about 3.4 billion dollars today.

22 Q You said that you had operated through five regions, I  
23 believe. Has the work of the California Endowment reached to  
24 all of the counties in the state, and can you give us a sense  
25 of how many grants you've issued over this period of time?

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1 A Yes. When I say we have five regional offices, we put  
2 program officers in the offices so - in each of the offices  
3 so that program officers are in direct contact with the  
4 community-based non-profits around the state. And we've - in  
5 this eight years we've made over 3,000 grants. And I don't  
6 have the number at my fingertip, but I would guess that -  
7 perhaps it would be better if I estimated rather than  
8 guessing - that there are probably 1500 individual grantees  
9 for those 3,000 grants.

10 Q Mr. Reid, I'm wondering if you could give us some examples of  
11 projects that you are familiar with from your work at the  
12 California Endowment, and by way of preface, let me ask you  
13 whether you have some slides that are gathered at  
14 Exhibit P-14 to illustrate your testimony?

15 A I'm told I do.

16 (Projector on.)

17 A The first slide is here to illustrate leverage in the  
18 philanthropic grant making. We were quite concerned early on  
19 about the plight of agricultural workers in California, and  
20 surveys and site visits made it very clear that a lot of ag  
21 workers were living in substandard, very unhealthy  
22 environments and that, as a public health matter, in order to  
23 improve the health in those communities it was going to be  
24 necessary to attack the problems of housing. We knew we  
25 didn't have enough money to do this, but the scheme that we



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1 embarked on, and this was a grant to be made late in 1998 or  
2 early in '99, I can't remember the exact date, but it was  
3 probably January '99, was to a group called the Rural  
4 Community Action Corporation. And RCAC took a 20 million  
5 dollar interest-free loan and 11 million dollar grant, and  
6 under the guidance of a community-based advisory group that  
7 we put together, used those funds to make loans to  
8 communities for ag worker housing, but only if they combined  
9 the housing with health-related facilities. Which might have  
10 been a new clinic in the community, a commitment to deliver  
11 services at a community center, or new mobile health  
12 facilities, or even in one case I think they took a closed  
13 rural hospital and turned it into a community health center.

14 Over the life of that project, since early '99 through  
15 the end of 2003, I think something like 13 or 14 million of  
16 that 20 million dollar loan fund has been disbursed in loans  
17 to communities. And the miracle of leverage is that that  
18 money as seed money has enabled the communities to bring in  
19 private tax credit investment money and other private and  
20 governmental funds in the amount of the hundred million  
21 dollars that's shown on the chart, so that the leverage that  
22 we got on that money was about seven to one.

23 Then subsequently, because the program was so  
24 successful, the state has kicked in over 40 million dollars  
25 and supported the passage - successful passage of a bond

LEWIS REID - Direct

1 issue for 180 million dollars to address the problem. So,  
2 with really only 11 million of our money, irrevocably out of  
3 pocket, we've created an enormous impact. So, I apologize  
4 for spending so much time on that one. I know my time is  
5 limited.

6 Q Before you move on, you say at the end that there's been some  
7 evidence of improved health and environment in the funded  
8 communities, Mr. Reid. Can you tell us a little bit about  
9 that?

10 A Well, I - in terms of disease specific themselves, the most  
11 dramatic was in the reduction of asthma. In the evaluation  
12 of the project, in one of the neighborhoods, there were  
13 surveys of the residents before and after the project, and  
14 just the evaluation data here is the pre and post percentage  
15 of residents who were very or somewhat concerned about these  
16 items, dirt and garbage on the street, pre 89, post 11; noise  
17 or trouble from drunks, pre 81 percent, post seven percent;  
18 abuse and selling of drugs, pre 58 percent, post 11 percent;  
19 crime and vandalism against property, five - 50 percent  
20 before and four percent after; crimes against people, 59  
21 percent pre, seven percent post. The whole nature of the  
22 communities where this project was piloted has changed.

23 The next project --

24 Q Which one do you want to talk about next?

25 A Well, that's fine. Just following on to that particular

LEWIS REID - Direct

1 project, it's now - that was early '99 and it's now 2004.  
2 Last year the California Endowment set aside 50 million  
3 dollars to improve the health of migrant workers. That was  
4 the consequence of a study that we did and published called  
5 Suffering in Silence. And it's really about what's the  
6 health status of the people who put the food on our tables.  
7 And as a consequence of that study, as I say, we set aside 50  
8 million dollars to work on health of migrant workers.  
9 Probably one of the most interesting parts of that is working  
10 with the administration of Vicente Fox in Mexico to try to  
11 figure out ways to deal with the issues in transnational  
12 families where part of the family stays at home in Mexico and  
13 part of the family is moving back and forth across the  
14 border, and how the family gets healthcare.

15 The next project, which is one of my favorites, deals  
16 with the Native American population in California. We have  
17 up on the north coast, in Humboldt County, an organization  
18 called the United Indian Health Services. UIHS represents  
19 about 15,000 people, and it's nine different tribes and bands  
20 who come together to provide health services in their  
21 community.

22 Back in about '97 we gave them a planning grant to see  
23 what they could do to improve their facilities. Then in, I'm  
24 going to say early '99 we made a three and a half million  
25 dollar grant to them; two million outright and a million and

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1 a half was a challenge or matching grant. And we gave them  
2 the money as the seed money to create a new state-of-the-art  
3 Indian health clinic. They bought 14 acres of land right on  
4 Highway 101. If you drive through Arcata and look to the  
5 west side of the highway, you'll see the beautiful building.

6 They used our money as seed money and went out and  
7 raised money from other foundations, including the Ford  
8 Foundation, they raised money from individual donors in the  
9 community, and they got commercial loans because they had  
10 enough equity to do so, and they built a fabulous new clinic,  
11 which is run by the Indian board of directors of the United  
12 Indian Health Services, and incorporates into the clinic all  
13 of the cultural activities of the tribes, and is really a  
14 place where there's focus of regeneration of the culture of  
15 the area. Which they believe and I believe is very important  
16 to health, because I don't think you can really separate the  
17 two issues. So, just a short list of a few other...

18 THE WITNESS: Is that close enough now?

19 COURT REPORTER: That's great, thank you.

20 A I'm sorry. We became concerned, and our sister foundation,  
21 the California Healthcare Foundation, was concerned about the  
22 issue of the wasteful use of emergency room facilities by  
23 frequent users who come to the emergency room always in a  
24 critical state because they haven't had access to the sort of  
25 preventative care or routine care that they should have. And

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1       it - those few users have eaten up an enormous amount of the  
2       resources of some of the hospitals, especially the larger  
3       county public hospitals.

4               We had an example of a pilot study that had been done of  
5       100 frequent users in one of the large public hospitals,  
6       actually AIDS patients. And the - by putting together a  
7       program that brought together case work and better  
8       coordination of all of the health and social services, there  
9       was a very, very dramatic drop in the usage of the emergency  
10      room and improvement in the health of the patients. So, we  
11      put 10 million dollars on the table to see if we can take  
12      that experience and create a more comprehensive pilot to  
13      possibly create a model for what the public hospitals  
14      throughout California might do in their emergency rooms.

15             Community clinics in the safety net are really very  
16      important to us and we've spent a lot of money on that; I say  
17      on the chart 60 million dollars. A large part of the money  
18      early on, there was a mention of the Y2K problem yesterday,  
19      the community clinics were surveyed, there are about 500 in  
20      California, and they and their trade association, the  
21      California Primary Care Association, came to us and said that  
22      their greatest need was IT, and within IT the cloud that was  
23      hanging over them was Y2K. And other potential funders were  
24      afraid to help them because the stories around at the time  
25      that anyone who invested in trying to solve the Y2K problem

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1       might be held liable for the calamity that was about to come.  
2       So we put 20 million dollars into the community clinics  
3       around California to help them get their IT competence up,  
4       and subsequently began to give them seed money for training  
5       and capability to go out and raise capital funds so that they  
6       could improve the capital facilities of them.

7               I was interested in hearing the last presentation on the  
8       nursing shortages. We have the same problem in California,  
9       and in our efforts in work force development have focused in  
10      part on that. The area of the state that we focused on was  
11      the central valley, the rural central valley, where the  
12      numbers of nurses are half the national average per capita,  
13      and the availability of nursing staff that mirror the  
14      population ethnically is just dismal. So we put 10 million  
15      dollars into a program that's very similar to what I heard  
16      discussed just a few moments ago, a combination of building  
17      up the staffing and capability of the nursing programs in the  
18      valley, and scholarship programs to make nursing training  
19      available to young people.

20             Other things in the Native American population, we  
21      focused a lot on diabetes control, which is an epidemic  
22      problem in that population. And a unique telemedicine  
23      program that was conceived and executed by a brilliant young  
24      African American ophthalmologist in Los Angeles using  
25      facilities out of the University of California at Davis, near

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1 Sacramento, and taking the expertise of the ophthalmologists  
2 from the city centers in California out to the rural Indian  
3 health centers. That's a part of our telemedicine  
4 initiatives. We spent a fair amount on trying to build the  
5 telemedicine infrastructure to get the expertise of  
6 specialists out to the rural areas where they're not  
7 otherwise available.

8 And I - the last bullet point, "Hundreds of small grants  
9 to community based," that's the other 2,990 grants which I  
10 think you probably would not bear with me if I tried to  
11 describe.

12 Q Based upon your experience, Mr. Reid, can you tell us what  
13 role philanthropy can play in addressing health needs, unmet  
14 health needs in states where there are foundations  
15 established such as the one you've been involved with?

16 A Well, I - I'd like to answer that by contrasting philanthropy  
17 and charity. One of the witnesses yesterday was asked what's  
18 the amount of uncompensated care at a particular hospital,  
19 and there was speculation, is it 25 million or is it 100  
20 million. It's very clear to me, to consultants who filed  
21 reports for the OIC and the intervenors in this matter, and  
22 anyone who has experience in this system, that the gap in  
23 funding, whether it's a gap in the amount of money you'd need  
24 to buy insurance for people who are uninsured or to provide  
25 uncompensated - compensate for the uncompensated care, it is

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1 just so big that the resources of this foundation or any  
2 foundation are really a drop in the bucket. So you can't  
3 engage all of your money in charity or it will be like taking  
4 a glass of water out to the beach and dumping it on the sand,  
5 it will just disappear.

6 What you have to do is engage in philanthropy. And the  
7 characteristics of that, in my mind, are, first you have to  
8 have a long horizon. You have to look not to the problems  
9 that are today's headlines, but to how you solve long-term  
10 systemic issues. And philanthropy is - foundations are in a  
11 unique place because they don't have an election coming in  
12 two years, and they're not on a budget cycle that's going to  
13 come up where they have to decide whether they've got a  
14 profit for that year. So they have the capability, as other  
15 institutions don't, to take a long view.

16 Philanthropy foundations can take risks because they're  
17 really uniquely suited to take risks and undertake projects  
18 that may fail. They can do pilot projects that, if they're  
19 successful, may be replicated in other places and with other  
20 sources of funding to really make fundamental change. And I  
21 discovered yesterday that one of the later witnesses in this  
22 hearing is going to talk about a project that our sister  
23 foundation, the California Healthcare Foundation, funded in  
24 Santa Barbara County, California, which the people are now  
25 saying may save billions of dollars nationally.



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1           The foundations can engage in data collection and  
2           dissemination because one of the techniques for taking  
3           rhetoric and ideology out of the discussion of the healthcare  
4           system is facts. And if we can gather data and get the data  
5           disseminated and get an agreement about what the facts are,  
6           we'll be much closer to having a solution. And I think it's  
7           generally accepted now that most of the uninsured come from  
8           working families. And five years ago, 10 years ago, one  
9           would not have expected that. But it was data collection and  
10          dissemination that created that reality for us so that we can  
11          go forward.

12          Health policy research is very, very important, and I  
13          think one of the witnesses in this, a Professor Katz, talked  
14          about the funding that he's received from foundations.  
15          There's a cadre, a profession of health policy experts around  
16          the country who are funded by foundations such as the Kaiser  
17          Family Foundation, the Commonwealth Fund in New York, the  
18          California Healthcare Foundation in California, and without  
19          foundation funding, that profession would shrivel and the  
20          forward thinking about health policy initiatives would also  
21          be harmed.

22          I've talked about the leverage. One final tool of  
23          philanthropy that's important, and Gordon Conway, who is the  
24          president of the Rockefeller Foundation, believes that this  
25          is the single most important characteristic of foundations,

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1 is their capacity to convene government, private interests,  
2 disparate interests, bring them together and cause them to  
3 work together to solve problems. So, those are the kinds of  
4 things that - tools that foundations can use, or capabilities  
5 that they can use in solving problems. So when people say  
6 there's not enough money in this foundation or won't be  
7 enough money in this foundation to pay for the insurance for  
8 all the people who are uninsured, I think it represents a  
9 misconception of the role of foundations in society.

10 Q Mr. Reid, you've described a number of projects that the  
11 California Endowment has carried out with its three-plus  
12 billion dollars of funds. I don't think we're talking about  
13 anywhere close to that amount of money here. So is there a  
14 reason that you believe that the experience that you've had  
15 that you related to us might have some bearing on the issues  
16 before the commission?

17 A Yes. And I mentioned this in my first report. Shortly after  
18 I took on the job as the CEO of the California Endowment, I  
19 went back to New Jersey to sit at the feet of Dr. Steven  
20 Schroeder, who at the time was the head of The Robert Wood  
21 Johnson Foundation. So Schroeder is sitting there on an  
22 eight billion dollar corpus and I went to get ideas from him  
23 about what we should be doing. Interestingly, their purpose  
24 clause that - their mission and access and health status is  
25 very similar, almost identical to ours and the California

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1 Endowment, and really tracks with what - with what's been  
2 developed here. And Schroeder said, I envy you, Lew. He  
3 said, I have eight billion dollars but I have to spend it all  
4 over the country, and you have three billion dollars but you  
5 only have to spend it in California, and on a per capita  
6 basis you can have much more impact than The Robert Wood  
7 Johnson Foundation will ever have in your area. And so when  
8 I became involved in this project, I got a pencil out and  
9 tried to see what was going to happen here, and to my  
10 surprise the impact per capita of this conversion would be of  
11 the same order of magnitude as the impact of the conversion  
12 of Blue Cross of California.

13 So I think that if the conversion is approved and goes  
14 forward, the experience here could very well be quite similar  
15 to the experience that we've had in California.

16 Q Mr. Reid, based upon your experience in having done so much  
17 of the planning for the creation of the California Endowment  
18 and the California Foundation, do you have an opinion about  
19 the nonprofit tax planning that's gone into this particular  
20 proposal?

21 A Yes, I wrote a lot about that in my original report. And I  
22 started my life in this conversion arena as a tax key  
23 (phonetic), and I won't repeat everything that's in the  
24 report, only to say that I think you've made the right choice  
25 here in using two 501(c)(4) organizations, for two reasons.

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1 It minimizes the amount of potential charitable funds which  
2 will be drained off to pay taxes, and it also gives you the  
3 transactional flexibility to handle the sale of the stock and  
4 the other transactional details in a way that I believe will  
5 maximize the value of the proceeds of the stock.

6 Q Mr. Reid, in your opinion, do the requirements and  
7 restrictions that have been placed on the foundations with  
8 respect to the stock that they are to receive from Premera  
9 diminish the value of that stock?

10 A Well, would it be a distraction if I answered?

11 Q Please go ahead.

12 A I don't think they do. What you will have here is the  
13 conversion of a business that operates with a license from  
14 the Blue Cross and Blue Shield Association. And I think it's  
15 - everyone in the room will stipulate that that license has  
16 great value and if the license were lost, the value of the  
17 business would be diminished.

18 The restrictions which are required to be included in  
19 the transaction in order to preserve the license are, as I  
20 see it, part of the business. You can't take them away. You  
21 can't take the restrictions on voting and the restrictions on  
22 divestiture of the stock away and say the business has a  
23 value and those things diminish the value. The business is a  
24 whole. You can't unscramble the egg and only eat the parts  
25 you like. It's really important to recognize that all of it

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1 is a part of the business.

2 Now, some have said that those diminish the value of the  
3 stock in the hands of the charities. I'm not persuaded  
4 that's true. If I were a stockholder, a potential investor,  
5 I wonder how I would feel about investing in a company that's  
6 owned largely by a charitable foundation with a mission to  
7 improve access to healthcare, with no - with total voting  
8 rights and with no obligation to divest the shares. So you  
9 have - you have no knowledge about when shares are going to  
10 come on the market. You have no knowledge about whether that  
11 shareholder is going to manage the business to the benefit of  
12 the business or to the benefit of the charitable mission of  
13 the shareholder. And if the board of directors has been  
14 chosen in the way that I devoutly think it should be, the  
15 board of directors is not going - of the charity, is not  
16 going to be the appropriate board of directors to be holding  
17 the majority of the stock of a functioning business.

18 So that's not the kind of a business that I think I  
19 would want to put my money in. And I suspect that others  
20 would hold that view. So, that's my view. I don't know if  
21 I'm right because I can't quantify, if you did unscramble the  
22 egg and pick pieces out, what would increase or decrease the  
23 value. But I suspect that those restrictions may in fact  
24 increase the value of the business.

25 The IRS took a similar view in the legislative history

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1 of the provision that prevents private foundations from  
2 owning control of businesses, such as 49.43, the Access  
3 Business Holdings Rule. And in that legislative history,  
4 you'll see the concerns that Congress and the IRS had about  
5 foundations tending to the foundation business and not trying  
6 to run business corporations.

7 So, I think I cannot say that the restrictions that  
8 require divestiture or that limit voting rights in this  
9 transition, hopefully brief, between a nonprofit but no  
10 shareholders and a for-profit stock corporation listed on the  
11 New York Stock Exchange with no controlling shareholders,  
12 that those restrictions are going to hurt the value of the  
13 stock and the value of the charitable endowment that will  
14 result from the sale of the stock.

15 I can tell you that in California we had a much more  
16 restrictive divestiture schedule and the stock was sold  
17 easily within five years, at good values, it was in a market  
18 that was good, because it was '96 to the year 2000. But  
19 there was no problem getting the stock sold. And I believe  
20 that those restrictions didn't in any way diminish the amount  
21 that went to charity.

22 Q Mr. Reid, in your judgment, does this transaction that's been  
23 proposed serve the public interest, and if so, how?

24 A Well, I can't speak to the insurance business side of this.  
25 I don't have the expertise to acknowledge that at all, so I

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1 have to leave that to everybody else. All I can speak to is  
2 the foundation side. But as you will have figured out, I'm  
3 passionate about the value of foundations to society and, as  
4 I heard the numbers this morning, this will increase almost  
5 by an order of magnitude the amount of philanthropic funds  
6 available for health charity in the state of Washington.  
7 I believe it will fund the work of many hundreds of  
8 community-based organizations around this state if it's  
9 directed in the proper direction. And I think it's an  
10 opportunity that would be tragic to lose.

11 Q Thank you. I have no more questions.

12 JUDGE FINKLE: Let's take a morning break. We'll  
13 see you in 15 minutes.

14 (Recess taken.)

15 JUDGE FINKLE: Ready to presume?

16 MR. MITCHELL: Yes. Your Honor, I neglected before  
17 the break to ask for the admission of Exhibit P-14, which are  
18 the slides that Mr. Reid used in his testimony.

19 JUDGE FINKLE: Any objection?

20 MS. deLEON: No, Your Honor.

21 MS. HAMBURGER: I'm sorry?

22 JUDGE FINKLE: The slides used in the testimony are  
23 P-14. Any objection to those?

24 MS. HAMBURGER: No objection.

25 JUDGE FINKLE: Admitted.

LEWIS REID - Direct

1 (Exhibit P-14 admitted.)

2 Q (By Mr. Mitchell) The other thing I neglected to do was to  
3 get the slides up all the way that we were talking to in your  
4 testimony, Mr. Reid, about the relative size of the  
5 healthcare foundation.

6 (Projector on.)

7 All right. We've gone through The Robert Wood Johnson  
8 Foundation, I think, and we got through the California  
9 Endowments. Can you then draw the comparison that the slide  
10 was meant to illustrate, Mr. Reid?

11 A The - what it was intended to illustrate was that RWJ, which  
12 has roughly eight billion dollars, if divided by the  
13 population of the United States, comes out to about \$28 per  
14 person. And then if you divide the populations of California  
15 and the combined population of Washington and Alaska by the,  
16 in the case of California, into a three billion dollar  
17 corpus, you've got \$87 per capita. And in Washington and  
18 Alaska, I - for the comparison on the slide, it's just the  
19 mid point between Blackstone's 500 and 700 million dollar  
20 range. Obviously the actual number is not important. The  
21 point of it is that you're at the same order of magnitude  
22 here that we were in California with the creation of the  
23 California Endowment. So that in terms of what can be done  
24 for the population here, the experience should be able to be  
25 roughly the same. Unless the money is drained off in other



## LEWIS REID - Cross

1 purposes, non-philanthropic purposes, such as, for example,  
2 the New York experience where the money was all spent for  
3 three years of wage raises and the money now is gone.

4 Q Thank you. I have no more questions.

5

6

7

## CROSS-EXAMINATION

8

9 BY MS. deLEON:

10 Q Good morning, Mr. Reid.

11 A Good morning.

12 Q You just showed a slide here that talked about what the  
13 Washington endowment would entail and you have 600 million  
14 dollars up there; is that correct?

15 A Yes.

16 Q Exactly where did you get that number?

17 A The OIC consultants, Blackstone, had a range in one of their  
18 reports of 500 million to 700 million. So we just took the  
19 mid point, 600 million, and divided that by the population of  
20 the states. In the U.S. Census I believe - I believe it was  
21 the 2001 number that was the most recent number that I could  
22 find when I did this initially in preparing my initial  
23 report.

24 Q Was it your understanding that this was a valuation performed  
25 by Blackstone?

LEWIS REID - Cross

- 1 A That was my understanding. I don't know whether - just to  
2 make it clear, I don't know whether 300 million or 600  
3 million or 900 million or a billion is the number. I have no  
4 knowledge of that and I was not endorsing a number. I was  
5 just trying to find a number so that I could do a  
6 back-of-the-envelope calculation to see if there was relative  
7 similarity in the potential impact here in California.
- 8 Q Isn't it true though under the terms of this conversion we  
9 really won't know the value until the stock is sold?
- 10 A That's right.
- 11 Q So it could be something much less than that or something  
12 much higher; is that correct?
- 13 A That's correct.
- 14 Q Now, when you sold the stock in - or the stock was sold in  
15 the California conversion, that was back in around 1996; is  
16 that correct?
- 17 A The conversion occurred on May 20th, 1996.
- 18 Q And at that point how long after that was the stock sold?
- 19 A Well, it was somewhat different because, as you know, the  
20 non-Blue businesses had been dropped into a wholly-owned  
21 subsidiary in '93, that subsidiary was named WellPoint. And  
22 WellPoint was taken public, and 19-plus percent of its stock  
23 was sold to the public for a little less than a half a  
24 billion dollars. So, WellPoint was already a public company  
25 when the conversion occurred. The stock of the converted

## LEWIS REID - Cross

1 Blue Cross was sold by the California Healthcare Foundation  
2 over a period of four or five years.

3 Q Did that commence in 1996 or end of 1996?

4 A Oh, it commenced in 1996.

5 Q Isn't it true that the stock market back in the late '90s is  
6 way different than the stock market is today?

7 A Well, the stock market every day is different than it was the  
8 day before. The stock market, as I said earlier in my direct  
9 testimony, was very favorable at the time. I don't know that  
10 any year during that period of time was better than the  
11 market was last year, and I don't know what the market is  
12 going to be next year. But I, in my own personal affairs,  
13 I'm predicting that we will not have another 40-year bear  
14 market in the immediate future. So I'm optimistic about the  
15 ability to monetize stock after this. But you're absolutely  
16 right, there's no promise.

17 Q You talked a little bit before the break about being an  
18 investor and your opinion as an investor on the restrictions  
19 of the stock, that it wouldn't prohibit you from buying the  
20 stock. Is that correct?

21 A I think what I said was that if the bulk of the stock of the  
22 company were owned by a charitable foundation, with the kind  
23 of mission statement that this one has and the kind of board  
24 of directors that I think it should have, that with no  
25 assurance that there would be a timely divestiture, then I'd

LEWIS REID - Cross

- 1 be very worried about whether the business would be aligned  
2 to serve the charitable mission or a business mission, and it  
3 would - and how long the overhang would exist. So, it seemed  
4 to me that it was quite likely that the existence of  
5 restrictions which prevent the charitable mission from  
6 leaking over and influencing the operations of the business  
7 and assure an orderly transformation of the company into a  
8 widely-held public company would make the stock more  
9 attractive rather than less attractive to investors.
- 10 Q But this is all speculative on your part, is it not?
- 11 A It's my opinion.
- 12 Q Do you know of any studies that have been done regarding this  
13 issue?
- 14 A No.
- 15 Q Do you know what the limitations are of the foundation  
16 directors currently in the bylaws of the Washington  
17 Foundation shareholders?
- 18 A I know there are some there but you'll have to refresh my  
19 recollection.
- 20 Q But you talked about the limitations on the board -  
21 limitations of the board of directors?
- 22 A What I was - I wasn't talking about limitations. What I was  
23 - what I was saying, although not very clearly, I guess, I  
24 believe that this board of directors should be a very widely  
25 based - broad-based board of directors representing all

LEWIS REID - Cross

1 segments of the Washington society. And I don't think it  
2 should be a heavy-duty corporate board elected from the elite  
3 of the business world. I think it should have  
4 representatives from community-based organizations, from  
5 different ethnic groups. And if you are choosing a board to  
6 broadly represent society rather than run a business, you may  
7 not - and a board that is directing an organization with a  
8 social purpose mission, what I was saying is that there would  
9 be some concern about that leaking over into the operations  
10 of the business.

11 Q Okay. In your direct testimony, Mr. Reid, on page five, you  
12 talk about there's been a burst of new health philanthropy in  
13 the United States; is that correct?

14 A Yes.

15 Q Wouldn't you agree that there are still many unmet healthcare  
16 needs and these continue to exist, and they've even grown?

17 A I know there are many unmet healthcare needs. You would have  
18 to be more explicit before I could say - you tell me what  
19 they are, and we can talk about whether they have grown.

20 Q Well, you said that there's been a burst of health  
21 philanthropy, but yet there are still many unmet needs out  
22 there?

23 A Yes, there are.

24 Q Okay. The California Endowment that you speak of awards  
25 grants and monies to non-healthcare-related issues, does it

LEWIS REID - Cross

1 not?

2 A No.

3 Q To your knowledge, they've never given monies or grants to  
4 anything other than to meet healthcare needs?

5 A Well, let's be careful about the words. Healthcare may be  
6 interpreted by some to relate to the healthcare delivery  
7 system. The proposed Articles of Incorporation of the  
8 Washington Foundation refer to meeting the health needs of  
9 the people of Washington.

10 If you talk about healthcare, some people would say that  
11 you have to eliminate prevention, public health issues,  
12 environmental issues. So, you - so you have to be aware of  
13 what word you're using. I think the California Endowment is  
14 quite careful to see that the grant making that it does is  
15 directed at either improving access to healthcare and related  
16 services or improving the health status of all Californians.

17 Q Can you define health status?

18 A Well, I think - you look at community indicators of health.  
19 For example, let's talk about obesity. Childhood obesity is  
20 one of the things that the California Endowment is trying to  
21 get a handle on right now. And that's almost certainly not  
22 going to be dealt with through the mobilization of the  
23 healthcare delivery system. If we can get a handle on that  
24 problem and reduce childhood obesity, it will probably be  
25 through public awareness campaigns, things that influence

LEWIS REID - Cross

1       diet, and they won't be healthcare. But if we're successful  
2       in creating models that can address that problem, it will  
3       undoubtedly improve the health status of the community  
4       because it will lead, for example, to less childhood  
5       diabetes, less adult heart disease.

6   Q   Does the California Endowment ever provide funds for disaster  
7       relief or anything like that, to your knowledge?

8   A   Yes.

9   Q   Could you describe some of those?

10  A   Well, I know we have provided food assistance after  
11       disasters. Disasters have been fires and floods. And in  
12       those people are displaced from their homes and lose their  
13       assets. So we've provided money to relief agencies which  
14       help during those times.

15  Q   And how does that fall within the mission of the California  
16       Endowment?

17  A   Well, I think the survivors of disasters are at risk for  
18       their health, and I don't have any problem at all providing  
19       money to community-based organizations to assist the victims  
20       of disasters.

21  Q   On page six of your testimony, Mr. Reid, you talk about a  
22       laundry list of some examples of needs --

23  A   Could you help me with where that --

24  Q   Page six.

25  A   Of the original report?

LEWIS REID - Cross

1 Q It's not of your report, sir. It's of your direct testimony,  
2 pre-filed direct testimony. Exhibit P-8.

3 MR. MITCHELL: It's the first document, I think,  
4 Lew.

5 A Okay.

6 Q (By Ms. deLeon) There are several bullet points on this page  
7 regarding issues. The first one is, says, "Millions of our  
8 residents are uninsured." I'm assuming that you mean  
9 California residents?

10 A Yes.

11 Q And are more people insured now as a result of the California  
12 Endowment?

13 A I think the number is something on the order of seven million  
14 dollars, and I believe the biggest group of the uninsured are  
15 people eligible for federally funded programs who are not  
16 enrolled. We've been engaged, as have all of the health  
17 foundations in California, in serious efforts to try to get  
18 people enrolled in those programs. As the population grows,  
19 I can't tell you what the impact of the endowment's programs  
20 have been. It is a polycentric problem, and you cannot  
21 analyze it in a way which will give you any comfort that the  
22 efforts of a particular agency are reflected in the outcomes.  
23 It's one of the frustrations about some aspects of  
24 philanthropy, is that you find it very difficult to assure  
25 yourself that your work has had the desired effect.



LEWIS REID - Cross

- 1 Q Mr. Reid, on page 13 of the same exhibit, line 19, there's a  
2 sentence that says, "However, if the amount realized by the  
3 Health Foundations were to be in the range of \$500 million to  
4 \$600 million, the amount per capita available to health  
5 philanthropy in Washington and Alaska would be roughly  
6 equivalent to that available in California from the  
7 California Endowment." And it goes on. The word "if" is in  
8 that sentence. What do you envision as the risks to the  
9 conversion utilizing the 500 to 600 million?
- 10 A I have no idea. I've never looked at a financial statement  
11 of Premera and I don't know that, not being an investment  
12 banker, I would have the capability even if I looked at it to  
13 make an informed estimate of what the value would be. So I -  
14 in taking that number, as I said, I was trying to extract a  
15 number that some of the other experts had provided, and then  
16 say, if - the purpose of the if was to disclose my lack of  
17 expertise in setting the number.
- 18 Q Thanks. On the next page, right around line 15, I'll read  
19 the entire sentence. You say, "The structure of the Proposed  
20 Transaction will maximize the potential economic benefit to  
21 charities by providing transactional flexibility and by  
22 minimizing the taxes incurred in the process of realizing the  
23 value of the initial stock of New Premera issued to the  
24 Health Foundations." What do you mean by "transactional  
25 flexibility"?

LEWIS REID - Cross

1 A Well, the - under section 49.42 of the Internal Revenue Code,  
2 New Premera will be treated as a substantial contributor to  
3 the Washington Foundation. As a substantial contributor, it  
4 will be a disqualified person. There are a number of types  
5 of transactions which may not occur between a disqualified  
6 person and a private foundation. If the Washington  
7 Foundation were organized as a 501(c)(3) private foundation,  
8 those restrictions would apply. There are a number of  
9 provisions of the Registration Rights Agreement and the  
10 transfer of Grant and Loan Agreement which could be affected  
11 by section 49.41. Did I say 49.42? The correct number is  
12 49.41 of the code. And those involve various options, fee  
13 sharing arrangements, the promissory notes, and the Option  
14 Loan Agreement. You sidestep all of those transactional  
15 difficulties and increase the flexibility in the sale of  
16 stock by using a 501(c)(4) organization.

17 Q So it's a good thing, then --

18 A Yes.

19 Q Okay.

20 A Using the 501(c)(4) avoids transactional constraints, which I  
21 believe could reduce the sales flexibility and ability to  
22 maximize the sale proceeds if you used a 501(c)(3) private  
23 foundation. And that's - in California that's the sole  
24 reason that we ended up - or not the sole reason but that's  
25 one of the reasons that we ended up creating the California

LEWIS REID - Cross

1 Healthcare Foundation as a 501(c)(4) organization.

2 Q On the next page, page 15, under the first answer, you say,  
3 "The single-tier structure proposed in the Amended Form A, as  
4 contrasted with the two-tier structure in the original Form A  
5 filing, introduces some additional complexity in the  
6 relations between interests in the states of Alaska and  
7 Washington." What are those additional complexities that you  
8 refer to?

9 A Well, we see a difficulty in deciding on an allocation of the  
10 stock between the two states. The - that is moved forward in  
11 time because that really either has to be resolved before the  
12 closing or you have this excess shares --

13 Q Unallocated?

14 A -- unallocated shares escrow agreement, which is an awkward  
15 kind of a document. I think having a single foundation  
16 shareholder would have been simpler, but I gather that you're  
17 well beyond that and everyone has accepted the additional  
18 complexity.

19 Q You go on to say that "It also introduces some additional  
20 uncertainty in the ability of the Washington Foundation to be  
21 recognized as a section 501(c)(4) entity." What's the  
22 uncertainty?

23 A Well, the uncertainty is detailed at some length in some of  
24 my papers, at greater length in the papers that Mr. Lundy has  
25 filed as an OIC consultant. He's the expert from

LEWIS REID - Cross

1 PricewaterhouseCoopers. In the original plan you unbundled  
2 the function of monetizing the stock and performing the  
3 charitable missions. In this case you put them together.  
4 Mixing the charitable mission into the function of the -  
5 mixing the charitable mission and the monetization together  
6 in the Washington Foundation makes it look much more like a  
7 typical 501(c)(3) organization. And what Mr. Lundy has said  
8 is that that raises some risk that the IRS will say no, we're  
9 not going to recognize this as a (c)(4), we'll recognize it  
10 as a (c)(3). And I think that would not be a good thing.

11 Q Why?

12 A Because it would - as we talked about just a minute ago on  
13 the prior page, it would increase the taxes that would have  
14 to be paid and it would place certain constraints on your  
15 flexibility and the disposition of the shares. But I don't  
16 think there's any change that you need to make to deal with  
17 that. You can't dodge it. You just have to deal with the  
18 issue as and when it comes up at the IRS.

19 Q You go on to say, down on line 15, that "The independence of  
20 the Washington Foundation for New Premera in the Amended  
21 Form A proposal should alleviate prior expressed concerns  
22 about New Premera control"; is that correct?

23 A Yes.

24 Q But New Premera has put a lot of restrictions on the  
25 Washington Foundation; isn't that correct?

LEWIS REID - Cross

- 1 A Which restrictions are you referring to?
- 2 Q Well, they've told the Washington Foundation basically when
- 3 they can sell the stock, the divestiture schedule. They've
- 4 told the Washington Foundation - or given them certain
- 5 requirements as to who can be on the foundation's board.
- 6 They've also told the foundation that New Premera can veto
- 7 all of the three nominees that the foundation shareholder
- 8 provides to them as a designated board member. Isn't that
- 9 quite a lot of control?
- 10 A Let me - I'm sorry, I didn't write those down, there were
- 11 three of them. What was the first?
- 12 Q The divestiture schedule dictates the time frame.
- 13 A What was the second?
- 14 Q The qualifications or who can be on the foundation
- 15 shareholder board.
- 16 A Right.
- 17 Q The - Premera can veto all three of the nominees for the
- 18 designated board member. And those are just three of a
- 19 laundry list.
- 20 A Okay. Let me take those separately, because I think - I
- 21 think they raise different issues. I think the divestiture
- 22 schedule is really critical to the welfare of the foundations
- 23 and to the creation of a healthy public market in this stock.
- 24 Q Why?
- 25 A The OIC's experts and others involved in the transaction have

LEWIS REID - Cross

1       urged that you have a desegregated schedule --

2   Q    Could you - I don't understand what desegregated means.

3   A    That each foundation have its own divestiture schedule and  
4       each being permitted to comply separately with the  
5       80-percent, 50-percent, 20-percent, five-percent timetable.

6   Q    Right. Instead of being Siamese twins, connected?

7   A    Right. This is a place where I differ from Premera because  
8       Premera has adopted that position before the BCBSA. But I  
9       think that the consequence of doing that would be, let's  
10       assume that the allocation of the stock is 80 percent/20  
11       percent, 80 percent to Washington and 20 percent to Alaska,  
12       which is somewhere between the highest number that you have  
13       suggested and the lowest that they've suggested. If you do  
14       that, and Alaska starts with 20 percent and Washington starts  
15       with 80 percent, there would be no - and you have two  
16       separate schedules for divestiture, there would be no  
17       obligation on Alaska to sell any stock for five years.

18   Q    That would mean the foundation would have no money, wouldn't  
19       it?

20   A    Bear with me.

21   Q    Okay.

22   A    If you take - if you take your argument to its logical  
23       conclusion, you would come to the conclusion that the  
24       divestiture schedules don't harm anybody because they'd do it  
25       anyway. So Alaska would have no obligation to sell for five

LEWIS REID - Cross

1 years. Washington starts with 80 percent, it has no  
2 obligation to sell in the first year because it's already at  
3 the 80-percent mark. And at the three-year mark, they'd have  
4 an obligation to sell down to 50 percent, so they'd have to  
5 sell 30 percent of the stock. So three years out, three  
6 years after the IPO, it's conceivable that 70 percent of the  
7 stock could still be held by the charitable foundations. I  
8 think that kind of an overhang on the market could very well  
9 have a very depressing effect on the market and the stock,  
10 and could seriously affect the - seriously and adversely  
11 affect the value of the charitable endowments.

12 So, I don't see the divestiture schedule as a  
13 disadvantage, nor do I see it as a restriction imposed by  
14 Premera. What I see it as is a condition that Premera must  
15 meet if they want to retain their valuable Blue Cross/Blue  
16 Shield Association license.

17 Qualifications of the board members, your second point.  
18 I see this as a different issue, and I come to it from the  
19 standpoint of having been through several conversions that  
20 have taken different models in terms of forming the board.  
21 But in California, the Blue Cross/Blue Shield Association  
22 demanded that the foundation boards have former Blue Cross  
23 board members on them. And the arrangement that was finally  
24 reached was that a minority of the board of the  
25 non-stockholding foundation, the California Healthcare

LEWIS REID - Cross

1 Foundation that I ran, had nine former Blue directors and 11  
2 of new non-Blue directors. The California Healthcare  
3 Foundation was required to maintain a majority of former Blue  
4 directors until they had divested the stock.

5 So if you look at this as the converting company and  
6 you're putting, in that case three billion dollars, in this  
7 case if there is 500 million, 600 million dollars, you're  
8 putting this big pot of money out there as a potential social  
9 force in your community, and is there a risk that it's going  
10 to turn around and bite your business? Well, maybe so. So  
11 restrictions by the don't-know-her, in this case, come from a  
12 very different place than Blue Cross was in California, where  
13 they knew the former Blue directors were going to control the  
14 board for five years or more.

15 In New York, for example, there was no incentive to have  
16 something of this sort because the money was going out the  
17 door to pay wages, it wasn't going to be a lasting social  
18 force in the community. So, I can understand the potential  
19 motivation. And this is speculation on my part because I  
20 have not talked to Premera about why those are in there, but  
21 I can understand how if I were in their shoes I would want  
22 some protection against the possibility that the foundation  
23 would be utilized to damage the business that it came from.

24 Q But Mr. Reid --

25 MR. MITCHELL: Let me just ask if the witness has



LEWIS REID - Cross

1 finished his answer.

2 THE WITNESS: Yes.

3 A I want to get on to your third point.

4 Q (By Ms. deLeon) Well, I want to talk about this point just  
5 for a second before we move on.

6 A Sure.

7 Q That's sort of illogical to me because the foundation, until  
8 all of the stock is sold, relies on getting the money from  
9 value of the Premera stock. So why would it bite the  
10 business if its money that it was getting was dependent upon  
11 how well Premera was doing and the stock price?

12 A Might not.

13 The final point on the veto, it seems to me that  
14 shareholders elect directors, and that the directors of  
15 New Premera will have a fiduciary duty to all of the  
16 shareholders of the company in the nomination of directors.  
17 So I don't see the ability to veto candidates put forward by  
18 the foundations as unusual or objectionable.

19 I also suspect, and this comes out of my own experience,  
20 the - the view of these transactions in all of them that I've  
21 gone through is different whether you're looking through the  
22 glass before the transaction and what it might be after or  
23 you're looking through the glass after the transaction about  
24 how could we ever have been worried about that. And it's my  
25 belief from my own experience that the foundations will do a

## LEWIS REID - Cross

1 responsible job in selecting candidates, and that the company  
2 will do a responsible job in assessing those candidates. I  
3 think at this stage of the process it's quite natural to have  
4 a fear about what might be, but having seen several of them  
5 with what turned out to be, I'd have a lot of confidence in -  
6 especially with the processes that have been set up and the  
7 attorney general's involvement in the selection of the board  
8 and the kind of staff work that's been done already, I - I'm  
9 not worried about those problems.

10 Q You think it's much ado about nothing, basically?

11 A Frankly.

12 Q Moving on to page 17, Mr. Reid, on line 12, you state that  
13 "The BCBSA restrictions, although they limit the rights of  
14 shareholders in material respects, are ultimately in the  
15 interest of all parties." What do you mean by "material  
16 respects"?

17 A Well, the voting trust limits the voting rights of the  
18 foundations.

19 Q But they're ultimately in the interest of all parties?

20 A I believe so.

21 Q Why?

22 A Well, what you have is not - this conversion, if it's  
23 approved, is not something that happens one day and there's a  
24 seed change and everything in the future stays the same.  
25 This is a process. And it is a process by which you take a

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1        nonprofit corporation that doesn't have any shareholders, no  
2        outside control, and you move it to a state sometime later in  
3        which it is a widely-held public company with no controlling  
4        shareholders, no institutions will have more than 10 percent,  
5        no individuals more than five percent, and no groups will be  
6        aggregated to exceed those limits.

7                Well, in the middle you have the anomaly of two  
8        shareholders who own 100 percent of the stock. And I believe  
9        that limiting the voting rights is important to prevent that  
10       anomaly from derailing the smooth process from nonprofit to  
11       widely held for public corporation without controlling  
12       shareholders.

13               MS. deLEON: I have no other questions.

14

15

16                                CROSS-EXAMINATION

17

18       BY MS. HAMBURGER:

19       Q     Good morning, Mr. Reid.

20                You testified just before about how the former board  
21       members from Blue Cross of California were on the two  
22       conversion foundations. Post conversion; is that right?

23       A     That's correct.

24       Q     But those board members had a fiduciary duty to fulfill the  
25       obligations that they had as being board members of those

LEWIS REID - Cross

1 foundations?

2 A That's right.

3 Q And that they had that fiduciary duty to fulfill the purposes  
4 of the foundations?

5 A That's correct.

6 Q Now, the - neither foundation has shied away from grants that  
7 WellPoint might not like?

8 A You know, I - first, I'd like to go back a minute because  
9 there was some testimony earlier, one of the earlier  
10 witnesses said that they thought that maybe having a Premera  
11 director on the board would be a conflict of interest. I  
12 know that's not going to happen here, but I don't agree with  
13 that, and from my own experience I think it probably would  
14 not hurt and would probably be a good thing if there were  
15 Premera representatives on the board. But that's neither  
16 here nor there because it's not going to happen.

17 But specifically what will --

18 MS. HAMBURGER: I'm sorry, I'd like to object to  
19 that and move to strike it as nonresponsive.

20 JUDGE FINKLE: Denied.

21 A But go ahead and tell me your question again, I'm sorry.

22 Q (By Ms. Hamburger) My question is, the California Endowment  
23 has not voided grants that WellPoint may not like; is that  
24 correct?

25 A I was hesitating because I was trying to think. I can't

LEWIS REID - Cross

1       remember an instance in which that issue has even been  
2       raised.

3   Q   So it's never come up that a concern - that WellPoint might  
4       not like a grant that the California Endowment seeks to make?

5   A   No.

6   Q   Are you familiar with the Health Rights Hotline?

7   A   If that's the one that's ran out of Pecoima.

8   Q   It's run out of I think Sacramento.

9   A   Oh, yes. Phil Lee's son runs it.

10   Q   Mm-hmm. And is that a program that's funded by the  
11       California Endowment?

12   A   Yes, it is.

13   Q   And it provides managed-care consumers with information about  
14       their rights when they have disputes with health plans; is  
15       that right?

16   A   Among other things.

17   Q   And it provides advocacy to consumers when they have disputes  
18       with their health plans; is that right?

19   A   That's right. That was one I was skeptical about funding  
20       because it was being done through a legal services  
21       organization and I thought that it was just funding class  
22       action lawsuits, but then I visited and saw the work that  
23       they're doing and it's a really interesting project because  
24       they - with the variety of languages that we have in  
25       California and the people who are subscribers, not only in

LEWIS REID - Cross

1 HMOs but also public programs, there are real difficulties in  
2 the consumers being able to understand the plans and get  
3 their benefits. So, the hotline takes calls in many  
4 languages and resolves problems on behalf of the subscribers.  
5 And then they also have developed an incredible data bank of  
6 what kinds of problems are being raised, and they fed that  
7 data bank back into the county health departments and have  
8 been able to change the functioning of the county health  
9 departments in ways that address the specific problems that  
10 consumers are having. It's a very exciting program.

11 Q Mr. Reid, I'd just - I appreciate that information. As you  
12 may know we're on a time clock here, and so I have a number  
13 of questions to get to. I'd appreciate it if we could just  
14 kind of focus on the questions that I'm asking.

15 A Well, you just happened to hit one of my hot buttons about  
16 something that I'm very excited about.

17 Q I'm glad you're excited about the Health Rights Hotline.

18 In your report, Mr. Reid, you cited to a consumers union  
19 handbook called Building Strong Foundations?

20 A Yes.

21 Q And it contains some useful information, does it not?

22 A Yes.

23 Q In particular you cited it for the proposition that a  
24 wide-ranging search be initiated for the board of the new  
25 foundation?

## LEWIS REID - Cross

1 A Yes.

2 Q You testified that you also understand that Premera has a  
3 series of meetings with stakeholders and community groups to  
4 hear what needs are most critical in the states of Washington  
5 and Alaska?

6 A Yes, although I learned more about that this morning than I  
7 had known earlier.

8 Q Those meetings are not a substitute for the public diverse  
9 wide-ranging and non-bias process you described in your  
10 testimony for board selection, is it?

11 A No, I don't think so. I think what we did in California was  
12 have eight community meetings around the state to elicit  
13 views on what problems were. And I would expect that in the  
14 process going forward the attorney general or the interim  
15 second board of the foundation will probably do the same  
16 thing.

17 Q Now, you testified that there's the two California  
18 Foundations, one is the California Healthcare Foundation?

19 A Right.

20 Q And you were a lawyer to both of them in the beginning?

21 A That's correct.

22 Q And that is the one that designated an IRS (c)(4) foundation?

23 A That's correct.

24 Q Now, that foundation has in its Articles of Incorporation and  
25 Bylaws certain restrictions that make it look similar to an

LEWIS REID - Cross

1 IRC - IRS 501(c)(3) foundation?

2 A Right.

3 Q In particular, it has a minimum five-percent annual  
4 grant-making requirement?

5 A Right.

6 Q And it is prohibitive from doing more than insubstantial  
7 lobbying?

8 A I believe you.

9 Q Are you saying that you don't know whether that's one of the  
10 requirements that - from when you were --

11 A As I sit here today, I don't remember, but I believe you.

12 Q Okay. And despite these restrictions, the California  
13 Healthcare Foundation obtained its 501(c)(4) status?

14 A That's correct.

15 Q Now, there was no limitation on either foundations' Articles  
16 of Incorporation or Bylaws that prevented a member of a  
17 medical association or a hospital association from  
18 participating in the board, was there?

19 A No.

20 Q And both - neither foundation can lobby for something that's  
21 in the interest of WellPoint?

22 A Well, if there's a restriction on lobbying I would - let me  
23 think about that. Assuming you're right, that the  
24 restriction says that there can't be substantial lobbying for  
25 an organization that large, the IRS safe harbor on lobbying



LEWIS REID - Cross

1       would be five percent of their expenditures. So, I presume  
2       they could lobby on behalf of WellPoint but for the private  
3       inurement restrictions.

4   Q   So you don't recall if there's a prohibition against that?

5   A   I don't.

6   Q   And neither foundation has a prohibition against it that says  
7       it cannot fund activities that are materially adverse to the  
8       interest of health insurers?

9   A   No, there's nothing like that in the articles.

10  Q   And there was no agreement --

11  A   Excuse me. I may have misunderstood your prior question that  
12       I gave a convoluted answer to, where you mentioned WellPoint.  
13       Could you give me that question again? Because I may have  
14       misunderstood.

15  Q   Neither foundation has a - neither foundation can lobby for  
16       something that's in the interest of WellPoint?

17  A   My answer stands.

18  Q   Okay. Now, there was no agreement between WellPoint and  
19       either of the foundations that would permit WellPoint to sue  
20       the foundations or the grantees if it believed that the  
21       activities or that of the grantees was materially adverse to  
22       the interest of health insurers?

23  A   That's correct.

24  Q   In California, before the conversion occurred, no health  
25       impact study was done to determine whether the conversion

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1 would have an impact on California consumers, was there?

2 A I don't know. I know McKenzie and Company did an enormous  
3 amount of work building up to it, but I - I don't know the  
4 answer to your question.

5 Q And McKenzie and Company are the people who are involved in  
6 the search for the foundation board?

7 A No. The foundation board was a search conducted by a  
8 consortium of search companies to represent various ethnic  
9 groups and communities around this state. McKenzie and  
10 Company is the management consultant company.

11 Q Okay. So there was no evaluation done of whether the impact  
12 of the conversion was addressed by the foundations grant  
13 making, was there?

14 A I'm sorry, I don't understand your question.

15 Q Okay. My question is, you stated just before that to your  
16 knowledge there was no health impact study done to determine  
17 whether the Blue Cross of California had - conversion had an  
18 impact on California consumers?

19 MR. MITCHELL: Object. It misstates prior  
20 testimony.

21 JUDGE FINKLE: Sustained. You can ask that  
22 question again, if you wish.

23 Q (By Ms. Hamburger) Okay, I'll ask that question again.

24 No health impact study was done to determine whether the  
25 Blue Cross of California conversion had an impact on

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1 California consumers, was there?

2 A I don't know.

3 Q And so, do you know whether any evaluation of the impact of  
4 the conversion - whether there's been any evaluation on how  
5 the impact of the conversion is addressed by the foundations?

6 A I don't know.

7 Q Now, in your report you write that the conversion will unlock  
8 the charitable potential of the assets held by Premera.

9 A Yes.

10 Q Is that right?

11 But you haven't studied how the public currently  
12 benefits from Premera's nonprofit services.

13 A That's correct. Except that I heard this morning that  
14 there's about a half a million dollars in charitable grant  
15 giving at the current time, and the income from the - from a  
16 five, six, 700 million dollar endowment would permit  
17 charitable activities that are an order of magnitude bigger  
18 than that.

19 Q And - but you didn't do any of that research or study as part  
20 of your report?

21 A No.

22 Q So, in your report you did not evaluate whether the benefits  
23 from a foundation are sufficient to overcome the loss of  
24 Premera's nonprofit activities?

25 A No. As I said earlier, I really don't know anything about

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1 the insurance business and the economics of the insurance  
2 industry. So, all I really can speak to is the foundations  
3 and what the foundations do and the structure of conversions.

4 Q Well, I appreciate that. It does seem a little - if I can  
5 refer you now to your supplemental report of page 17. You  
6 state that the Blue Cross/Blue Shield Association changed its  
7 licensure rules for conversion to allow more level,  
8 competitive playing fields so that Blue plans could compete  
9 with their non-Blue competitors. Do you recall writing that?

10 A Yes.

11 MR. MITCHELL: Excuse me, Counsel, can you point to  
12 the language you're quoting?

13 MS. HAMBURGER: This is in the second full  
14 paragraph, first sentence. Excuse me, the second sentence.

15 MR. MITCHELL: I don't believe that you quoted it  
16 accurately.

17 MS. HAMBURGER: I didn't say that I was quoting it,  
18 but Mr. Reid seemed to understand the question and answered  
19 it.

20 JUDGE FINKLE: Go ahead, please.

21 A Could you repeat that question?

22 Q (By Ms. Hamburger) You wrote that Blue Cross/Blue Shield  
23 Association changed its licensure rules for conversion to  
24 allow a, quote, more level competitive playing field, closed  
25 quote, so that the Blue plans could compete with their

## LEWIS REID - Cross

1 non-Blue competitors. Is that right?

2 A Well, as I look at it now, and with this interruption, I -  
3 just so they could have the same access to capital as their  
4 non-Blue competitors.

5 Q But you do state that they - the change in the rules was to  
6 provide a more level, competitive playing field?

7 A Yes.

8 Q Do you know that Premera's two biggest competitors in  
9 Washington State are Regence and Group Health?

10 A I don't know anything about the insurance market in  
11 Washington.

12 Q Okay. You testified in your deposition that you've not  
13 looked extensively at other recent conversions; is that  
14 correct?

15 A That's correct.

16 Q And you haven't worked on Blue conversions in other states,  
17 other than in California --

18 A No, I have not.

19 Q Okay. You're not an expert on Washington nonprofit law?

20 A No.

21 Q You testified at your deposition that you reviewed the  
22 Articles of Incorporation of Premera and Premera Blue Cross?

23 A That's correct.

24 Q But you did not review the Articles of Incorporation and  
25 Bylaws of the predecessor organizations to Premera and

## LEWIS REID - Cross

- 1           Premera Blue Cross?
- 2    A    I'm not sure about that.
- 3    Q    Did you, for instance, review the Articles of Incorporation
- 4           of the Medical Services Corporation, Spokane County?
- 5    A    I don't believe so.
- 6    Q    Did you review the Articles of Incorporation of Blue Cross of
- 7           Washington and Alaska?
- 8    A    I don't believe so.
- 9    Q    Or any of their predecessor organizations?
- 10   A    I don't believe so.
- 11   Q    So your determination that Premera and Premera Blue Cross
- 12          does not hold some or all of its assets in charitable trust
- 13          is not based on the - a review of those predecessor
- 14          organizations, corporate charters, and Articles of
- 15          Incorporation and Bylaws?
- 16   A    No, I was looking at the parent corporations.
- 17   Q    Now, on page three of your direct testimony, your pre-filed
- 18          direct testimony, line 15, you state that when you say the
- 19          conversion transaction is in the public interest, you say,
- 20          quote, "I am speaking from the standpoint of the potential
- 21          charitable beneficiaries"?
- 22   A    That's correct.
- 23   Q    You don't live in Washington or Alaska, do you?
- 24   A    No.
- 25   Q    And your testimony reports don't include any specifics about

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1 the healthcare problems in Washington or Alaska?

2 A No, that's right.

3 Q And you've never been a beneficiary of a healthcare grant in  
4 Washington or Alaska?

5 A That's correct.

6 Q Your reports weren't based on interviews involving healthcare  
7 consumers or grantees in Washington State?

8 A That's correct.

9 Q You are aware that many Washington consumer organizations  
10 oppose the conversion?

11 A Yes, and it puzzles me.

12 Q You are aware that the - are you aware that the overwhelming  
13 number of comments received by the insurance commissioner  
14 from Washington residents oppose the conversion?

15 A No, I'm not.

16 Q Now, you testified that you represented a health insurance  
17 company, Blue Cross of California, in its conversion?

18 A That's correct.

19 Q And that conversion involved what you described as a  
20 controversy in your deposition.

21 A Can we look at that part of my deposition?

22 Q Sure, that's in your deposition line - page 20. I'd be happy  
23 to provide it to you.

24 MS. HAMBURGER: May I approach the witness to  
25 provide this line of his deposition?

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1 JUDGE FINKLE: Yes, but I may need to see it as  
2 well. If there's no controversy, go ahead and provide it.

3 MR. MITCHELL: No pun intended?

4 JUDGE FINKLE: No pun...

5 A Ms. Hamburger, since this is the bottom of the page, could I  
6 see the top of the next page too?

7 Q (By Ms. Hamburger) Sure. (Handing document to witness.)

8 A Okay.

9 Q Okay. The conversion was involved - was a controversy; is  
10 that right?

11 A Well, you asked the question, "Could you please walk me  
12 through the process of how you came up with your opinions in  
13 this report?"

14 And I said, "Well, I - I suppose I have to start in  
15 1994, when Blue Cross of California hired me to work with  
16 them in the controversy that they were having with the  
17 Department of Corporations and the legislature in  
18 California." And then on - it says, "and I was deeply  
19 involved in that process for the next two years."

20 Q So that controversy took several years to sort out?

21 A Well, the reference to the controversy is the controversy  
22 that existed in 1994. In 1993, Blue Cross of California took  
23 all of its non-Blue assets and dropped them, as I said  
24 earlier, into a wholly-owned subsidiary. And because it was  
25 not a conversion it did not require the dedication of assets



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1 to a charitable purpose. Unlike there are two fundamental  
2 differences in the California and Alaska. The first is that  
3 Blue Cross of California was a public benefit corporation and  
4 every public benefit corporation of California is subject to  
5 a charitable trust. So there was never any doubt that if  
6 Blue Cross dissolved or converted, there was a charitable  
7 trust obligation on that corporation.

8 And the '93 transaction did not trigger that. It was  
9 approved by the Department of Corporations. The legislature  
10 became concerned that the transaction had been a de facto  
11 conversion but had been done in a way that did not invoke the  
12 charitable trust. So the legislature demanded a commitment  
13 of assets to charitable purposes. And there was an agreement  
14 set with the legislature to have Blue Cross of California  
15 create a charitable foundation and put 100 million dollars in  
16 the charitable foundation, and donate five million dollars a  
17 year over a course of 20 years to charity.

18 A new commissioner of corporations was appointed, and  
19 the new commissioner of corporations demanded greater  
20 commitment to charity and threatened an enforcement action.  
21 That's the controversy and the state of affairs when I was  
22 asked to be involved.

23 The commissioner of corporations then requested, and I  
24 think the letter is in the file in someone's testimony,  
25 there's a May 6th, 1994 letter, the commissioner of

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1 corporations wrote to Blue Cross and delivered to the Wall  
2 Street Journal simultaneously demanding a - I think it was 40  
3 percent of the stock of WellPoint for a charity. That's May  
4 of '94. And in June of '94, the Blue Cross/Blue Shield  
5 Association changed its rules to say that you could have a  
6 for-profit licensee.

7 So we went from 100 million to a demand of stock that  
8 would be worth about a billion. And then in June, when BCBSA  
9 changed its rules, I was told we're going to convert and  
10 we're going to give all the stock to charity. So, that's the  
11 nature of the controversy that we were in at the time. And  
12 the interesting thing to me is that not only - and it's true  
13 that the commissioner of corporations was being aggressive,  
14 and really appropriately aggressive, I think he did a good  
15 job over those years. But as soon as BCBSA changed its  
16 rules, the Blue Cross position trumped the commissioner and  
17 offered basically three billion dollars instead of one  
18 billion. So when we talk about unlocking the assets, that's  
19 really what it's all about. The mechanism of the conversion  
20 takes those assets that are tied up in the business and  
21 permits them to be put over here in the charitable foundation  
22 that can function while the business meets its capital needs  
23 through a new market mechanism.

24 I'm sorry, I realize you're on a time frame, but I'm -  
25 I'm passionate about the subject.

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1 MS. HAMBURGER: That exhibit is Exhibit I-64, and  
2 I'd like to move to admit it at this time.

3 MR. MITCHELL: I'm sorry, which exhibit?

4 MS. HAMBURGER: I-64.

5 MR. MITCHELL: No objection.

6 MS. deLEON: (Shakes head.)

7 JUDGE FINKLE: Admitted.

8 (Exhibit No. I-64 admitted.)

9 MS. HAMBURGER: I have no further questions.

10 MS. McCULLOUGH: Judge Finkle, I have a couple  
11 questions, if that's okay.

12

13

14 CROSS-EXAMINATION

15

16 BY MS. McCULLOUGH:

17 Q Mr. Reid, I'm Amy McCullough and I'm here on behalf of the  
18 Alaska Intervenors.

19 On page eight of your pre-filed testimony, would you  
20 turn to that. Direct, I'm sorry. Your direct?

21 A I see it.

22 Q Here you give some examples of the work that the California  
23 Endowment has done with their money it received from other  
24 California conversions; is that right?

25 A That's correct.

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1 Q In the second full paragraph, beginning on line 18, you state  
2 in there - I'm sorry, on line 21, "In each community in which  
3 housing was constructed there were health facilities and  
4 programs funded," et cetera. I'm wondering how many  
5 communities are you talking about?

6 A My recollection is that as of September 2003, there were 23  
7 communities funded, and in the aggregate, 13 million dollars  
8 in loan funds went into those. And forgive me if I can't  
9 tell you how much of the 11 million dollars in grant funds  
10 went into those communities.

11 Q Okay. And in each of those 23 communities, housing projects  
12 were established; is that right?

13 A Yes.

14 Q And you list here a number of results from the funding, such  
15 as there was a decrease in concerns about dirt and garbage in  
16 the streets, concerns about drug use decreased, and a  
17 decrease in the noise or trouble from drunks; is that  
18 correct?

19 A That's correct.

20 Q And were these improved conditions due to an increase in  
21 access to healthcare or were they due - were they due to the  
22 development of adequate housing?

23 A You used that - you tacked that word care onto health again,  
24 and you - there's not a right or wrong. And it could be that  
25 one would decide to have a foundation that dealt only with

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1 healthcare. If you did, from what I know about the social  
2 determinants of health, you would leave out the major factors  
3 that influence the health of our communities. Probably 50  
4 percent of our health is related to behavior, another 20  
5 percent more or less to environment, and only maybe 10  
6 percent to the healthcare delivery system itself. So, some  
7 of what happened in those communities related to healthcare,  
8 other things related to health.

9 In the California Endowment, we take quite a broad view  
10 of what is involved in health in order to attack all of the  
11 social determinants of health. And as I heard the testimony  
12 and looked at the four bullet points of the major healthcare  
13 needs in Washington, the needs identified and the purposes in  
14 the Articles of Incorporation right here in Washington seem  
15 quite consistent with the view that we take in the California  
16 - California Endowment.

17 Q Okay. So, then, how much of these results could be  
18 attributed to the development of adequate housing?

19 A I can't tell you that.

20 Q Okay.

21 A I'd be happy to provide you with the evaluation of the  
22 project, but I can't assign a percentage.

23 Q Okay. And the health facilities that were constructed in  
24 these communities, what services did they provide, do you  
25 know?

LEWIS REID - Cross

1 A Well, some were clinics. Some took over buildings like  
2 community centers and organized providers to come in and  
3 provide the healthcare services in there. If you're familiar  
4 with the promotores (phonetic) programs in Latino communities  
5 in which lay healthcare workers are trained to become  
6 advocates and intervenors, if you will, on behalf of the  
7 health of the community, in some of the communities  
8 promotores programs were provided. I gave the example  
9 earlier this morning of an example where a rural hospital  
10 that had been closed had been turned into a community health  
11 center.

12 Q Okay. And you said that some of these clinics provided  
13 health care services; right?

14 A Yes.

15 Q And by that do you mean they provided direct care to  
16 patients?

17 A Yes.

18 Q Okay. So, is it fair to say then the quality of life in  
19 these communities improved due to increase in their access to  
20 healthcare?

21 A If you were able to go with me to Cutler, California, you  
22 would be astounded in the difference in the living conditions  
23 of before, seeing the trailer park that the workers lived in  
24 before, and the housing and the community enthusiasm built  
25 around the housing, and the health facilities and the health

## LEWIS REID - Redirect

1 education. Yes. Yes, the answer to the question is yes.

2 Q And I think earlier you testified that you didn't know  
3 anything about the insurance market in Washington; is that  
4 correct?

5 A That's correct.

6 Q And do you know anything about the insurance market in  
7 Alaska?

8 A No.

9 Q Okay. And if you'll hold on just one moment, I need to  
10 confer with counsel and see if I have any further questions.

11 A Sure.

12 Q No further questions. Thank you.

13

14

## REDIRECT EXAMINATION

15

16  
17 BY MR. MITCHELL:

18 Q Mr. Reid, let me see if I can go back in somewhat reverse  
19 chronological order. The first thing I want to ask you about  
20 is the selection process for the Washington Foundation. And  
21 the suggestion, I think, was made that the process that has  
22 been gone through thus far to define the purposes of the  
23 Washington Foundation and to consult with various people  
24 about that may have been insufficiently broad. My question  
25 to you is, does it make sense to you at this stage to start

LEWIS REID - Redirect

1 over that process?

2 A Absolutely not. If I said that, that's not what I meant. I  
3 think the meetings that have been held thus far have been  
4 very useful, but I do believe that either the - before money  
5 starts to go out the door, either the attorney general, under  
6 the attorney general's auspices or the auspices of the board  
7 of directors of the foundations, there should be a broad  
8 outreach to the community, and that broad outreach should  
9 engage community groups around the state and should permit  
10 them to have an input into what the needs are.

11 I'm confident, since seeing this again and again, that  
12 even though I've never lived in Washington and never bought  
13 insurance in Washington or been treated by a doctor in  
14 Washington, I'm confident that our problems in different  
15 parts of the West Coast are very similar. So...

16 Q Let me ask a follow-up question, if I might. The question  
17 is, sir, whether the purposes of the foundation as they are  
18 spelled out in the Articles of Incorporation, speaking now of  
19 the Washington Foundation, are sufficiently broad in your  
20 mind to have the foundation later target appropriate uses of  
21 funds based upon input from broader constituencies.

22 A Were you going to put those on the screen?

23 Q I was endeavoring to do so but not succeeded. There we are.

24 A I think they are first, if you look at the underlying  
25 language at the top, it says "Promote the health of the



LEWIS REID - Redirect

1 residents of the state of Washington." This is the point at  
2 which I'm quite sensitive about the use of the word care.  
3 I'd be concerned if the word care were in there because I  
4 think that would significantly constrain the potential for  
5 the foundation. If you come down to the second bullet point,  
6 again, we're talking here about access to healthcare, but it  
7 also says access to healthcare-related services. So, there  
8 are a broad range of social services which aren't really part  
9 of the medical delivery system but which have an important  
10 impact on the health of the community. So that's an  
11 important one.

12 Improving health education and awareness is really an  
13 important part of what, in our mission in California, we call  
14 improving the health status of Californians. And in the  
15 other slide that was used this morning just before this, it  
16 talked about wellness, which is wellness in prevention, the  
17 third slide. This is - that really is addressing the issue  
18 that I mentioned of behavior because our behavior, whether  
19 it's alcohol or drug use or tobacco or sexual conduct, our  
20 diet, our lack of exercise, these are the things that really  
21 determine 50 percent of our health. And to the extent that  
22 we don't deal with those issues, we're just creating problems  
23 that then come into the system and help to contribute to the  
24 health crisis that we have in the system today. So, and it's  
25 - I know insurance companies are trying to deal with those

LEWIS REID - Redirect

1 problems, I know governments are trying to deal with those  
2 problems, but they're really not ideally suited to do that.  
3 And so foundations are in a unique position to be able to  
4 deal with those problems.

5 Q Mr. Reid, in response to questions from Ms. Hamburger about  
6 the circumstances in which the Blue Cross of California  
7 conversion occurred, you observed that California law is  
8 different than Alaska law. Did you mean to say Washington  
9 law?

10 A I did. I have not looked at - yeah, I have not looked at the  
11 Alaska corporate law.

12 Q You said, I believe, that in California the Blue Cross entity  
13 was, by statute, a public benefit corporation, and that  
14 certain consequences followed from that; is that right?

15 A That's correct.

16 Q Is it your understanding that Washington law defines public  
17 benefit corporations the same way or if Premera is a public  
18 benefit corporation?

19 A Well, it's my understanding from looking at the articles and  
20 looking at the Washington code that in Washington a nonprofit  
21 corporation can be organized for either a charitable or a  
22 number of other purposes, including commercial purposes. And  
23 that there is a separate section that says that you only  
24 become a public benefit corporation if you're recognized by  
25 the IRS as a 501(c) corporation.

LEWIS REID - Redirect

1           So what I did was looked at the articles of the two  
2           corporations, saw what sections they were organized under,  
3           and confirmed that they were not nor had they ever been  
4           recognized as 501(c)(3) organizations. And I concluded from  
5           that that they were not charitable, that their assets were  
6           not charitable assets. Beyond that, I think it's really more  
7           appropriate to look to a Washington corporate law expert. I  
8           was just trying to understand the possible differences in the  
9           California model and the Washington model. And even in  
10          California, Blue Shield of California is not a public benefit  
11          corporation, it's a mutual benefit company, and I have seen  
12          opinion letters from their counsel that say that it's their  
13          subscribers who have, if there is a residual equity in a  
14          mutual benefit company, have the right to that, not the  
15          public.

16    Q    Mr. Reid, there was some discussion early in the  
17          cross-examination about two boards, one being the new - the  
18          board for the new Washington Foundation, the other being the  
19          board of directors for New Premera. And I believe you  
20          testified that you saw those boards serving somewhat  
21          different purposes.

22    A    That's correct.

23    Q    Can you tell me which of those two boards you believe is  
24          appropriately focused on the benefits on running the business  
25          and on the benefits to the subscribers of the business?

LEWIS REID - Redirect

1 A The New Premera board.

2 Q And do the two boards, as you see it, have different  
3 responsibilities that bear upon whether they should have the  
4 same - one should have control over the other?

5 A Well, the board of the foundation has a primary  
6 responsibility of meeting unmet health needs of the residents  
7 of Washington.

8 Q I want to ask you a little bit about the structure of two  
9 foundations versus one. And is it your understanding that  
10 the additional complexity attendant to the one-tier  
11 structure, that is the twin foundation structure in amended  
12 Form A, flows from the request made by the State's  
13 consultants that there be two foundations rather than one?

14 A Well, I don't know where the request came from. All I know  
15 is that the original Form A had a two-tier system and when I  
16 read the amended Form A it had a one-tier system. And the  
17 one-tier system resulted in the request for separate  
18 divestiture schedules, separate designated members on the  
19 board, and separate five-percent free voting of shares, and  
20 created complexity that will only be resolved if the two  
21 states agree on the allocation of shares between the states.

22 Q There's some discussion of a desegregated divestiture  
23 schedule, Mr. Reid. And I believe you observed in the  
24 context of that questioning that you disagreed with Premera.  
25 I would like you to perhaps explain the circumstances in

LEWIS REID - Redirect

1       which your disagreement arose.

2       A   Well, this was the one substantive change that Premera asked  
3       me to make in any of my reports, because I had written a  
4       rather critical treatment of the two - the two scheduled -  
5       two divestiture schedules, separate divestiture schedules for  
6       each entity, and it was something of an elaboration of what I  
7       said this morning. And Premera asked me to basically -  
8       basically to strike most of that or tone it down because they  
9       were at the time trying to persuade the BCBSA to go along  
10      with that and they were afraid that my analysis would somehow  
11      get in the way of their opportunity to get - to persuade the  
12      BCBSA to go along with it, to - to - the separate divestiture  
13      schedules.

14     Q   Was it your understanding, Mr. Reid, that Premera was at that  
15      time attempting to advocate before the BCBSA on behalf of a  
16      position that had been requested by the OIC staff  
17      consultants?

18     A   That's right. So I am still not fond of it, but I also  
19      believe, as the attorney general suggested this morning, that  
20      if the boards of directors of the two foundations conduct  
21      themselves appropriately, and recognize that it's necessary  
22      to diversify their investment portfolio, it's prudent to  
23      diversify their investment portfolio and they're going to  
24      have to raise cash in order to begin their charitable  
25      programs, that it's quite likely that they will be motivated

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1 to sell the stock in a time that makes the combined  
2 divestiture schedule that's in the current documents not a  
3 problem for them. It's my belief that the most likely result  
4 is that this will be one of those things that five years from  
5 now everybody here will say, why did we really worry about  
6 that.

7 Q Toward the beginning of cross-examination, Ms. deLeon  
8 suggested that there are a large number of unmet health needs  
9 in our society, and that's true notwithstanding the first of  
10 health philanthropy discussed in your reports. My question  
11 to you, Mr. Reid, is whether you have reason to believe that  
12 the problems that exist today would be worse but for the  
13 efforts of foundations such as the California Endowment?

14 A Oh, I have no doubt about that. I'm comfortable with that.  
15 I think the report that Premera Watch counsel referred to a  
16 little earlier says, among other things, that as of the date  
17 of that report there have been something like 15 billion  
18 dollars in health conversion philanthropy created in the  
19 country. And you don't have to see very many models to  
20 understand the impact it's having.

21 I did say, with using the example of pouring water in  
22 the sand that if you spend all of your money on direct care,  
23 in response to the concern raised properly by Ms. deLeon,  
24 that this wouldn't seem like very much money, but there are  
25 times when spending money on direct care, if it can be - it

## LEWIS REID - Recross

1 can be combined with the policy initiatives, can be very  
2 important. Do I have time to give an example?

3 Q Probably not. I think the stomachs are growling, Mr. Reid.

4 The last question to you, sir, is this: Is there a  
5 potential rising from this proposal for a legacy for the  
6 residents of this state?

7 A Oh, I think it's a tremendous potential, because this is -  
8 this is an organization, the foundations, if they are  
9 created, it will be an organization that has the capability  
10 to last in perpetuity, to grow in influence, to profoundly  
11 affect health policy in the state of Washington, to energize  
12 hundreds of community-based organizations around the state,  
13 and I think leave a lasting legacy of improvement in the  
14 health of the communities.

15 Q Thank you. Nothing further.

16 MS. deLEON: No questions.

17 JUDGE FINKLE: Anything further from the  
18 intervenors?

19 MS. HAMBURGER: I just have two quick questions.

20

## 21 RE CROSS-EXAMINATION

22

23 BY MS. HAMBURGER:

24 Q You testified before that Blue Shield of California says that  
25 they convert - they have an opinion letter that if they

LEWIS REID - Recross

1       convert, because they're a mutual benefit, they don't have to  
2       give any money over to a charitable foundation; is that  
3       right?

4     A   Many years ago I saw such a letter.

5     Q   Having that kind of an opinion doesn't mean that no regulator  
6       is going to hold them to transferring the full value of their  
7       assets upon conversion?

8     A   Perhaps not, but there is a big distinction between a mutual  
9       benefit corporation and a public benefit corporation, and one  
10      of the experts for the OIC, I think it was Mr. Cantilo,  
11      referred to the life insurance conversions, which all  
12      resulted in the residual equity of going to the  
13      policyholders.

14    Q   Entities could have - in a conversion, there could be  
15       different perspectives and different opinions about the legal  
16       requirements as a result of the conversion; is that right?

17    A   Well, as you and I know, state by state around the  
18       United States in the Blue conversions alone, there have been  
19       different state statutory patterns and different decisions  
20       about whether there is a charitable trust imposed upon the  
21       assets, depending upon the nature of the corporations and the  
22       nature of the statute in case law in the state.

23    Q   And that this - you testified before, you don't know whether  
24       any predecessor to Premera Blue Cross is a charitable  
25       organization?



LEWIS REID - Cross

1 A I do not.

2 Q Thank you.

3 COMMISSIONER KREIDLER: Mr. Reid, I had a couple of  
4 questions that I wanted to ask.

5

6

7

CROSS-EXAMINATION

8

9 BY COMMISSIONER KREIDLER:

10 Q One of them was that, as we heard yesterday in testimony that  
11 institutional investors could control 10 percent of the  
12 shares, but that was not true for the foundations together.  
13 Do you think that that is - that the same status should be -  
14 should exist for the foundations as does apply to the  
15 institutional investors?

16 A Well, by institutional investors, what they're talking about  
17 is mutual funds, so that the equity ownership is really  
18 spread widely, and I - I don't think I really have an opinion  
19 on that. I don't believe that the BCBSA has changed that  
20 particular aspect of the transaction from the time they  
21 imposed that on us in 1996 in California to the current date.

22 Q One of the issues that's been discussed this morning has been  
23 the issues relative to a divestiture schedule, which you  
24 point out in your opinion should exist. If that's so, then  
25 is the one that's specified right now in the Form A filing

LEWIS REID - Cross

1 the divestiture schedule that you'd necessarily recommend,  
2 should it be longer, more flexible, are there any differences  
3 that you would suggest as a part of the divestiture schedule?

4 A Well, let me contrast it with what we dealt with in  
5 California. First, in California we didn't have the one-year  
6 80-percent deadline because the public already owned 80  
7 percent of the WellPoint, after all the smoke cleared in the  
8 conversion. Beyond that, the schedule in California was much  
9 more severe than here, because there was a 20-percent  
10 deadline at three years, I believe, and a five-percent  
11 deadline at five years. So here, after three years, you have  
12 a 50-percent deadline or a 50-percent point, after five years  
13 a 20-percent point, and they've gone way out to 10 years for  
14 the five-percent point. And this also tracks with the IRS  
15 schedule, if this were a private foundation, because there  
16 the five-year deadline would be 20 percent. So, I really -  
17 my own belief is that the foundations will be anxious to  
18 diversify their portfolio, they'll be anxious to get money to  
19 do their charitable activities. We've just been through the  
20 bear market and my anticipation is that they'll be out of the  
21 stock faster than this divestiture schedule.

22 Q So you wouldn't propose necessarily any changes in the  
23 schedule as it's been proposed in the Form A?

24 A No.

25 Q I'm curious, what would be the impact on the value of the

LEWIS REID - Cross

1 stock held by the foundation if New Premera were to issue  
2 more stock, would that have a negative impact on the value of  
3 the stock held by the foundation?

4 A I would think not. But you have to understand, sir, that I'm  
5 not an investment banker. So take that as a footnote to what  
6 I say. The issuance of additional stock has two effects, one  
7 is that it helps in the divestiture schedule because the  
8 divestiture schedule isn't tied to the amount of stock that's  
9 issued to the foundations at the outset, and to the extent  
10 that there's additional stock issued in the IPO, for example,  
11 it will in itself reduce the shareholdings of the foundations  
12 even if they don't sell any stock. So, part of meeting the  
13 divestiture schedule, and it's probably not right to call it  
14 a divestiture schedule, it's a stockholding schedule, part if  
15 it's met by the additional stock that's sold by the company.

16 The other is that in our experience with WellPoint, the  
17 investment bankers told us, and it turned out to be true,  
18 that creating a market and increasing the size of the float  
19 in the market would enhance the value of the stock, so that  
20 the more stock we got into the market, the more liquid the  
21 market was, the more investors were willing to come into it,  
22 and the value of the stock rose accordingly. So, I think if  
23 our experience is any guide what will happen is that quite  
24 apart from general market conditions, the creation of a  
25 healthy float in the stock will enhance the value of the

LEWIS REID - Cross

1 stock and accordingly the value of the charitable endowment.

2 Q So issuing more stock after 100 percent of the initial stock  
3 offering was placed in the foundation would not reduce the  
4 value of the stock held by the foundation?

5 A I don't believe so. I think what will happen is it will  
6 contribute to a healthy public market and encourage investors  
7 and raise the value of the enterprise.

8 Q In California obviously there was no debate that took place  
9 or discussion or hearings on conversion because of, as you've  
10 described, the process that was followed in California. So  
11 there really wasn't a public process followed at that time  
12 for the conversion; is that correct?

13 A Well, that's right. I think all the same parties were at the  
14 table and the views expressed were very similar to the views  
15 that I've heard here and read in all the submissions. The  
16 process was very different. There was not an adjudicatory  
17 hearing. And if anything, Gary Mendoza (phonetic), who was  
18 then the Commissioner of Corporations, sat in the seat that  
19 you're in now and the - he had consultants much the same as  
20 the consultants that the OIC has here, all of the same kinds  
21 of topics were the subject of consultant reports. And then  
22 the parties that are Intervenors here were really people who  
23 had direct communication with the Department of Corporations.  
24 So, the DOC was getting the same input, and the difference,  
25 if you will, is that the DOC was receiving, filtering and

LEWIS REID - Cross

1 mediating that input, and then, in what I thought was kind of  
2 an extraordinary effort by a public official, was actually  
3 one-on-one negotiating the terms of the documents with  
4 Blue Cross.

5 Q So in effect the Department of Corporations then heads the  
6 debate on whether they could convert or not, or was it more  
7 of a debate on the question of how much money would be  
8 essentially set aside for a foundation for public purposes?

9 A Let me think back. I think the discussion by the time I got  
10 into it and by the time the BCBSA changed its rules shortly  
11 thereafter was not focused on whether there would be a  
12 conversion. I think - I think for the most part it was  
13 believed that the conversion would be a step forward both  
14 from WellPoint's standpoint, because they were in an awkward  
15 structure of having a New York Stock Exchange company with a  
16 nonprofit parent and a taxable nonprofit, and from the  
17 commissioner's standpoint, because he wanted a commitment of  
18 a much larger amount for charity. So, I think it's fair to  
19 say that, although some of - some of the parties which would  
20 be Intervenors in an adjudicatory process here, might have  
21 expressed to the Department of Corporations the view that  
22 there should not be a conversion permitted, I think for the  
23 most part the assumption was that there would be and it was  
24 the terms on which it would occur.

25 Q That's consistent with what I understood too. And I think

LEWIS REID - Cross

1       it's - that there was really no debate then on conversion, it  
2       was really much more of a debate then trying to - how do you  
3       salvage a situation that's gotten incredibly complex because  
4       of the effort that was made initially by WellPoint in  
5       transferring its assets to a for-profit entity; is that  
6       correct?

7   A   Yes.

8   Q   You raised the issues on tax considerations here for - would  
9       it be important to make sure that whatever foundation was  
10      created was considered as a 501(c)(4) so that there were no  
11      complications then for the tax considerations that you  
12      raised?

13  A   Yes.

14  Q   Is it correct that WellPoint, or I should say the California  
15      Blue's competition, before their conversion, was - their  
16      competitors were largely for-profit in California?

17  A   I don't really know.

18  Q   I think that was one of the points that Washington -  
19      Washington State is a very different environment, if in fact  
20      that was true in California. It isn't true here in the state  
21      of Washington where we've had such strong dominance by  
22      non-profits as - and I don't know what the conditions were in  
23      California.

24  A   Well, certainly Health Net had already converted and created  
25      the Wellness Foundation. And you're well familiar with the

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1 Kaiser, which is really a dominant player in California. But  
2 beyond that, I can't speak. I think UniHealth was still  
3 nonprofit at the time. But - so, there were at least big  
4 nonprofit players, but I don't have knowledge of what the  
5 market shares were.

6 Q Thank you very much.

7 JUDGE FINKLE: Follow-up?

8 MS. deLEON: (Shakes head.)

9 JUDGE FINKLE: Any follow-up?

10 MS. HAMBURGER: No, Your Honor.

11 JUDGE FINKLE: Okay. Shall we say two o'clock?

12 (Lunch recess.)

13 MS. EMERSON: At this time we call Dr. John

14 Gollhofer

15

16 JOHN GOLLHOFFER, M.D., having been first duly sworn  
17 by the Judge, testified as  
18 follows:

19 JUDGE FINKLE: Please sit down.

20

21

22 DIRECT EXAMINATION

23

24 BY MS. EMERSON:

25 Q Good afternoon, Dr. Gollhofer.

A Good afternoon.

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- 1 Q Could you please state your full name for the record.
- 2 A John Gollhofer, G-O-L-L-H-O-F-E-R.
- 3 Q What is your occupation?
- 4 A I'm an obstetrician/gynecologist.
- 5 Q And how long have you been practicing medicine?
- 6 A Twenty-six years.
- 7 Q Who is your employer?
- 8 A I'm currently at the Rockwood Clinic in Spokane.
- 9 Q What is your relationship to Premera Blue Cross?
- 10 A I am an independent director of Premera Blue Cross.
- 11 Q And as a director, do you serve on any board committees?
- 12 A I'm the chair of the quality committee.
- 13 Q Can you please summarize for the commissioner your
- 14 educational background.
- 15 A I graduated from Yale University in 1968, and I graduated
- 16 from Washington University School of Medicine in 1972. I did
- 17 a year of internship in St. Louis, Barnes Hospital. I then
- 18 was two years in the National Health Service Corps, which is
- 19 part of the Public Health Service. I was in a doctor-poor
- 20 area, south coastal Oregon. I then finished my OB/GYN
- 21 residency in Phoenix. And after that went to practice in
- 22 Illinois.
- 23 Q Can you summarize for us, please, your professional career.
- 24 A I practiced, as I say, two years of family medicine with the
- 25 Public Health Service in south coastal Oregon. I was then in



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1 a large multi-specialty group practice in Quincy, Illinois,  
2 west central Illinois. I was there from '78 until '90. And  
3 from '90 until now I'm at the Rockwood Clinic.

4 Q And where is the Rockwood Clinic located?

5 A Rockwood Clinic is in Spokane, Washington.

6 Q Besides your board work for Premera, what other organizations  
7 have you done work for, been affiliated with?

8 A As you know, my day job is - and night job too, I guess, is  
9 delivering babies. But I realized early on there are things  
10 that we can do to help the healthcare delivery system and the  
11 health status of our population in terms of systems  
12 activities. For that reason I got involved in organized  
13 medicine early and have been a member of the state and county  
14 societies from starting practice. I served as president of  
15 the county society in Illinois, and then I served as  
16 president of the county society in Spokane, and also was  
17 president of the Washington State Medical Association in the  
18 year 2000.

19 Q And are you affiliated with any other organizations? Do you  
20 serve on any other boards?

21 A No, I do not.

22 Q Now, your pre-filed direct and your pre-filed responsive  
23 testimony have been filed and served in this proceeding. Do  
24 you adopt that testimony?

25 A Yes, I do.

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1 MS. EMERSON: Dr. Gollhofer's pre-filed direct and  
2 responsive testimonies have been pre-marked as Exhibits P-18  
3 and P-19 respectively. With the adoption of his testimony,  
4 Premera now moves to admit these exhibits into the record.

5 MR. HAMJE: No objection.

6 MR. COOPERSMITH: The Intervenors have no  
7 objection.

8 JUDGE FINKLE: Admitted.

9 Q (By Ms. Emerson) Other than as a subscriber, how did you  
10 come to be acquainted with Premera?

11 A I came to be acquainted with Premera and the other health  
12 plans in my service with the Washington State Medical  
13 Association. As president of WSMA, we were quite critical of  
14 a number of the health plans, and one day I got a call from  
15 John Castiglia, who is still the medical director of Premera,  
16 and they said he'd like to meet with me. And there was a  
17 little trepidation, I'll say. And Jeff Collins and I were  
18 actually traveling from Olympia, and we met John at the  
19 airport, and we all - Jeff and I were there before John got  
20 there. John came in, he sat down, he opened up a notebook  
21 and said, Now, what can we do for you to help make this  
22 right? And then Jeff and I proceeded to tell him for about  
23 an hour what we thought he could do to help make it right.  
24 And I think Premera's been working hard at that ever since.

25 About a year after that, Premera asked me to come and

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1 speak to one of their managers' meetings, which I did, giving  
2 I guess you'd say the physician's perspective on the  
3 situation in healthcare.

4 Sometime after that, then I received a call from Gubby  
5 Barlow asking if I'd be interested in being on the board of  
6 Premera. I was a little surprised at first but then realized  
7 that it really was an opportunity to maybe make an impact in  
8 terms of the healthcare delivery system in a way that I  
9 hadn't really considered doing before. And I was very  
10 pleased to join the board and I've enjoyed serving on the  
11 board.

12 Q Now, you mentioned that on the board you chair the quality  
13 committee. I'd like to ask you some questions now about some  
14 of Premera's quality initiatives. First of all, what is the  
15 purpose of the board quality committee?

16 A The board quality committee essentially functions as kind of  
17 the medical side of the board activities. As such, we have -  
18 there are four members on the board, three are physicians.  
19 I'm an obstetrician/gynecologist, we have an  
20 otolaryngologist, and neurosurgeon, as well as a labor  
21 leader. The quality committee is charged with ensuring that  
22 the health status of the members of Premera as well as the  
23 satisfaction improves over time. And our committee is  
24 charged with reviewing and setting policies and holding the  
25 Premera management accountable that those policies and

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1 activities are instituted successfully.

2 Q I know your pre-filed testimony does discuss some of - a  
3 number of Premera's quality initiatives, and I know that  
4 we'll hear from Dr. Chauhan later on in this proceeding who  
5 will address those in some more detail. But at this point  
6 could you help the commissioner understand the nature of  
7 those quality - those programs, could you please give us a  
8 summary?

9 A As I say, the purpose is to improve health status and  
10 satisfaction of members. Of course going from that to  
11 implementation and policy is tricky. We have a number of  
12 programs that we are using and that we are very proud of.  
13 I'd say Dr. Chauhan will discuss those in detail. I'd just  
14 like to say that the thing we are most active in would be our  
15 disease management and our case management activities. In  
16 terms of disease management, we have a fantastic healthcare  
17 infrastructure, as you are aware of, but we are not always  
18 integrated, as I think you pointed out yesterday. And where  
19 Premera and the quality committee sees a major opportunity is  
20 helping to integrate those activities.

21 As an example, I recently had a patient, a very fine  
22 young woman who unfortunately was addicted to narcotics. We  
23 were taking care of her obstetrically. She had an outpatient  
24 addiction treatment that she was in. She came in and  
25 delivered her baby. Her baby had major issues and was in the

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1 intensive care unit. We had the whole challenge of inpatient  
2 drug treatment because the outpatient treatment of course  
3 couldn't come into the inpatient setting. And then of course  
4 when she was ready for discharge we had all the issues of  
5 getting her back to the outpatient treatment center, giving  
6 her the infrastructure to help continue to come and see her  
7 baby in the nursery, who was undergoing withdrawal treatment.

8 A long way of saying that somebody has to coordinate all  
9 of this activity, and it really fell to me to do that. And  
10 in this case I really wasn't comfortable I was doing a great  
11 job, and had she been covered by Premera I would have simply  
12 called the case manager for Premera and said hey, take over  
13 here. And that person would have been responsible for  
14 coordinating all of those activities.

15 With proper case management you can facilitate  
16 admission, you can facilitate care in the hospital, and  
17 especially facilitate absence of re-admission.

18 We also have chronic disease management programs, which  
19 again as you are aware, the chronic diseases involve a lot of  
20 major health - it's sustaining issues with a lot of different  
21 specialists, a lot of coordination, whether it be diabetes,  
22 which requires ophthalmology and podiatry and all these other  
23 folks to be involved. In say adrenal disease, which has a  
24 lot of complicated management issues, and especially keeping  
25 track of, the grant needs to know when there's likely to be

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1 progression. We are very proud of Premera's programs that  
2 deal with these chronic disease issues that help to optimize  
3 the management. So that we optimize the treatment, we tend  
4 to prevent progression and tend to prevent complications.

5 Q Can you describe for us how these quality initiatives can  
6 impact utilization issues?

7 A Well, as I was saying, I think that - you know, I guess the  
8 mantra of our programs is that the right care at the right  
9 time and the right setting. And of course if you do all of  
10 those things well, you are going to minimize the cost, as  
11 well as optimize the outcome.

12 Q Can you describe the company's commitment to the quality  
13 initiatives?

14 A Well, of course in the quality committee there are three  
15 physicians and one non-physician. We get to the board and  
16 it's a little bit of the opposite. And again, it's our - my  
17 job really is to present to the board the exciting aspects of  
18 what the quality committee is doing. And again, I think it's  
19 working. The board is always very responsive to the  
20 presentations. The board is clearly committed to  
21 implementing these programs and clearly is behind what we are  
22 doing philosophically and organizationally.

23 Q And from your view and your vantage point, what is the  
24 Premera management's level of commitment to these programs?

25 A It's extremely high.

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1 Q Overall, can you describe for us from your view how the  
2 conversion will impact these patient quality programs?

3 A I think the conversion will have a very positive impact. Now  
4 we have - and I told you the programs we are so proud of, but  
5 of course that's maybe five diagnoses. And I think the ICD-9  
6 book, help me if I'm wrong, Bob, has 700 diagnoses or  
7 something. And again, wouldn't it be nice if we could take  
8 that to the top 10 or the top 15 or the top 20, which is  
9 where we'd like to go, but of course that requires a lot of  
10 investment. That requires software, hardware and personnel  
11 to administer those programs.

12 Q Dr. Gollhofer, as you know, some of the Intervenor witnesses  
13 have commented negatively on Premera's relationship with  
14 providers. They've also expressed concerns about working  
15 with Premera after a conversion. How do you respond to those  
16 comments?

17 A My own experience with Premera as a provider has been very  
18 positive. And this long antedates my being on the board.

19 In the old days, MSC maybe 10 years ago or so, there  
20 were pre-authorizations and other sort of utilization -  
21 stringent utilization management programs. And I think I  
22 heard from Bill once regarding a proposed hysterectomy. I  
23 haven't heard from anybody from Premera since then. I have  
24 no issues with authorizations or restrictions. I don't get  
25 called asking me why I'm using this drug or that; I just

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1 don't hear from them. So I guess I'd say I don't find any  
2 healthcare management hassles with Premera at all.

3 Q You mentioned someone named Bill contacting you. Can you  
4 tell us who he is and when he contacted you?

5 A I'm sorry, Bill Marino (phonetic). You remember Bill was the  
6 medical director there probably 12 years ago.

7 Q And for the - 12 years ago that you contacted him --

8 A Must have been, yeah. Sorry.

9 Q Some of the witnesses have commented that Premera is even  
10 among the most difficult to work with among all health plans.  
11 Can you comment on that, please?

12 A You know, again, I don't find them difficult to work with. I  
13 think the disease management programs probably help a lot of  
14 physicians and facilitate their care of patients. I don't  
15 have any patients who fall under those diagnostic categories.  
16 But again, I find Premera easy to work with. And again, I  
17 guess I'd say that's my individual experience. I think there  
18 may be others who have other individual experiences, but of  
19 course we have some data that would back up the fact that  
20 physicians in general are very satisfied with Premera's  
21 behaviors.

22 Q Can you please open your notebook and turn to Exhibit P-38,  
23 please.

24 A Yes.

25 Q Dr. Gollhofer, can you describe for us what Exhibit P-38 is,



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1 please?

2 A P-38 is a high-level summary of a survey that was performed  
3 at the request of Premera by an independent research  
4 organization regarding physician satisfaction.

5 Q And when was that presentation done?

6 A I presented this - it was presented to the quality committee  
7 on February 10, and I presented it then to the board on  
8 February 11, '04.

9 MS. EMERSON: At this time we would move to admit  
10 Exhibit P-38 into the record.

11 MR. HAMJE: May I have a moment to take a look?

12 JUDGE FINKLE: Yes.

13 MR. HAMJE: The OIC staff would object; no  
14 foundation.

15 JUDGE FINKLE: Could you provide a bit more  
16 foundation, please?

17 Q (By Ms. Emerson) Dr. Gollhofer, as a member of the quality  
18 committee for the board at Premera, what kind of feedback  
19 would you receive about provider satisfaction with Premera?

20 A Part of it - an integral part of the quality committee  
21 activities would be to know the satisfaction of our  
22 customers, among them being the physician customers, and to  
23 get feedback from them as to how we could do better, in what  
24 ways we could do better. As a member of the WSMA leadership,  
25 one of our major issues was the hassle factor in transactions

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1 with insurance companies. The hassle factor not only sort of  
2 zapping one's energy but also costing overhead.

3 And again, the health plans and organized medicine as  
4 well as the hospital association have been working together,  
5 oh, my, I think it's about six years now, originally group -  
6 an informal group called the Guaymas Island Group that  
7 ultimately then became the healthcare forum - blanking on the  
8 name, senior moment - the Washington Healthcare Forum. And  
9 now that's a formal organization that continues to work  
10 together to try to diminish the transactional hassles. But  
11 as part of Premera's quality committee activities we want to  
12 know what the physician perception is of our relationship  
13 with them. Because obviously if they are dissatisfied with  
14 us in some regard, we'd like to fix that, we'd like to make  
15 it right.

16 Q And is Exhibit 38 the kind of feedback that you rely on in  
17 the conduct of your affairs as a member of the - the chair of  
18 the quality committee?

19 A Absolutely. I mean what we are looking for is data; we are  
20 not looking for anecdote. We are physicians there, forgive  
21 us, we try to act as scientists, so we want to have some  
22 data.

23 Q And I'm sorry, was it your prior testimony that this is  
24 information that was presented to you by Premera after it  
25 conducted - or had an independent forum conduct a survey for

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1 patient satisfaction?

2 A Yes.

3 Q I'm sorry, provider satisfaction?

4 A Yes, that's correct.

5 MS. EMERSON: At this time we would again move for  
6 the admission of this exhibit into the record.

7 MR. HAMJE: No objection.

8 MR. COOPERSMITH: And Intervenor's do have a point  
9 of clarification. Does Exhibit 38 represent the entire item,  
10 the entire survey summary?

11 THE WITNESS: Yes, I think it does.

12 MS. EMERSON: It should be complete.

13 THE WITNESS: The summary. It's not the whole --

14 MR. COOPERSMITH: It represents the entire summary?

15 MS. EMERSON: It's the presentation, yes.

16 MR. COOPERSMITH: That's what the witness can  
17 confirm?

18 THE WITNESS: Yes, sir. This would be, if you  
19 will, the slides derived from the PowerPoint presentation  
20 that was presented. It's in its entirety because we always  
21 end with the questions slide. So yes, I'm sure it's all  
22 there.

23 MR. COOPERSMITH: Thank you. The Intervenor's have  
24 no objection to the admission of Exhibit 38 at this time and  
25 would request the underlying - the supporting documentation

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1 as well. Thank you.

2 JUDGE FINKLE: Thirty-eight is admitted.

3 Q (By Ms. Emerson) Dr. Gollhofer, could you please highlight  
4 for us the key findings from this survey?

5 A In terms of methodology, this was an on-line survey regarding  
6 physician satisfaction. The physicians did know that the  
7 survey was from Premera. It was a random sample. As you  
8 see, almost 5,000 physicians were sent this - were invited to  
9 participate. As you can see, there tends to require an  
10 honorarium to get participation. Ultimately, about a - a  
11 little over 11 percent of the contacted physicians did return  
12 - did respond and complete the survey tool, which is about  
13 what one would expect with a survey such as this.

14 You can see there was a relatively equal response from  
15 Washington - proportionately from Washington, Oregon and  
16 Alaska. And then the responses were weighted by the  
17 aggregate number of physician providers in the areas. Then  
18 on page - the next page, overall satisfaction among  
19 physicians increased significantly in '03 from '02. This is  
20 something done annually, I should have clarified that. So  
21 I'm on page three now of the...

22 The mean rating improved from seven point three to seven  
23 point seven on a 10-point scale. The real significant issue  
24 here though is that physicians rated Premera much better or  
25 better than other health plans they contract with, 75 percent

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1 did in '03, and you can see 60 percent had in '02. So not  
2 only had there been significant improvement for that period  
3 of time, but three-quarters of physicians felt that Premera  
4 was better or much better. And in fact, if you add in the  
5 number that felt it was equal to, it comes to 96 percent. So  
6 really only four percent of responded physicians felt that  
7 Premera was less good than the other health plans that they  
8 contract with.

9 And of interest was, the highest impact on satisfaction  
10 was the ability to resolve questions regarding payments and  
11 the promptness of claims reimbursements, things that I guess  
12 we maybe have been criticized by in other individual cases.

13 Q I know you've heard it said in this proceeding that some  
14 providers feel that Premera's reimbursement rates are too  
15 low, and concern has been expressed about provider  
16 reimbursement rates decreasing if the conversion happens.  
17 What's your response?

18 A I guess physician providers have historically complained that  
19 reimbursements were too low, and I don't know that that's  
20 ever going to change. The complaints I think have gotten  
21 louder recently because overheads have climbed so steeply.

22 As far as I can tell, physician compensation is  
23 determined by market forces, it's not determined by any one  
24 individual insurance payer in the marketplace. Having said  
25 that, I would qualify by saying I suspect that payment really

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1 is set by Medicare, by HSA, and everyone sort of devolves  
2 from there. For all intents and purposes, an individually  
3 contracting health plan is going to have to pay the market  
4 rate or they are not going to have providers.

5 Q How do you respond to those witnesses who claim that Premera  
6 is somehow expected to compensate providers for low  
7 government reimbursement rates for their Medicare and  
8 Medicaid patients?

9 A In the Intervenor pre-filed testimony was made reference to  
10 the fact that Medicaid pays us abysmally - sorry, I'm  
11 paraphrasing, that government programs don't pay as well as  
12 they should, and that we rely on the commercial programs to  
13 sort of make up the difference so that we can cost shift.  
14 And again, that's what we historically have done. That of  
15 course puts a terrific pressure on the premium. If the  
16 health plan has to collect enough money to not only pay for  
17 healthcare services to their members but also to pay for  
18 healthcare services to government-sponsored non-members - and  
19 of course as a Premera provider, I'd like to see them do more  
20 of that. As a Premera subscriber, on the other hand, I sure  
21 don't want to pay more premium to subsidize all those other  
22 patients. I think to expect commercial carriers to continue  
23 to subsidize the state- and federally-sponsored programs is  
24 just not realistic.

25 Q You stated in your pre-filed testimony that providers need a

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1 strong insurance market as much as insurance - insurers need  
2 providers. Can you explain what you meant by that?

3 A Some of us remember the bad old days when the Unified  
4 Physicians of Washington came on with such promise and  
5 enthusiasm and so many of us invested a significant capital  
6 into that company. Evidently that wasn't enough capital and  
7 the company, as you are well aware, didn't do well. I think  
8 it was two years and it ended up in the commissioner's lap.  
9 That was formed by the physicians in an attempt to right the  
10 perceived wrongs of the health insurance industry, and I  
11 think we realized or many of us realized that, you know, you  
12 need an expert to run an insurance company and it can't be  
13 done by amateurs.

14 In Spokane, again as the commissioner is aware, we had  
15 the very unfortunate issue of Spokane Health Link, which was  
16 an intermediary, collected monies and never - it was  
17 insolvent and was unable to pay those monies to the  
18 providers. And a lot of providers - and then went into  
19 bankruptcy, and the providers not only had to go without the  
20 cash flows, in some cases they even had to refund some of the  
21 monies they had been paid under the terms of the bankruptcy  
22 ruling and ultimately were left holding a lot of bad debt.

23 And then a major example of course was Kitsap  
24 Physicians. Again the commissioner is familiar with that  
25 situation. That company became under-capitalized, and in

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1 order to, my understanding was, to rescue the company,  
2 physicians and other providers actually forewent receipt of  
3 monies I think for three months, wasn't it? Something like  
4 that. Anyway, there was a three-month hiatus in cash flows  
5 to providers while they recapitalized the company.

6 In other words, whether providers - whether we providers  
7 like it or not, we are dependent on strong, solid, effective,  
8 efficient third-party payers, insurance companies to keep  
9 this whole healthcare system going. And from that  
10 standpoint, I've said that the first time I testified at one  
11 of the committee hearings, and I've been saying it sense, I  
12 believe the conversion is important to help Premera stay  
13 strong. And I think a strong Premera is in the benefit of  
14 all of us: providers, subscribers, and those of us in public  
15 policy.

16 Q Dr. Gollhofer, how many health plans do you currently serve?

17 A The two big health plans in my practice of course are  
18 Medicare and Medicaid, and that's probably a little over 50  
19 percent. The other 50 percent would be divided among the  
20 players in Eastern Washington. And I would guess that  
21 Premera's probably, of the 50 percent that's left - sorry,  
22 let me do the math. So of the 100-percent pie, Premera is  
23 maybe 15 percent, Group Health is maybe 14 percent, then of  
24 the remaining 20 percent that's a smattering of Regence  
25 Asuris, the TRICARE programs, PHCO, Aetna, the Carpenters



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1 Union Trust is a big one. So there's a lot of different -  
2 different commercial payers that I deal with.

3 Q And have you seen the number of health plans that the  
4 Rockwood Clinic is serving increase in the last five to seven  
5 years?

6 A I think, you know, it's stayed about the same. You know,  
7 there have been some players pull out of the market. You  
8 know, QualMed is gone but Molina is there. The Regence  
9 wasn't there but then has come in pretty strong with their  
10 Asuris product. Sisters of Providence was there and they are  
11 not there. So I think there's an ebb and flow of insurers  
12 into the market.

13 Q Your pre-filed testimony addresses the potential impact of  
14 the conversion on Eastern Washington and rural communities in  
15 particular. What's the basis for your views?

16 A Living and working in Eastern Washington I have a lot of  
17 familiarity and a lot of vested interest. And I'll say that  
18 Premera has stuck with us through thick and thin, through the  
19 bad days of the late '90s and they are still here now. I  
20 know from my service on the board that Premera needs a  
21 statewide network, it needs a full network. That's really  
22 one of their major assets. And they are not going to do  
23 anything that's going to jeopardize that statewide network.  
24 I believe that Premera is there for the long run and has a  
25 commitment to Eastern Washington.

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1 Q Do you think the conversion will lead to lower reimbursement  
2 rates for providers?

3 A No, I do not. As I stated, I believe that providers are paid  
4 on the basis of market forces. I don't think the conversion  
5 is going to have any affect on that at all. I think where  
6 this is coming from is the implication that for-profit health  
7 - implication of the statement that for-profit health plans  
8 are going to concentrate on profits and nonprofit health  
9 plans will concentrate on service, and there's just no  
10 factual basis to make that statement. But at this point I  
11 would like to refer to the article that was introduced in  
12 Sally Jewell's testimony yesterday, if I may, and I think  
13 that was P-3.

14 Q The New England Journal of Medicine Article?

15 A The New England Journal of Medicine Article.

16 Q I believe that was P-3.

17 A And again, I understand that, you know - I was a molecular  
18 biology major so forgive me with this, but this article I  
19 find very exciting reading and very fascinating reading. If  
20 you look at the authors, these are three - these authors work  
21 at Harvard. I mean these are top-quality guys. And up front  
22 they state their hypothesis, which is, "We tested the  
23 hypothesis that the rates of use of 12 common high-cost  
24 procedures would be lower in for-profit health plans than in  
25 not-for-profit health plans." So that's the same hypothesis,

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1 if you will, that the Intervenor have been sort of bringing  
2 forth. But here they tested it scientifically. In fact,  
3 they looked at HEDIS data on three and a half million  
4 beneficiaries of 254 health plans. So that's a huge, huge  
5 base of data that they are working from. So what they - so  
6 their conclusions are going to be accurate from a statistical  
7 standpoint.

8 "Conclusions: Contrary to our expectations about the  
9 likely effects of financial incentives...." So again, they  
10 were up front about the prejudice that they brought to this  
11 study, not unlike the prejudice we see being brought to this  
12 argument right now.

13 "Contrary to our expectations about the likely effects  
14 of financial incentive, the rates of use of high-cost  
15 operative procedures were no lower among beneficiaries  
16 enrolled in for-profit health plans than among those enrolled  
17 in not-for-profit health plans." So in other words, there  
18 was no difference in provision of service or access to care  
19 whether the plan was profit or nonprofit, which is the point  
20 that I've been trying to make all along, that what determines  
21 behaviors has nothing to do with the profit or not-for-profit  
22 status.

23 And then, if I may, I'd like in that same article to  
24 turn to page - it would be listed as page 148, so before the  
25 end. I'm going to be reading under Discussion. "There is

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1       widespread concern that the financial incentives of managed  
2       care will lead health plans, particularly for-profit health  
3       plans, to restrict Medicare beneficiaries' access to  
4       important healthcare services, such as high-cost operative  
5       procedures. Despite this concern, we found no evidence that  
6       enrollees in for-profit plans were less likely to receive  
7       such procedures. This was true for both 'low-discretion'  
8       procedures..." You could argue that if somebody has a hip  
9       fracture, you know, they are going to get that fixed. That's  
10      not a discretionary expenditure, if you will, by the health  
11      plan.

12             But also, reading now from the top of the next column,  
13      also, "and a 'high-discretion' procedure, such as  
14      hysterectomy (for which in many cases there is less consensus  
15      about the benefits and risks of the procedure)." In other  
16      words, if a health plan were trying to maximize its profits,  
17      it could conceivably make it pretty difficult to get a  
18      hysterectomy, because unless it's cancer, those patients are  
19      rarely critically in need of that healthcare intervention.

20             And then I just want to go to the last - start this next  
21      paragraph, and then I'll stop boring you with this article.  
22      But... "Our results are somewhat contrainuitive." Well,  
23      only if you prejudice in the first place that you figured the  
24      for-profit plans were going to be misbehaving.

25             "Health plans can select from a long list of strategies

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1 to influence the use of clinical services." But they didn't.  
2 So I guess - I think this is high-quality research that  
3 proves the point that I think I've been trying to make for  
4 the last several months, which is that whether a plan is  
5 for-profit or nonprofit is irrelevant in terms of how it's  
6 going to behave in terms of healthcare beneficiaries.

7 Q Thank you, Dr. Gollhofer.

8 MS. EMERSON: No further questions at this time.

9

10

11

CROSS-EXAMINATION

12

13 BY MR. HAMJE:

14 Q Doctor, my name is John Hamje. I am a special assistant  
15 attorney general appearing on behalf of the staff today.

16 I would like you to please, if you have it in front of  
17 you, Exhibit P - let's see, P-18, please. If you would turn  
18 to page five of that exhibit, please.

19 A I will.

20 THE WITNESS: Can you still hear me okay?

21 COURT REPORTER: (Nods head.)

22 A Yes.

23 Q (By Mr. Hamje) The answer to the first question, the last  
24 sentence, you say "The proposed conversion will help provide  
25 the capital the company needs to make those investments."

JOHN GOLLHOFFER, M.D. - Cross

1 And by "those investments" you are talking about the  
2 company's care facilitation, disease management, and other  
3 healthcare quality programs?

4 A Correct.

5 Q If Premera does not convert, will that affect Premera's  
6 investment in supporting and growing these programs?

7 A In supporting the programs, I would think not. In growing  
8 the programs, I would think possibly. In other words, you  
9 know, as a clinician I'd like to see us go from five or six  
10 to 25 or 26. And that's the pressure Premera gets from us.  
11 And of course the reality is that it takes money - it takes  
12 capital for the investment in the hardware, software and  
13 personnel to allow for that to happen. So I guess I'd say  
14 that if we had - again, help me, I'm not a Ph.D. in  
15 economics, but my sense is if we had access to capital, more  
16 ready access to capital, we could have more rapid starting up  
17 of these additional programs.

18 Q So you are suggesting that without the conversion, the  
19 programs, growing them - you wouldn't be able to grow them as  
20 quickly or have as many of them grow, is that --

21 A That would be my - yes.

22 MR. HAMJE: That's all we have of this witness.

23 (Continued on next page.)

24

25

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CROSS-EXAMINATION

1

2

3 BY MR. COOPERSMITH:

4 Q Good afternoon, Dr. Gollhofer. Let me begin my expressing my  
5 personal regard to you and my personal gratitude for your  
6 participation in this conversation today. Let me also  
7 express on behalf of the WSMA the great regard the  
8 association has for the outstanding care you have provided to  
9 patients over the years and also for your distinguished  
10 service as WSMA president.

11 A Thanks.

12 Q Turning to the healthcare initiatives to which you just  
13 testified, you mentioned that Premera has a program on  
14 disease prevention, on chronic disease management, and health  
15 education, among others; is that correct?

16 A Yes.

17 Q And that all of these initiatives are under way now; is that  
18 correct?

19 A That's correct. But again, I just - those are - those are  
20 sort of general headings under which various initiatives are  
21 in process --

22 Q Correct, just using a description of those programs and they  
23 are all under way now; is that correct?

24 A Correct.

25 Q Thank you. And has the quality committee that you chair ever

JOHN GOLLHOFFER, M.D. - Cross

1 designed a health initiative that Premera told you it  
2 couldn't do because it needed to convert first?

3 A No. Obviously the answer to that is no. But I would --

4 Q Thank you.

5 MS. EMERSON: If I could object, please. If the  
6 witness could be allowed to complete his answer.

7 JUDGE FINKLE: You can handle this on redirect. I  
8 think that was a yes-or-no question.

9 So go ahead, please.

10 MR. COOPERSMITH: Thank you, Your Honor.

11 Q (By Mr. Coopersmith) Can you tell us, Dr. Gollhofer, what  
12 was the net cost to Premera of their disease prevention  
13 initiatives?

14 A I don't know.

15 Q And can you tell us what the net cost to Premera was of any  
16 of the initiatives that you discussed today?

17 A I do not know.

18 Q You are aware that Premera said in its filings that it paid  
19 \$125 million to develop and implement the dimensions program;  
20 is that correct?

21 A Correct.

22 Q And is it your belief that Premera has spent anything close  
23 to 125 million dollars for its healthcare initiatives?

24 A The activities under the quality committee are very dependent  
25 on that dimensions' operating platform in terms of



JOHN GOLLHOFFER, M.D. - Cross

1 information management and acquisition of data. So I guess I  
2 can't really say that one is separate from another. And in  
3 terms of how much money, if you somehow did - if the  
4 accountants did break out that into various categories, how  
5 much money would be spent on the quality programs, as I said,  
6 I don't know.

7 Q And can you name for us three health initiatives that Premera  
8 could only do as a for-profit health insurance company?

9 A No, I couldn't.

10 Q Could you name two initiatives that Premera could only do as  
11 a for-profit healthcare insurance company?

12 A The initiatives we are trying to do all require capital  
13 investment.

14 Q I'm just asking a different question, Dr. Gollhofer. I  
15 understand your desire perhaps to answer a different  
16 question, but my question was very simple: Can you name two  
17 health initiatives that Premera can only do as a for-profit  
18 company?

19 A No.

20 Q Or even one?

21 A No.

22 Q Okay. Let's move on then. I gather from your testimony,  
23 Dr. Gollhofer, that you've never been a solo practitioner in  
24 this state, have you?

25 A Have not been.

JOHN GOLLHOFFER, M.D. - Cross

1 Q And I gather from your testimony that you've never been in a  
2 small- or medium-size medical practice in this state either?

3 A No.

4 Q In fact, you've spent your entire career in Washington State  
5 at the Rockwood Clinic; correct?

6 A That's correct.

7 Q I think we can all agree that the Rockwood Clinic provides  
8 superb care to its patient; will you agree on that?

9 A We agree.

10 Q Excellent. And the Rockwood Clinic we understand serves  
11 about 120,000 patients a year; is that about right, does that  
12 sound right to you?

13 A I don't know.

14 Q Okay. Is it fair to say that the Rockwood Clinic serves, let  
15 me be precise here, a heck of a lot of people every year?

16 A We have a lot of patients. We have about 130 providers, and  
17 we are all working pretty darn hard, as is all the other  
18 providers in the state. So I'm not sure how you - you  
19 multiply that number, I don't know if it comes to 120 or...

20 Q You wouldn't be surprised if the web site for the Rockwood  
21 Clinic said that it served that many, 120,000 patients a  
22 year, would you?

23 A Wouldn't surprise me.

24 Q Would you be surprised if the web site for the Rockwood  
25 Clinic said it had 140 providers?

JOHN GOLLHOFFER, M.D. - Cross

- 1 A You know, we just keep growing, don't we?
- 2 Q Apparently. And perhaps you will be surprised --
- 3 A But could you find us another obstetrician in that web site
- 4 somewhere?
- 5 Q Never enough of them, I know.
- 6 Doctor, what about the number of staff at the
- 7 Rockwood Clinic, the web site indicates that there's 600
- 8 staff. Would that surprise you?
- 9 A That sounds about right.
- 10 Q Okay. And do you happen to know how many satellite clinics
- 11 the Rockwood Clinic has?
- 12 A I'm sure you got it from the web site. But let's see,
- 13 there's Cheney and there's North and there's Valley and
- 14 there's us, we are called South Satellite. There's
- 15 Moran Prairie, there's Medical Lake, and there's The Heart
- 16 Institute. So I guess that's seven satellites. And then the
- 17 mother ship. I'm sorry, main building. Is that right?
- 18 Q Well, you only have about five more to go. But that's
- 19 excellent. So 14 satellites --
- 20 A Oh, yes, physical therapy. Now, come on, don't do this --
- 21 Q No, it's not a test, Doctor. You are doing great. So, would
- 22 you be surprised to know that there are 14 satellite clinics
- 23 to the Rockwood Clinic?
- 24 A Fourteen? Yeah, I might be.
- 25 Q But a lot; right?

JOHN GOLLHOFFER, M.D. - Cross

1 A Yes.

2 Q Somewhere between eight and 14 is what you would say? Okay.

3 And that makes Rockwood Clinic the biggest clinic in Spokane,  
4 doesn't it?

5 A Yes, it does.

6 Q And it makes Rockwood Clinic the biggest clinic in the entire  
7 eastern part of the state, doesn't it?

8 A I believe it does.

9 Q And is it fair to say that you really can't have network  
10 adequacy in the Spokane area unless you have the  
11 Rockwood Clinic in your network?

12 A I would anticipate that is true, but I don't know, I've never  
13 tried to build a network.

14 Q Okay. So, Rockwood Clinic is really in the best possible  
15 position to negotiate a better deal with Premera then;  
16 correct?

17 A I would think if Premera wants Rockwood in the network, that  
18 puts us in a pretty good position to bargain, I would - yeah.

19 Q In fact, the Rockwood Clinic - thank you, Doctor. In fact,  
20 the Rockwood position does get a better deal; isn't that  
21 correct?

22 A I believe it's correct, but I don't know that for a fact.

23 Q You believe that Rockwood Clinic would possess better  
24 bargaining power with Premera than a solo practitioner;  
25 correct?

JOHN GOLLHOFFER, M.D. - Cross

- 1 A Depends on the solo practitioner.
- 2 Q And can you elaborate on that answer? What type of solo  
3 practitioner would have more influence?
- 4 A If you are the sole subspecialty surgeon, you'd probably be  
5 in a better bargaining position. Let's say - and I'm trying  
6 to think of one and I'm not. But let's say for the  
7 gynecologic oncologist, there's two of them in Spokane, they  
8 both work at Cancer Care Northwest, I suspect they are  
9 probably in a better bargaining position, if you will,  
10 because you can't have a network without them.
- 11 Q And is that your understanding of a network with, I mean,  
12 subspecialists in it?
- 13 A Well, I'm not sure I know what you mean by network there. I  
14 thought I did, but maybe I don't understand your question.  
15 Could you define it for me?
- 16 Q No, that's fine. Well, I'll tell you what, Dr. Gollhofer,  
17 let's just focus in on the bargaining power of solo  
18 practitioners. Is it fair to say that the vast majority of  
19 solo practitioners, other than perhaps the two you just  
20 identified, would have less bargaining power than the  
21 Rockwood Clinic does with Premera?
- 22 A Again, I think it depends on the practitioner. For instance,  
23 there are two --
- 24 Q Doctor, I hate to interrupt, but I just asked whether it was  
25 your opinion whether the vast majority of solo practitioners

JOHN GOLLHOFFER, M.D. - Cross

1 had less bargaining power with Premera than the  
2 Rockwood Clinic?

3 A And my answer to that question would be no, I don't think  
4 that's a fair assumption, and I was going to - in other  
5 words, the intuitive answer that you are looking for is yes;  
6 but what I'm trying to explain to you is that - I guess I  
7 shouldn't name names so I won't, but I can think of a  
8 two-person family-practice practice who is so respected in  
9 the community that it would be tough to have a network  
10 without having them in it. So they are not - they don't  
11 practice a unique specialty, but yet there are several  
12 thousand patients that I'm sure would scream bloody murder if  
13 they weren't in the network.

14 Q Do you believe that small practitioners - practitioners in  
15 small medical practices have the same amount of bargaining  
16 power as Rockwood Clinic does with Premera?

17 A That I don't know. As I say, they are - I suspect that the  
18 solo providers in GYN oncology have more bargaining power, as  
19 I said --

20 Q I actually asked about small practices, not solo practices.

21 A Sorry, I missed that. So help me --

22 Q Sure.

23 A I didn't understand the nuance. Give it to me again.

24 Q No problem. Here is the question. Whether it's your opinion  
25 that physicians who are in small practices have equal

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1 bargaining power with Premera as the Rockwood Clinic  
2 possesses?

3 A I think that physicians in small practices can well have  
4 equal bargaining power depending on, A, the uniqueness of  
5 their specialty or subspecialty, or B, on the size of their  
6 practice and the desire for and the need for Premera to have  
7 those folks in the network, because all the subscribers  
8 identify those doctors as their doctor and they want them in  
9 the network.

10 Q So would you say, Doctor, that it is the general rule that a  
11 physician in a small practice or medium practice has the same  
12 power as - bargaining power as the Rockwood Clinic, is that  
13 the general rule or exception to the rule?

14 A I'd say that it's the - I would say it's a general rule for  
15 those established practices with patients in them, I guess  
16 you'd say. If you were just coming new to town - well, of  
17 course if you came new to Spokane your practice would be busy  
18 overnight anyway. So I guess I'd say that no, I don't think  
19 that's true. I think that Premera has a need for virtually  
20 all of the providers in Spokane to be part of their network  
21 because the subscribers expect them to be.

22 Q I just want to make sure we understand your testimony then,  
23 Dr. Gollhofer. You are saying that solo practitioners, small  
24 practitioners, practitioners in medium-size practices all  
25 have about roughly equal bargaining power with Premera as

JOHN GOLLHOFFER, M.D. - Cross

1 Rockwood Clinic?

2 A I think they can have. But again, understand I'm not a labor  
3 lawyer, I don't do contracts. Have I been in these  
4 negotiations? I don't know. So --

5 Q Okay. Would you agree with Mr. Ancell's testimony that,  
6 quote, There are large - there are a large - or let me read  
7 my native language correctly. There are a number of large  
8 multi-specialty clinics throughout the state that are very  
9 important to try and include in the network. These clinics  
10 also have significant bargaining power with Premera, closed  
11 quote. Would you agree with that?

12 A I'm reluctant - I don't have that in front of me. I mean it  
13 sounds like a reasonable statement, but it may be taken out  
14 of context. And let me tell you what I mean by that. When  
15 you asked if you suspected Rockwood got paid at a higher rate  
16 than the two-person family-practice group, I'd say I suspect  
17 we do, but the reason isn't because we are such a bargaining  
18 behemoth, it's because we bring additional value to the  
19 transaction.

20 The two-person group has very little infrastructural  
21 overhead, doesn't have quality programs, doesn't have  
22 utilization review programs, doesn't have medical directors,  
23 doesn't have a pharmacy and therapeutics committees, doesn't  
24 have the reporting capabilities, quality score cards as it  
25 were, which of course Rockwood does have. So I think as we



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1       come to - I would hope as we come to negotiation with Premera  
2       or Regence or anybody else, we get compensated something for  
3       all of the value that the organization is bringing to that  
4       interaction, to that relationship.

5   Q   And Dr. Gollhofer, I'm assuming you are not implying that  
6       there may be inferior medical care delivered by a solo  
7       practitioner, a small practitioner or medium-size  
8       practitioner; is that correct?

9   A   I would never imply that.

10  Q   Okay. Good. Why don't we move on to your personal views of  
11       Premera then. You mentioned today and previously in your  
12       written testimony that, quote, The Premera board and  
13       management team is committed to working collaboratively with  
14       physicians, closed quote. Do you stand by that statement?

15  A   I do.

16  Q   And that, quote, Premera has been very proactive in seeking  
17       to address physician concerns, closed quote. Do you stand by  
18       that statement as well?

19  A   I do.

20  Q   Okay.

21               MR. COOPERSMITH: Allow me just a minute,  
22       Your Honor.

23               Your Honor, if I may, these are exhibits offered as  
24       impeachment. The parties do not... (Returning to  
25       microphone.) Your Honor, if I may, these are exhibits that

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1 will be offered as impeachment evidence. The parties do not  
2 have copies of these yet. I would like permission to  
3 approach the witness, the bench and the other parties to  
4 distribute copies.

5 JUDGE FINKLE: Go ahead.

6 MR. COOPERSMITH: Thank you.

7 MS. EMERSON: I would offer that I don't think any  
8 basis for impeachment has been established here.

9 JUDGE FINKLE: Well, let's look at the document and  
10 then I may agree with you, we'll see.

11 MR. COOPERSMITH: I may approach?

12 JUDGE FINKLE: Yes, please.

13 MR. COOPERSMITH: Can we ask that that be marked as  
14 Intervenor's Exhibit 117, please.

15 JUDGE FINKLE: Is that the next in order?

16 MR. COOPERSMITH: Yes, for the WSMA exhibits. I  
17 believe that that's correct, but we can get confirmation.

18 MS. BEUSCH: Yes, that's the next one.

19 MR. COOPERSMITH: That is? Thank you.

20 JUDGE FINKLE: It will be so marked.

21 (Exhibit No. I-117 marked for  
22 identification.)

23 Q (By Mr. Coopersmith) Dr. Gollhofer, I'm showing you what's  
24 been marked as Intervenor's Exhibit 117, ask you to take a  
25 minute to review that exhibit and tell us if you recognize

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1        what that is.

2    A    This is a WSMA Reports dated January zero zero.

3    Q    Well, it's actually January of 2000; correct?

4    A    All right, 2-0-0-0.

5    Q    There you go. The organization hasn't been around that long.

6        And can you tell us what the picture of the handsome guy is

7        on the first page of Exhibit 117?

8    A    I don't recognize him: he's got a mustache. I don't know

9        who that guy is. And all that gray hair? No, it couldn't be

10       me.

11   Q    Okay. But would you be convinced that that is what you

12        looked like in the year of 2000?

13   A    Yes, that is my picture.

14   Q    Okay. And you've had an opportunity to review the exhibit;

15        is that correct?

16   A    No.

17   Q    Can you just review it and see if you can tell us if that

18        appears to you to be an accurate copy of the January 2000

19        WSMA Reports?

20                MS. EMERSON: We would ask that the witness be

21        allowed sufficient time to familiarize himself with the

22        document.

23                MR. COOPERSMITH: Sure.

24                JUDGE FINKLE: Yes, take all the time you need.

25   A    And again, I assume you are talking about the lead article

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1 here?

2 Q (By Mr. Coopersmith) Well, we are actually talking about the  
3 whole exhibit, we'll be asking you questions about your  
4 article of course, but take a look at what has been marked as  
5 Exhibit 117 and just tell us if you believe that to be an  
6 accurate copy of that publication.

7 A Again, I understand your time is of the essence, but again,  
8 this is a multi-page document, there's - I think I just saw  
9 an ad for a psychiatrist somewhere. So you don't want me to  
10 go through all of that stuff; right?

11 Q No.

12 A You are going to have to reference --

13 Q The article that you wrote in this exhibit, I just want to  
14 make sure that you believe - does that article appear to be  
15 an accurate copy of that - does the exhibit appear to be an  
16 accurate copy of that article?

17 MS. EMERSON: Again, I would respectfully make the  
18 request that the witness be allowed enough time to at least  
19 familiarize himself with the document.

20 MR. COOPERSMITH: No objection.

21 JUDGE FINKLE: Sure. Go ahead, please.

22 THE WITNESS: Thank you.

23 A So, the first question is, does this appear to be an accurate  
24 copy, is that --

25 Q (By Mr. Coopersmith) Correct.

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- 1 A Yes, it does appear so. It does so appear.
- 2 Q All right. And can you tell us what WSMA Reports is?
- 3 A It's a newsletter that's published and disseminated to the
- 4 members of the WSMA periodically.
- 5 Q And did this article appear during your tenure --
- 6 A Yes, it did.
- 7 Q -- as president of the organization?
- 8 A Yes, it did.
- 9 Q Did you review and approve this article before it appeared in
- 10 print?
- 11 A No, I did not.
- 12 Q You did not?
- 13 A No.
- 14 Q Do you have - tell us what your understanding is of the
- 15 review process before your name appears in the publication.
- 16 A I don't know what the review process is.
- 17 Q Is it your understanding that this article ran with your name
- 18 and your picture, authored by you and you didn't see it ahead
- 19 of time?
- 20 A Oh, it ran with my name and picture, but no, I didn't see it
- 21 ahead of time. I think that was - yes, that was the
- 22 substance of your question. And no, I did not.
- 23 Q And we are specifically referring to the article that is -
- 24 that indicates is by you in that exhibit; correct? The one
- 25 entitled - on page one --

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1 A Where does it indicate it's by me?

2 Q It's an interview rather, excuse me. "In a recent interview  
3 with WSMA Reports." That's indicated on page one of the  
4 exhibit. Do you see that? It is the second paragraph.

5 A I see that statement, yes.

6 Q And do you recall giving that interview?

7 A No.

8 MR. COOPERSMITH: Your Honor, before we go into the  
9 particulars of the interview, we wish to move for admission  
10 into evidence Exhibit 117.

11 MS. EMERSON: At this time, Your Honor, we would  
12 object. There's no basis for the introduction of this  
13 document.

14 JUDGE FINKLE: Sustained at this time.

15 Q (By Mr. Coopersmith) All right. Dr. Gollhofer, did you ever  
16 give an interview with the WSMA Reports?

17 A No.

18 Q Do you then deny that the answers to the questions that are  
19 published here in Exhibit 117 are not your words?

20 A No, they wouldn't be my words.

21 Q If these were not your words, then what reaction did you have  
22 when this article appeared on the front page of the WSMA  
23 Reports publication in January of 2000? You must have been  
24 shocked and amazed; correct?

25 A No, I wasn't shocked and amazed. When I was president of the

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1       Spokane County Medical Society, I wrote all of my own  
2       articles, as it were, and that was kind of a burden, you  
3       know. Once a month I had something to say --

4       Q    Doctor, please, if I could direct you to answer --

5       A    I am. That's where I'm going. When I was president - I'm  
6       answering your question. When I was president of Spokane  
7       County Medical Society, I wrote all of my own columns. When  
8       I became president of the Washington State Medical  
9       Association, I never wrote a word. Those were all produced  
10      at the WSMA's office. I was a little surprised when the  
11      first volume came out with an article supposedly authored by  
12      me that I hadn't written, but I was I guess you'd say  
13      gratified that I hadn't had to spend the time producing it.  
14      I don't know whether current presidents are writing their own  
15      columns or not, but in those days it was produced for us by  
16      the staff of the WSMA.

17     Q    Dr. Gollhofer, I'm afraid you did not answer my question.  
18           The question was this: When this publication came out in  
19           January of 2000 and it attributed answers to you that you  
20           apparently never provided, what was your reaction? You must  
21           have been pretty angry; right?

22     A    I was not angry, no.

23     Q    What was your reaction then?

24     A    I did not have a reaction to this article at all. As I was  
25           trying to tell you, the first time one of my columns came

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1 out, I think I became president in September, and I suppose  
2 the first article was probably in October, and the first time  
3 I saw it I was a little bit surprised because nobody called  
4 me to ask me to write it. After that I just assumed the  
5 staff would be writing those. So, when there would be a  
6 president's column, as it were, on a monthly basis, I was no  
7 longer surprised. Does that answer your question?

8 Q Well, so then you never voiced any objection to what was put  
9 out under your name in January of 2000 WSMA Reports; is that  
10 your testimony?

11 A I did not - ask me the question again.

12 Q Sure. You never made any objection to the WSMA issuing this  
13 interview in your name; is that correct?

14 A That's correct.

15 Q All right. And turning to page four of that interview, could  
16 you please read the - that first paragraph that begins "In  
17 Spokane"? Do you see that, Dr. Gollhofer? It's the first  
18 paragraph. It says "Economic jeopardy," that's the --

19 A Okay.

20 Q Now start with the first full sentence of that page, please.

21 A The words read, "In Spokane, for example, we have essentially  
22 one commercial insurer, Premera, besides Group Health.  
23 Premera has over 70 percent of the local private market and  
24 is dictating terms to physicians; it's unwilling to  
25 negotiate. The problem isn't confined to Spokane, but the



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1 physicians there are particularly threatened. Increasingly,  
2 we're seeing physicians dropping their contracts with  
3 insurers as the terms are just too one-sided."

4 Q Okay. Closed quote; correct? Well, that's quoting that  
5 passage; correct?

6 A I'm reading what's written. If you are saying are those my  
7 words, the answer is no.

8 Q If you didn't disavow those words then, do you disavow the  
9 words now?

10 A Yes. And of course it's four years from now, as I say. So I  
11 guess I would say that my experience with Premera, as I said  
12 in my testimony, it's been very positive.

13 Q Does that express - does the passage you just read, did that  
14 express your view of Premera at the time?

15 A No.

16 Q Let's move on to your characterization of Dr. Collins's  
17 testimony. You stated, quote, Dr. Collins's criticisms are  
18 the same criticisms that some physicians have directed toward  
19 all health plans, closed quote. Is that correct?

20 A That's correct.

21 Q And you say that Dr. Collins's clinical experience is the  
22 opposite of my experience at the Rockwood Clinic, closed  
23 quote, with Premera; is that correct?

24 A I'll verify this. Tell me where you are reading.

25 Q Sure. If you look at your responsive testimony on page two,

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1 line --

2 A P-19?

3 Q I'm sorry?

4 A P-19, is that responsive?

5 MS. EMERSON: It is P-19.

6 MR. COOPERSMITH: Thank you, counsel.

7 A What page?

8 Q (By Mr. Coopersmith) Page two, I believe lines 11 through  
9 12.

10 A Yes, I'm there.

11 Q Okay. Is that a - is that what you said, that, quote,  
12 Dr. Collins's statement about his clinic's experience is the  
13 opposite of my experience at the Rockwood Clinic, closed  
14 quote; is that what you said?

15 A Yes, that's what I said.

16 Q Okay. And you expressed the belief that Dr. Collins may be  
17 right in his criticism of the practices of other insurers,  
18 but that his criticisms aren't valid as to Premera; is that  
19 correct?

20 A Where do I say that?

21 Q If you look at the same exhibit, same page, line three.  
22 Lines two and three. Is that a correct characterization of  
23 your testimony?

24 A That's out of context, but --

25 Q The question is whether it's a correct characterization of

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1 your testimony?

2 A How did you characterize it?

3 Q Sure. The question again --

4 MS. EMERSON: For the record, could we get some  
5 clarification as to what specifically counsel is referring to  
6 on page two?

7 MR. COOPERSMITH: Sure. Lines two and three.

8 MS. EMERSON: So, I'm sorry, the line two, the  
9 sentence begins on line one.

10 JUDGE FINKLE: Could you just be specific, please?

11 MR. COOPERSMITH: Sure. Lines one to three.

12 A And what was the question regarding lines one to three?

13 Q (By Mr. Coopersmith) Sure. The question is, is it fair to  
14 characterize your assessment of Dr. Collins's criticisms that  
15 some of those criticisms are true of the practices of some  
16 insurers, but that they are not valid as to Premera; is that  
17 correct?

18 A No, it's not --

19 MS. EMERSON: I'll object. Mischaracterizes the  
20 testimony.

21 JUDGE FINKLE: Could you read it directly and then  
22 ask the question?

23 MR. COOPERSMITH: Sure.

24 Q (By Mr. Coopersmith) Can you read into the record lines one  
25 through three of that page and then lines 13 through 17. One

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1 through three and 13 through 17.

2 MS. EMERSON: If I could just make a request,  
3 please. Line one, it begins - it would not be a complete  
4 sentence. If the witness could --

5 JUDGE FINKLE: I'm assuming we are starting with  
6 the word "I" on page one?

7 MR. COOPERSMITH: Correct.

8 JUDGE FINKLE: Go ahead.

9 A "I do not believe these complaints are valid as to every  
10 health plan, and more specifically I do not believe they are  
11 valid as to Premera."

12 Q (By Mr. Coopersmith) And then lines 11 through - pardon me,  
13 lines 13 through 17, please.

14 A "For example, the billing process with other insurance  
15 companies can be onerous. We have to resubmit and haggle  
16 over an unduly large portion of our claims, many of which are  
17 ultimately denied. Premera, on the other hand, works hard to  
18 meet its commitments and solve problems to the mutual  
19 benefits of both parties."

20 Q Okay.

21 MR. COOPERSMITH: Now I'd like to approach the  
22 witness with what would be marked as Intervenor's  
23 Exhibit 118.

24 JUDGE FINKLE: Yes.

25 Q (By Mr. Coopersmith) Dr. Gollhofer, I've shown you what's

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1       been marked as Intervenor's Exhibit 118 and ask you to take  
2       the opportunity to review it and tell us if you recognize it.

3               MS. EMERSON: Your Honor, at this point I would  
4       like to object to the introduction and the reference to this  
5       document. First of all, there's been no basis for any  
6       impeachment that's been established. And second, even if  
7       there is something in particular that Mr. Coopersmith is  
8       seeking to impeach with respect to pre-filed direct testimony  
9       or the scope of pre-filed direct testimony, the Intervenor's  
10      clearly were on notice as to what the scope of this witness's  
11      testimony would be, and therefore pursuant to the pre-hearing  
12      scheduling order that you set forth, all such materials that  
13      were - could reasonably be anticipated were to be disclosed  
14      as exhibits at that time, and this submission does not meet  
15      the requirements of that order.

16             MR. COOPERSMITH: Your Honor, it was the  
17      Intervenor's understanding that the pre-filing of exhibits  
18      apply to all but exhibits offered for impeachment purposes.

19             JUDGE FINKLE: Exhibits related strictly to  
20      impeachment will be allowed for all parties. Go ahead,  
21      please.

22             MR. COOPERSMITH: Thank you, Your Honor.

23    Q       (By Mr. Coopersmith) Dr. Gollhofer, have you now had an  
24      opportunity to review what's been marked as Intervenor's  
25      Exhibit 118?

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- 1 A Yes, I have.
- 2 Q And do you recognize that?
- 3 A Yes.
- 4 Q And can you tell us what that is?
- 5 A WSMA Reports dated February 2000.
- 6 Q Well done. And on the first page of that exhibit, do you see
- 7 an article where you are quoted?
- 8 A Yes, I do.
- 9 Q And have you reviewed the excerpts that you are quoted on?
- 10 A On the first page, yes.
- 11 Q On the first page, yes. Thank you. And do you recall giving
- 12 those statements?
- 13 A No, I don't.
- 14 Q And did you in fact... Do you deny giving those statements?
- 15 A The job of being president of WSMA involves expressing
- 16 certain policies and statements. As I referred to in my
- 17 testimonies, organized medicine has been criticizing
- 18 insurance companies for quite some time and I assume will
- 19 probably continue to do so. WSMA policy and position is -
- 20 was to be critical then and I guess is still to be critical.
- 21 As a leader of the WSMA's executive committee, would I have
- 22 participated in discussions regarding these issues and
- 23 strategized regarding how to pursue them potentially, were
- 24 those my words? I'm confident they weren't. And if I've
- 25 ever used Rube Goldbergian before, I think my daughter - two

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1 daughters, who are very good in English, would be very  
2 disappointed with me.

3 Q Do you deny - I'm not sure that I got a denial then. Do you  
4 disavow those statements today?

5 MS. EMERSON: Objection. Asked and answered.

6 JUDGE FINKLE: Overruled.

7 Q (By Mr. Coopersmith) You may answer the question.

8 A Okay. Let me try again. I guess you didn't understand that  
9 answer so let me try again. I deny that those are my words.  
10 But you said do I disavow the statements, and I guess I'd  
11 say, if you are asking is that word for word my statement,  
12 the answer is, it is not, so I therefore disavow it as being  
13 my words.

14 Q Are the statements attributed to you on page one of  
15 Exhibit 118, do they reflect your attitude at that time?

16 MS. EMERSON: At this time I would request that the  
17 witness be given time to peruse the article. He's being  
18 asked about specific statements in the context of a broader  
19 article.

20 JUDGE FINKLE: That would be fine.

21 MR. COOPERSMITH: We have no objection.

22 JUDGE FINKLE: Take the time you need.

23 A (Perusing.) Yes, I've looked at the article, the cover  
24 story.

25 Q (By Mr. Coopersmith) All right. Dr. Gollhofer, is it your

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1 testimony that you never reviewed or approved the quotes  
2 attributed to you in Exhibit 118?

3 A That is my testimony.

4 Q And is it your testimony - do the quotes attributed to you in  
5 Exhibit 118 accurately reflect the opinions you held at the  
6 time?

7 A No, they do not.

8 Q Okay.

9 MR. COOPERSMITH: Your Honor, at this time the  
10 Intervenor ask that the testimony of this witness be  
11 adjourned and resumed later. The WSMA would have liked to  
12 have offered the testimony of another witness involved in the  
13 interviews that were given by this witness for authentication  
14 purposes.

15 MS. EMERSON: We would object, Your Honor.

16 JUDGE FINKLE: Go ahead.

17 MS. EMERSON: I mean clearly if there was - if  
18 there's an issue here about the information prepared in these  
19 reports prepared by the WSMA, they had ample opportunity to  
20 know who their witnesses were with respect to the authorship  
21 and the accuracy of the statements therein.

22 JUDGE FINKLE: Response?

23 MR. COOPERSMITH: Your Honor, we are prepared to  
24 present today if necessary the testimony from Mr. Perna, who  
25 is seated at counsel table, but the person who possesses



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1 personal knowledge of interviewing Dr. Gollhofer, getting his  
2 review and approval for everything that appears in these  
3 publications, is available to us if necessary. For cost  
4 reasons we did not want to bring that person all the way down  
5 here if it would prove to be unnecessary, but we can  
6 certainly make her available, and we wish to do that.

7 MS. EMERSON: If I could respond briefly.

8 JUDGE FINKLE: I'm going to rule in your favor so  
9 you may not want to respond. I'm not going to adjourn  
10 Dr. Gollhofer's testimony; you can complete that examination.  
11 It's a separate issue of whether another witness may be  
12 called in this area. I'll hear from counsel before I rule on  
13 that. If by some chance, which I don't expect, it's  
14 necessary in your view to recall Dr. Gollhofer after further  
15 testimony, I'll consider that, although I'll remind counsel  
16 that, as we discussed, testimony in this proceeding, the  
17 notion was that all examination of a given witness would be  
18 completed upon his or her first appearance. So, with that  
19 guidance, please continue with your examination.

20 MR. COOPERSMITH: Okay. Thank you, Your Honor.

21 Q (By Mr. Coopersmith) All right. Let me ask you to read into  
22 the record, Dr. Gollhofer, on page one of the Exhibit 118 you  
23 will see a paragraph that begins with your name,  
24 "Dr. Gollhofer said," and that's in the second column on page  
25 one. Could you read that paragraph into the record?

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1 MS. EMERSON: At this time we would object on the  
2 ground that there's been no basis for any reading of this  
3 document into the record. There's been no basis for any  
4 impeachment that's even been established here.

5 JUDGE FINKLE: Direct me to the exact --

6 MR. COOPERSMITH: Sure.

7 JUDGE FINKLE: Without reading it, exactly what are  
8 you going to ask him?

9 MR. COOPERSMITH: Thank you, Your Honor. We are  
10 looking at the paragraph that begins "Dr. Gollhofer." It's  
11 the second column. And the question - the impeachment here  
12 was on this witness's characterization of --

13 JUDGE FINKLE: I can read it for myself --

14 MR. COOPERSMITH: Okay.

15 JUDGE FINKLE: -- and I just need to make a  
16 judgment. Give me - is it that entire paragraph is what you  
17 propose to read or have him read?

18 MR. COOPERSMITH: That is correct.

19 JUDGE FINKLE: I'll permit this question.

20 Q (By Mr. Coopersmith) Could you read that into the record,  
21 Dr. Gollhofer?

22 A "Dr. Gollhofer said insurance CEOs refuse to acknowledge how  
23 unhappy patients are. 'Patients feel insurers are making  
24 medical care decisions by virtue of the roadblocks they  
25 create, the encumbrances they manufacture and the Rube

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1       Goldbergian landscape that people have to navigate, just so  
2       their doctor can do the right thing,' he commented. 'I don't  
3       think the insurance CEOs get it'".

4   Q   And just for accuracy sake, Dr. Gollhofer, there was a quote  
5       over the words "Patients feel insurers," is that correct, a  
6       quote mark?

7   A   That's correct.

8   Q   And a closed quotation mark - well, the exhibit will speak  
9       for itself on that. Could you then move to the next  
10      paragraph and read the second sentence of that paragraph into  
11      the record, please?

12               MS. EMERSON: We'd offer the same objection: no  
13      basis for impeachment or that the witness made these  
14      statements.

15               JUDGE FINKLE: Just give me a minute.

16   Q   (By Mr. Coopersmith) If you can --

17               JUDGE FINKLE: No, no --

18               MR. COOPERSMITH: I'm sorry, I couldn't hear you,  
19      Your Honor.

20               JUDGE FINKLE: I read the one paragraph you  
21      directed me to and now I need to read this one as well.

22               MR. COOPERSMITH: Sure.

23               JUDGE FINKLE: You may proceed.

24   A   Quote, "'Physicians are torn between their patients and the  
25      incredible hassles insurance companies are creating. They

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1 don't want to hurt their patients, but the companies won't  
2 bargain with them,'" end quote.

3 Q (By Mr. Coopersmith) Thank you. And turning to page three  
4 of the exhibit. Actually, forgive me, that sentence starts  
5 at the bottom of page one and continues on to page three.

6 MR. COOPERSMITH: And anticipating the objection,  
7 Judge, if you could just read that sentence and see if it's  
8 permissible for the witness to read that into the record.

9 JUDGE FINKLE: I'll take that as the same objection  
10 and I will permit it.

11 MS. EMERSON: That's correct. Thank you.

12 A "That relationship may not improve any time soon, because  
13 insurers 'view physicians as interchangeable and expendable,'  
14 he added."

15 Q Thank you. And Dr. Gollhofer, is it fair to say that Premera  
16 - there was no exception in those statements made for  
17 Premera; is that correct?

18 A Well, I think I said earlier those weren't my statements,  
19 but --

20 Q I understand. I'm just asking a simple question.

21 MS. EMERSON: I'll object.

22 Q (By Mr. Coopersmith) I'm not asking you to adopt the  
23 statement.

24 MS. EMERSON: I'll object. Lack of foundation and  
25 the document speaks for itself.

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1 JUDGE FINKLE: Repeat the question.

2 MR. COOPERSMITH: Sure.

3 Q (By Mr. Coopersmith) The question is whether there was any  
4 exception made in those statements for Premera's conduct.

5 JUDGE FINKLE: Overruled, in that form.

6 MR. COOPERSMITH: Yes.

7 A So, you mean did the statements specifically mention Premera,  
8 is that what you asked?

9 Q (By Mr. Coopersmith) No. The question was whether - did  
10 those statements specifically exclude Premera?

11 A No, they did not.

12 Q Okay. And I'm turning your attention to Exhibit 117 again,  
13 which you have in front of you, and the response to the  
14 question "What is the source of these changes?" from page  
15 one, and the response to the second question is what the WSMA  
16 would like to have read into the record, Your Honor.

17 MS. EMERSON: And again, I would offer the same  
18 objections.

19 JUDGE FINKLE: I'm sorry, I'm just not tracking  
20 with you, about where exactly are you?

21 MR. COOPERSMITH: Sure. We are on Exhibit 117. We  
22 are on the first page. And we would like this witness to  
23 read into the record the replies to two questions, first  
24 question, "What is the source of these changes?" and then the  
25 next question follows immediately thereafter.

JOHN GOLLHOFFER, M.D. - Cross

1 A "What is the source of these changes?"

2 JUDGE FINKLE: You need to wait for just one  
3 second.

4 MR. COOPERSMITH: In fact, Your Honor, let's just  
5 strike and go just to the first question, "What is the source  
6 of these changes?" just that response.

7 JUDGE FINKLE: Please go ahead and read it.

8 A "What is the source of these changes? Most of them have been  
9 made by insurers trying to control costs, but most of the  
10 changes so far simply seem to make healthcare delivery more  
11 cumbersome. Patients and physicians are united in feeling  
12 that insurance companies are making too many clinical  
13 decisions. Patients clearly want more control over their  
14 health care."

15 Q (By Mr. Coopersmith) Thank you. And on page four of that  
16 exhibit, the paragraph in the first column that begins "The  
17 basic message of CURE." And Dr. Gollhofer, if you could  
18 allow the judge to review the passage first.

19 JUDGE FINKLE: I'll assume the same objection and  
20 you can go ahead and read the paragraph.

21 A I'm not sure where we are.

22 Q (By Mr. Coopersmith) Okay. No problem. It is page four,  
23 first column --

24 A Yes. Oh, there it is.

25 Q Okay. So just that paragraph.

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1 A "The basic message of CURE is that managed costs are not  
2 conducive to good medical care, that insurers are making too  
3 many medical decisions, and that the system is downloading  
4 numbing expenses on physicians that add no value to patient  
5 care."

6 Q Thank you. And with respect to those two statements, is it  
7 true that no exception was made for Premera's conduct?

8 A That is true.

9 Q Okay. Turning to the question of payment to physicians for  
10 their medical services. You said in your testimony today  
11 that, quote, Provider payments are determined by market  
12 forces, closed quote. Is that correct and you said that in  
13 your written testimony?

14 A Sorry --

15 Q We are done with that exhibit for now and we are turning to  
16 the issue of payment to physicians for the medical services  
17 they provide.

18 A Okay.

19 Q And in your written testimony and in your responses to your  
20 attorney today you said, quote, That provider payments are  
21 determined by market forces, closed quote. Do you stand by  
22 that statement?

23 A Yes, I do.

24 Q Okay.

25 JUDGE FINKLE: About how much longer do you expect

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1 to be?

2 MR. COOPERSMITH: Fifteen minutes.

3 JUDGE FINKLE: We'd better take a break at this  
4 point, 15 minutes.

5 (Recess taken.)

6 JUDGE FINKLE: Please continue when you are ready.

7 MR. COOPERSMITH: Thank you.

8 Q (By Mr. Coopersmith) Dr. Gollhofer, are you ready to resume  
9 your testimony?

10 A Yes, I am.

11 Q Great. Thank you. I'm showing you what has been marked as  
12 Exhibit 119. And have you had an opportunity to review that?

13 A Yes, I have, the first two pages.

14 Q Great. And can you identify what Exhibit 119 is?

15 A It is the WSMA Membership Memo, March 3rd, 2000.

16 Q And does it appear to be an accurate copy of that memo to  
17 you?

18 A It does.

19 Q And can you identify what a WSMA Membership Memo is?

20 A The WSMA Reports was - I would say was our sort of formal  
21 newsletter, the Membership Memo might have been sent out in  
22 between reports - WSMA Reports publication times for  
23 additional communication of the membership.

24 Q And the Membership Memo, like the WSMA Reports, goes out to  
25 the entire membership of the WSMA; correct?



JOHN GOLLHOFFER, M.D. - Cross

1 A Yes.

2 Q And in fact, it probably has a circulation beyond just the  
3 membership; is that correct?

4 A I don't know.

5 Q Okay. And does your name appear on the Membership Memo in  
6 Exhibit 119?

7 A It does, "John D. Gollhofer, MD, President."

8 Q All right. And did you review and approve the contents of  
9 this Membership Memo?

10 A No, I did not.

11 Q Is it your testimony that you did not see - well, let's turn  
12 your attention to the section on page one called "Here are  
13 the facts." Is it your testimony that - well, why don't you  
14 read into the record, please, numbers one and three.

15 MR. COOPERSMITH: And do we do the round of  
16 objections again?

17 MS. EMERSON: Your Honor, we would object on the  
18 same grounds.

19 MR. COOPERSMITH: And it's one and three,  
20 Your Honor, and then just for expediency sake, it will be  
21 number one in the next section on page two, "In analyzing  
22 these facts."

23 JUDGE FINKLE: Overruled. You can go ahead,  
24 please.

25 Q (By Mr. Coopersmith) So Dr. Gollhofer, would you please read

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1 numbers one and three on the first page?

2 A "The WSMA's sixth annual survey of health plans' payment  
3 methods shows that plans have engaged in some creative  
4 "gaming" of the RBRVS methodology in recent years."

5 Three: "By varying both the RBRVS Relative Value Units  
6 and the conversion factors from year to year, plans can  
7 obfuscate the resultant changes in their payment amounts to  
8 physicians."

9 And then the next was item one on the next page?

10 Q Correct.

11 A "Health plans shouldn't "game" RBRVS payment methodology.  
12 Clear and above board disclosure of payments amounts would  
13 help diminish the climate of distrust between physicians and  
14 health plans."

15 Q And did that opinion accurately - rather, did the statements  
16 you just read into the record accurately reflect your opinion  
17 at the time?

18 A I think to a certain degree.

19 Q To what degree?

20 A Well, again, the words aren't mine, which makes it difficult  
21 to respond.

22 Q I'm asking if you agree with the statement expressed there.

23 A Well, there are three statements expressed.

24 Q Do you believe that the health plans were gaming the payment  
25 methodology for physicians?

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1 MS. EMERSON: I'll object, as it mischaracterizes  
2 the document. The document appears to reflect some survey  
3 that was made and not the witness's own views or his own  
4 input into the survey.

5 MR. COOPERSMITH: That's what the question is.

6 JUDGE FINKLE: I take that as a question not about  
7 the document but directed to the witness itself.

8 MR. COOPERSMITH: Thank you, that's correct.

9 JUDGE FINKLE: If you understand the question.

10 THE WITNESS: I don't.

11 JUDGE FINKLE: Then please repeat it.

12 MR. COOPERSMITH: Thank you, Your Honor.

13 Q (By Mr. Coopersmith) Is it your belief that the health plans  
14 were gaming the payment methods for physicians?

15 MS. EMERSON: And again, I'm going to have to  
16 object here because this is just - this is improper form of  
17 impeachment. There's been no basis for any impeachment  
18 that's been established.

19 MR. COOPERSMITH: On - did I interrupt? On the  
20 contrary, Your Honor, just prior to the break the witness  
21 said that he stood by his statement that provider payments  
22 are determined by market forces. And this statement  
23 certainly appears to contradict that statement.

24 MS. EMERSON: Again, Your Honor, I have to object  
25 because this is reflecting the survey. The survey does not

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1 go to this particular witness's own views of his statements.

2 JUDGE FINKLE: That's why I wanted to clarify that  
3 the question was directed to the witness and not intended to  
4 be directed to the survey finding. The question will be  
5 allowed.

6 MR. COOPERSMITH: Thank you.

7 A So the question - tell - repeat the question one more time.

8 Q (By Mr. Coopersmith) Sure. Do you believe that health  
9 insurance plans were gaming the payment methods that they  
10 used to pay physicians for the medical services they  
11 provided?

12 A I was told that that was happening. I had no direct  
13 knowledge of that.

14 Q And my question is whether you believed that at the time  
15 these statements appeared?

16 A I don't recall precisely what I believed in regard to that  
17 specific item at that time.

18 Q And do you disavow that belief now?

19 A Do I disavow --

20 Q I'll withdraw my question. Let me ask you this. Do you  
21 disavow the statements - did you disavow at the time the  
22 statements that appeared in March 2000 in the  
23 Membership Memo?

24 MS. EMERSON: I have to object. That  
25 mischaracterizes the record and his testimony. The document

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1 reflects a survey. The document does not reflect this  
2 witness's personal views.

3 JUDGE FINKLE: Sustained.

4 Q (By Mr. Coopersmith) Okay. Let me rephrase the question  
5 then, since I obviously didn't make it clear to anyone in the  
6 room.

7 Did you at the time these statements appeared in March  
8 of 2000 disapprove these findings and the wording that was -  
9 that appears in this Membership Memo?

10 MS. EMERSON: Again, this mischaracterizes the  
11 record.

12 JUDGE FINKLE: Sustained. It's different from the  
13 previous, which purported to be his own statements.

14 MR. COOPERSMITH: Correct.

15 JUDGE FINKLE: I would permit those, but these are  
16 not representations of his views.

17 MR. COOPERSMITH: That is correct. And Your Honor,  
18 let me try one more time then.

19 Q (By Mr. Coopersmith) This question is just aimed at whether  
20 you adopted or rejected the survey findings that appeared in  
21 the Membership Memo at that time.

22 A Whether I personally adopted or rejected the survey findings?

23 Q Correct, exactly.

24 A I didn't do either.

25 Q Okay. Moving on. Is it your belief that reduced

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1 reimbursement for physicians makes it harder for physicians  
2 to deliver quality care?

3 MS. EMERSON: I'll just object. "Reduced," vague  
4 and ambiguous. Reduced as to what?

5 JUDGE FINKLE: If you understand the question well  
6 enough to answer it, go ahead.

7 A Physician reimbursement almost certainly determines physician  
8 practice behaviors. So I can postulate that if a physician  
9 practice was being squeezed in terms of its costs versus its  
10 income, that practice might be driven to see more and more  
11 patients, and that could - I can postulate a scenario where  
12 seeing more and more patients might adversely affect quality.

13 Q (By Mr. Coopersmith) All right. I'll approach you and show  
14 you what will be marked as Intervenor's Exhibit 120.

15 Do you recognize what's been marked as Exhibit 120?

16 A WSMA Membership Memo, December 17th, 1999.

17 Q And does your name appear anywhere on that?

18 A Yes, it does.

19 Q And did your name appear on these Membership Memos throughout  
20 your tenure as president of the WSMA?

21 A I believe it did.

22 Q And turning your attention to the last paragraph on page one,  
23 could you review that and then let the judge determine  
24 whether or not he'll allow you to read that into the record?

25 JUDGE FINKLE: Are you talking about the last full

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1 paragraph on page one?

2 MR. COOPERSMITH: Yes, Your Honor, that begins  
3 "While the effort."

4 JUDGE FINKLE: Go ahead.

5 MS. EMERSON: Your Honor, just for the record I  
6 would object. I fail to see what this is impeaching.  
7 There's been no foundation or no grounds for impeachment  
8 that's been established with this particular untimely  
9 document.

10 JUDGE FINKLE: Go ahead.

11 A "CURE To Train Focus on Sinking Healthcare Delivery Ship.  
12 While the effort on CURE's 2000 legislative agenda is just  
13 beginning, plans for 2000 include focusing public and  
14 legislative attention on the deteriorating healthcare  
15 marketplace and economic jeopardy facing physician practices  
16 across Washington. Health insurance company market  
17 consolidation, rising insurance premiums, and declining  
18 physician reimbursement bode ill for the sort of health care  
19 our patients want and expect."

20 Q (By Mr. Coopersmith) And did you review and approve that  
21 statement before it was published in the Membership Memo?

22 A No, I did not.

23 Q And did you stand by that statement - did that accurately  
24 reflect your opinions at that time?

25 A The opinions expressed in all of these documents are the

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1 policy positions of the WSMA at that time.

2 Q And you were the head of the WSMA at that time. And my  
3 question was whether this particular statement accurately  
4 reflects your views at that time?

5 A And I believe I responded, but I'll respond again. All of  
6 these documents have expressed the public policy position -  
7 or sorry, I'd say even the internal policy position in terms  
8 of the memos, of the WSMA. As president and member of the  
9 executive committee, I and the other members of the executive  
10 committee would have been busy setting those public policy  
11 positions. So I'm sure to a certain extent they reflect my  
12 opinions at that time. But is this - were all of these  
13 documents - did the executive committee reflect only my  
14 opinion? The answer is no, it reflected the opinions of all  
15 of the members of the executive committee. The policy is set  
16 by the annual meeting of the House of Delegates. WSMA sets  
17 policy in general. Periodic quarterly meetings of the board  
18 of trustees refines that policy. Monthly meetings of the  
19 executive committee further refines and implements that  
20 policy.

21 Q So by the time that policy is issued, it reflects an internal  
22 process by the WSMA; is that correct?

23 A That's correct.

24 Q And that would be an extensive internal process; is that  
25 correct?



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- 1 A I guess so. I mean as extensive as you can be meeting once a  
2 month.
- 3 Q Okay. And when - these policy statements that were issued  
4 under your name, did you get vigorous disputes about the  
5 characterization of health plans, including Premera, by your  
6 members?
- 7 A Vigorous disputes, I don't know what that means.
- 8 Q Did you have lots of members calling you or coming up to you  
9 in person and saying, I don't think you've been fair to the  
10 health plans or I don't think that you have been fair to  
11 Premera in particular?
- 12 A No, I did not.
- 13 Q Okay. Then moving on to the conversion itself. You  
14 testified that you didn't believe the conversion would have  
15 any adverse impact; is that correct?
- 16 A That's correct, but I - I mean it was on various topics,  
17 provider pay, access, but yes --
- 18 Q Rural healthcare?
- 19 A Correct.
- 20 Q Correct? All of those issues; right? And you didn't think  
21 that conversion would affect the physician reimbursement one  
22 way or another; is that also a statement of yours?
- 23 A That's correct.
- 24 Q Okay. And is it your opinion that Premera is the dominant  
25 purchaser of physician services in Eastern Washington?

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- 1 MS. EMERSON: I'll object to the term as vague.
- 2 Q (By Mr. Coopersmith) Are you confused about the question?
- 3 A Yes.
- 4 Q All right. Do you not - what part are you confused about,
- 5 Mr. Gollhofer - Dr. Gollhofer?
- 6 A So, in terms of purchaser --
- 7 Q Correct.
- 8 A -- I guess I'd say contractor maybe. I'm not sure they
- 9 purchased my services. I'm not trying to split hairs but I
- 10 didn't quite understand that. And the dominance is what I
- 11 really didn't understand.
- 12 Q Okay. What do you understand the term dominant to mean?
- 13 A Dominant: Powerful, forceful, able to exert its will.
- 14 Q And do you believe that that accurately describes Premera's
- 15 activity in the healthcare marketplace in Eastern Washington?
- 16 A No, I don't.
- 17 Q And do you believe that Premera contracts with more
- 18 physicians than any other health insurance company in Eastern
- 19 Washington?
- 20 A I don't have any factual basis to respond. I don't know. I
- 21 assume they do. I think they have the broadest network, but
- 22 I don't know compared to other providers.
- 23 Q All right. Let me show you what will be marked Exhibit 121.
- 24 Can you identify what Exhibit 121 is?
- 25 A Yes, I can. WSMA Membership Memo, October 22, 1999.

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1 Q And again, your name appears on it; is that correct?

2 A Yes, it does.

3 Q All right. The passage in question would be the first  
4 paragraph and then the first statement in the resolution,  
5 which is I guess the next paragraph, that "you immediately  
6 halt."

7 MR. COOPERSMITH: I assume we have the same  
8 objection from opposing counsel so, Your Honor, that's what  
9 the WSMA would like this witness to read into the record.

10 MS. EMERSON: Again, Your Honor, we do object.  
11 There's been no basis for impeachment that's been established  
12 and, again, we would object on untimeliness grounds as well.

13 JUDGE FINKLE: Sustained.

14 MR. COOPERSMITH: Your Honor, as to which ground  
15 did you sustain the objection?

16 JUDGE FINKLE: The grounds except for untimeliness.  
17 It was proposed as impeachment, and I do not believe that it  
18 impeaches his testimony.

19 Q (By Mr. Coopersmith) Did you believe that Premera was the  
20 dominant carrier in Eastern Washington during the time in  
21 question, at the time this was written in 1999?

22 A In October 1999, I'm hard-pressed to remember what I believed  
23 necessarily. Maybe if you could rephrase the question.

24 Q The question was whether you believed that - let me back up.

25 Dr. Gollhofer, you've practiced all of your career in

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1 Washington State, in Eastern Washington; correct?

2 A Yes, I have.

3 Q Twenty-six years --

4 A No, no. Fourteen years, since 1990.

5 Q Right. And at the time nine years?

6 A At the time nine years, correct.

7 Q And you had - had you been the head of the Spokane Medical  
8 Society at that time?

9 A I had by that time, yes.

10 Q Now you are the head of the largest statewide organization at  
11 the time of this memo?

12 A That's correct.

13 Q And are you saying that you don't recall whether you thought  
14 Premera was the dominant carrier in Eastern Washington at  
15 that time?

16 MS. EMERSON: Objection. Mischaracterizes his  
17 prior testimony.

18 JUDGE FINKLE: I take it as a current question.

19 MR. COOPERSMITH: Correct.

20 JUDGE FINKLE: Do you understand the question?

21 THE WITNESS: Well, yes, I do. I mean I've defined  
22 dominance, and I'm not sure I would necessarily apply that to  
23 a health plan. Did I believe that Premera had the majority  
24 of commercially insured patients in Eastern Washington at  
25 that time? The answer is yes.

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1 MR. COOPERSMITH: Your Honor, based on the  
2 witness's answer, we now ask that that statement be read into  
3 the record.

4 MS. EMERSON: Same objection: There's been no  
5 basis established for impeachment. It's not --

6 MR. COOPERSMITH: And the witness just said he  
7 didn't believe that the carrier was dominant.

8 MS. EMERSON: That mischaracterizes his testimony.

9 JUDGE FINKLE: I don't accept that. Objection  
10 sustained at this time; I don't believe it was accurate. So  
11 go ahead.

12 MR. COOPERSMITH: If I may, could I have the court  
13 reporter read the witness's response on dominance that was  
14 just two questions ago.

15 (Reporter perusing notes.)

16 MR. COOPERSMITH: Actually, in the interest of  
17 time, let's move on. Thank you, Madam Court Reporter.

18 Q (By Mr. Coopersmith) Dr. Gollhofer, can you tell us whether  
19 in your opinion if a carrier did have a large presence in the  
20 health insurance market in a particular part of the state,  
21 would that have the tendency to interfere with a  
22 physician/patient relationship?

23 MS. EMERSON: I'll object. Vague and ambiguous and  
24 lack of foundation.

25 JUDGE FINKLE: Overruled. If you understand it,

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1 please answer.

2 A If you could repeat it.

3 Q (By Mr. Coopersmith) Sure. In your opinion, Dr. Gollhofer,  
4 if one health insurance carrier had a large percentage of a  
5 particular health insurance market, could that interfere with  
6 a patient/physician relationship?

7 A Potentially, depending on the behavior of that carrier.

8 Q And could that interfere with clinical decisions made by the  
9 physician?

10 A Potentially, depending on the behavior of the carrier.

11 Q And could that large percentage of the market, if it were in  
12 Eastern Washington, also have an impact on care for rural  
13 residents of our state?

14 A Potentially, depending on the behavior of the carrier.

15 MR. COOPERSMITH: No further questions of this  
16 witness at this time.

17 JUDGE FINKLE: Are there from other Intervenorors?

18 MS. HAMBURGER: No.

19 JUDGE FINKLE: Direct?

20 MS. EMERSON: Yes, briefly, Your Honor.

21 (Continued on next page.)

22

23

24

25

JOHN GOLLHOFFER, M.D. - Redirect

1 REDIRECT-EXAMINATION

2

3 BY MS. EMERSON:

4 Q Dr. Gollhofer, in late 1999, the early part of 2000, up to  
5 let's say February, about the time of the WSMA Reports that  
6 we reviewed as Exhibits I-118 and 119, can you tell us what  
7 was the WSMA's policy vis-a-vis health plans in Washington in  
8 general?

9 A WSMA policy at that time vis-a-vis health plans in general  
10 was to be highly critical, to find fault, and to try to exert  
11 leverage to achieve the desires of the House of Delegates.  
12 My recollection has been a number of resolutions passed. And  
13 I think - for instance, there in this I-121, that was the  
14 second paragraph, if I can refer to that, Mr. Commissioner?

15 COMMISSIONER KREIDLER: (Nods head.)

16 A Second paragraph it actually quotes the Resolution C-22 from  
17 the House of Delegates of that year, 1999. So in other  
18 words, that's how you would set - that's how the WSMA would  
19 set policy. And then the board of trustees and the EC would  
20 be responsible to implement those policies. And the feeling  
21 in the trenches in those days was very negative towards  
22 health plans.

23 Q (By Ms. Emerson) And did you personally set the direction  
24 for the WSMA in late 1999 and early 2000?

25 A No, I did not.

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1 Q Who set that policy?

2 A The board of - the House of Delegates set the policy, and the  
3 board and the EC implemented that policy. But understand  
4 that the House of Delegates only meets once a year so there  
5 could be times that the board of trustees had to make some  
6 decisions policy-wise in the interim.

7 Q So, with respect to the pieces that were written in the WSMA  
8 Reports, whose - that were attributed to you, whose views  
9 were those?

10 A As I stated... These documents were meant as a tool to use  
11 to try to help implement the policy of the WSMA. The  
12 documents are written essentially by staff to try to further  
13 that - the implementation of that policy. Now, when the  
14 executive committee would meet on a monthly basis, we would  
15 debate and discuss various issues. For instance, the CURE  
16 campaign, I remember we spent a lot of time trying to talk to  
17 the CURE campaign, and a public relations firm was hired. We  
18 did this in conjunction with Physicians Insurance, who gave  
19 us a monetary grant to do that. So in other words, I'd say  
20 this was a process that resulted in a public political  
21 position taken in order to achieve some end.

22 And again, while I'm not disavowing any of these issues,  
23 I'm not disavowing having participated in the discussion  
24 regarding these issues; I'm simply saying, in honesty, those  
25 weren't my words. But was I present when these sorts of



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1 approaches were determined? Absolutely. Clearly that was  
2 the WSMA approach at that time, to be very hostile towards  
3 health plans. I guess we thought it would net us some  
4 benefit.

5 Q And did you hold some or all of those views at the time, back  
6 in late 1999, early 2000?

7 A Held some, but certainly nobody held all of the views of the  
8 entire organization. That's what an organization is all  
9 about.

10 Q Do you hold those views now?

11 A The views specifically referenced, no. I've changed my mind.

12 Q You testified previously that at one point in time when you  
13 were the president of the WSMA, that Dr. Castiglia of Premera  
14 contacted you, reached out to you. When did that occur?

15 A It was sometime during legislative session. I suspect it was  
16 probably in March. I remember the weather was sunny and warm  
17 so I suppose it was in March, or maybe April if it went that  
18 long that year, I can't remember.

19 Q And of what year?

20 A Of 2000.

21 Q And you testified previously that following up on that  
22 initial contact that was made by Dr. Castiglia, that as the  
23 president of the WSMA you had subsequent dealings with  
24 Premera in your official capacity; is that right?

25 A That's true. Again, just to set it in context, I was the

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1 spokesman for an organization that was highly critical of  
2 health plans, and when Dr. Castiglia called me I was a little  
3 bit uncomfortable, I have to say. I sort of - I wasn't going  
4 to refuse to meet with him, but I thought he might really  
5 take me to task on the things I had been saying about him.  
6 You know, the - what's that famous line from the movie? Who  
7 are all these people and why are they saying all these  
8 terrible things about me?

9 I guess it was a little uncomfortable. Maybe that's why  
10 I asked Jeff to sit in on the meeting. In any case, when  
11 Dr. Castiglia just opened up his notebook and said what can I  
12 do to make this right, I was really kind of surprised and  
13 pleased. We sat there for probably an hour and gave him a  
14 whole multiple-page list of things we'd like to see him  
15 change, and to my knowledge he started working on that.  
16 Because certainly Premera is a different organization now I  
17 guess than it was then. I don't know that for a fact. But  
18 certainly I think in those days there was still  
19 pre-authorization. And that's gone.

20 So I guess a long way of saying that I think that  
21 Premera did respond favorably to those statements. And  
22 again, certainly as I've worked with Premera I realize they  
23 are doing everything they can to fix the issues and the  
24 problems that we have.

25 Q And how do you characterize Premera's commitment today to

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1       wanting to work on provider relations or not?

2       A   Based on my activity on the board and the quality committee,  
3       dealing with our medical director staff, they are highly  
4       committed to working with physicians. They want to have a  
5       good relationship with physicians. That's a lot of the  
6       dimensions platform that was established, so that there would  
7       be the connectivity and all the other improvement of  
8       transactional issues that physicians have been asking for.

9       Q   And finally, Dr. Gollhofer, you were referred in  
10      Exhibit I-118 to a passage referencing that "Patients feel  
11      insurers are making medical care decisions by virtue of the  
12      roadblocks that they create, the encumbrances they  
13      manufacture and the Rube Goldbergian landscape that people  
14      have to navigate, just so their doctor can do the right  
15      thing." Where do you think Premera is today vis-a-vis the  
16      references made in this document about the roadblocks and  
17      encumbrances that are attributed to health plans such as  
18      Premera?

19      A   From my standpoint as an obstetrician/gynecologist, I can say  
20      that the patient comes in, gives me her history, I do the  
21      exam, we get the diagnoses, we talk about the treatment  
22      options. If the treatment option that she then decides on is  
23      an expensive one, if she has Premera there's never a problem,  
24      they just go out and get scheduled for the surgery. There's  
25      another plan that I provide for that requires a number of

JOHN GOLLHOFFER, M.D. - Recross

1 hoops that have to be jumped through by the patient and the  
2 patient's scheduler before the patient can actually be  
3 scheduled. So I'd guess I'd say no, compared to this other  
4 carrier I deal with, Premera has none of these roadblocks.  
5 I'm not accusing the other carrier of being Rube Goldbergian,  
6 but again, I don't believe Premera has any roadblocks to the  
7 care that I try to render.

8 Q Thank you, Dr. Gollhofer.

9 MS. EMERSON: No further questions.

10 MR. HAMJE: We have no further questions.

11 MR. COOPERSMITH: Mercifully briefly.

12

13

14 RECROSS-EXAMINATION

15

16 BY MR. COOPERSMITH:

17 Q Dr. Gollhofer, did the Premera executive that you met with  
18 back in the spring of 2000, did he go back to the company, to  
19 your knowledge, and then lower Premera's premiums?

20 A Did Dr. Castiglia lower Premera's premiums?

21 Q Right, after meeting with you and Dr. Collins?

22 A I doubt that he did.

23 Q Okay. And did the Premera executive go back and raise the  
24 amount that Premera pays for medical services after he met  
25 with you and Dr. Collins?

JOHN GOLLHOFFER, M.D. - Recross

- 1 A I know that Premera's compensation of physicians has gone up  
2 every year. What was the time frame relation of that meeting  
3 and was it as a result of that meeting, I don't know. I  
4 doubt it, but I don't know.
- 5 Q Okay. And then did the Premera executive go back and  
6 decrease Premera's market share in Eastern Washington after  
7 you met with him?
- 8 A I doubt that he did.
- 9 Q And is it your opinion that Premera's reimbursement policies  
10 have changed significantly since the spring of 2000?
- 11 A Define what you mean by policies.
- 12 Q Its reimbursement practices, the amount it reimburses  
13 physicians, has it changed dramatically since 2000?
- 14 A You need to rephrase that question. You asked --
- 15 Q Has Premera dramatically improved the amount that it pays  
16 physicians since 2000?
- 17 A Premera has increased the amount it pays physicians since  
18 2000. Dramatically is an adjective that I don't know how  
19 quite to define.
- 20 Q In comparison with your understanding of the operating costs  
21 of a practice.
- 22 A Now I really don't know what you mean.
- 23 Q All right. Has Premera lowered its premiums, to your  
24 knowledge, since 2000, the premiums it charges its members?
- 25 A I believe the premiums have gone up since 2000.

JOHN GOLLHOFFER, M.D. - Recross

1 Q Okay. And has Premera reduced its market shares in  
2 Eastern Washington since 2000?

3 MS. EMERSON: I'll object. Lack of foundation.

4 JUDGE FINKLE: Sustained, unless you can  
5 demonstrate that he has such foundation.

6 Q (By Mr. Coopersmith) Has Premera reduced its presence in the  
7 market in Eastern Washington since 2000?

8 MS. EMERSON: Same objection, and also vague and  
9 ambiguous.

10 JUDGE FINKLE: You can ask about his personal  
11 knowledge, and then otherwise you'll need to establish a  
12 better foundation.

13 Q (By Mr. Coopersmith) Okay. Dr. Gollhofer, in your opinion,  
14 has Premera's share of the contracts between physicians and  
15 insurance companies in Eastern Washington gone up or gone  
16 down since 2000?

17 MS. EMERSON: Same objections.

18 JUDGE FINKLE: You need to refer to his direct  
19 experience or his direct knowledge, for example, his own  
20 practice, not all of Eastern Washington, without further  
21 foundation.

22 MR. COOPERSMITH: Okay. Thank you, Your Honor.

23 Q (By Mr. Coopersmith) In your experience, in your clinic and  
24 in your particular practice, has Premera's portion of your  
25 payer mix gone up or gone down since 2000?

JOHN GOLLHOFFER, M.D. - Redirect

1 A I can't answer for the clinic. I'll make - I'll answer for  
2 my practice. As far as I understand it. What I mean by that  
3 is, I don't always know what insurance a patient has. It's  
4 on the chart slip. I will always look at it if I'm going to  
5 schedule a procedure, but otherwise not necessarily. But I  
6 would say I have a sense of the patients that - who's  
7 insuring the patients that I'm seeing. And it's just a  
8 sense. My sense is that - and I almost hate to say this  
9 because you are probably going to misinterpret it. My sense  
10 is it may have gone down a little bit in my own personal  
11 practice because I think I'm seeing personally more Group  
12 Health and Asuris and maybe a little less Premera. But I  
13 don't know that that has any generalization to the rest of  
14 Eastern Washington.

15 Q Thank you for your time, Dr. Gollhofer.

16 MR. COOPERSMITH: No further questions.

17 MS. EMERSON: Just briefly.

18

19

20 REDIRECT-EXAMINATION

21

22 BY MS. EMERSON:

23 Q Dr. Gollhofer, you testified about your meeting with  
24 Dr. Castiglia in which Dr. Collins was present as well, and  
25 the follow-up meeting with Premera management. In those

JOHN GOLLHOFFER, M.D. - Redirect

1 meetings, what concerns - what provider concerns, if any, do  
2 you recall sharing with either Dr. Castiglia or with Premera  
3 management?

4 A I don't recall the specific concerns, but I'm sure the  
5 concerns that the organization - when we met with  
6 Dr. Castiglia, I would have referenced the organizational  
7 concerns. When I met with the Premera management, I don't  
8 know if I was still past president or if I was not. See,  
9 once I'm off the executive committee, I can express my own  
10 views, but if I'm still on the executive committee I have to  
11 express those views that represent - I'm representing the  
12 organization, I have to express those views. And again, I  
13 don't know when that second meeting came.

14 The first meeting I'm sure we told Dr. Castiglia we had  
15 a concern regarding reimbursement, regarding authorizations,  
16 regarding retroactive denials, regarding promptness of  
17 payment, regarding appeal for denial, all those things that  
18 went with managed care in the bad old days. So I'm sure it  
19 would have been a whole long, multi-page list of those  
20 concerns. And again, as I say, fortunately those are gone  
21 because Premera doesn't do managed care anymore, thank  
22 heavens.

23 Q At the time did Premera seem genuinely interested in what you  
24 had to share?

25 A Yes, they did, very genuinely interested. And I was very



JOHN GOLLHOFFER, M.D. - Redirect

1 impressed with Dr. Castiglia. He in fact then was - he would  
2 periodically travel to Eastern Washington, and one of the  
3 times he was there he called and asked if we could meet. And  
4 actually Dr. Watts (phonetic) and Dr. Castiglia and I met at  
5 my house and we had a discussion again. Dr. Watts filled him  
6 in also about the problems and concerns that we were having  
7 as practitioners there. And again, I think even Mr. Ancell  
8 came over at some point also to ask how possibly he could  
9 improve the situation. I don't remember the time frame,  
10 forgive me.

11 Ultimately, when I was invited to speak with Premera  
12 management, again, I felt a little - I didn't know quite what  
13 reception I would get. And I really did express all of those  
14 same - similar sorts of issues. My sense was the managers  
15 listened politely, there was interaction, there were  
16 questions that I thought were appropriate, and afterwards  
17 there was a reception, and I felt that there wasn't certainly  
18 any animosity on their part.

19 Q And have you seen Premera respond to those concerns that you  
20 initially articulated back in 2000?

21 A Yes, I have. I mean all of these issues that we are talking  
22 about here have gone away. Premera has - and I won't say  
23 they went away because of what I said to Dr. Castiglia. But  
24 I will say that Premera is I believe smart enough to  
25 understand that managed care is not something that customers

JOHN GOLLHOFFER, M.D. - Cross

1        want, it's not something that patients like, it's not  
2        something that providers like, and it's gone.

3    Q    In those meetings with Dr. Castiglia or with Premera  
4        management, did you express concerns about Premera's market  
5        share?

6    A    Never.

7    Q    Did you express concerns about Premera's premiums?

8    A    No, I didn't.

9    Q    Thank you, Dr. Gollhofer.

10                MR. HAMJE: No questions.

11                MR. COOPERSMITH: No questions.

12                JUDGE FINKLE: Thank you, please step down.

13                COMMISSIONER KREIDLER: (Indicating.)

14                JUDGE FINKLE: Oh, I'm sorry.

15                THE WITNESS: Overruled, Your Honor.

16

17

18                                CROSS-EXAMINATION

19

20    BY COMMISSIONER KREIDLER:

21    Q    At the time - Dr. Gollhofer, at the time those articles  
22        appeared in January and February of 2000, were you aware that  
23        there was significant dissatisfaction among physicians with  
24        carriers, including Premera?

25    A    Yes.

JOHN GOLLHOFFER, M.D. - Cross

1 Q I'm curious, when you met with the medical director of  
2 Premera, were you still the president when you first met with  
3 him?

4 A I believe I was.

5 Q And --

6 A Yes. Yes, I was.

7 Q And you were still on the board for another year after you  
8 were president, as immediate past president?

9 A That's correct, the executive committee.

10 Q Executive committee. I'm curious, relative to the survey  
11 that you reported that the - Premera and LifeWise physician  
12 satisfaction survey that was presented to your Premera  
13 quality committee, when that survey was conducted was it  
14 conducted in any way that physicians who participated could  
15 be identified or perceived, or was there any potential they  
16 could be perceived and identified in responding to that  
17 survey?

18 A It was done by an outside company, it wasn't done by internal  
19 Premera personnel, so I would - so I'm sure there's really no  
20 way those physicians were identified to Premera. But could  
21 the respondents have since then? I suppose they could have.  
22 I believe it's an on-line survey that you either do it by  
23 telephone or on the computer, and who knows how you can be  
24 tracked of course electronically.

25 Q The reason I ask is because I would think that the

JOHN GOLLHOFFER, M.D. - Cross

1 independent response to a satisfaction survey with the health  
2 carrier would be somewhat tempered if there was ever the  
3 perception that the health carrier could know what your  
4 responses were, and if they were perceived as excessively  
5 negative, that there could be repercussions. Whether there  
6 would be or not, would not be the issue as much as there  
7 could be that perception. And that it would condition how  
8 you would respond relative to your satisfaction with that  
9 particular carrier.

10 I'm asking, for the best of your knowledge, there was no  
11 connection is your reply, there was no way that physicians  
12 could be tracked, and that you are uncertain as to whether  
13 physicians might not have perceived that that kind of  
14 tracking could take place?

15 A That's correct.

16 Q Thank you very much.

17 MS. EMERSON: If I could just offer,  
18 Commissioner Kreidler. Brian Ancell, who is the executive  
19 vice president responsible for the area in which the survey  
20 was conducted, he will be able to provide additional  
21 information on the survey.

22 COMMISSIONER KREIDLER: And he's on the witness  
23 list?

24 MS. EMERSON: He is on the witness list.

25 COMMISSIONER KREIDLER: Great. Thank you.

JOHN GOLLHOFFER, M.D. - Recross

1 JUDGE FINKLE: Any follow-up to the commissioner's  
2 questions?

3 MR. HAMJE: None, Your Honor.

4 MR. COOPERSMITH: I think, Your Honor, we would  
5 like to just introduce one more exhibit. We won't have any  
6 questions about it, just introduce it.

7 JUDGE FINKLE: Sure, have it marked.

8 MR. COOPERSMITH: Other than to get the witness to  
9 identify it for us. We are up to 123; is that correct?

10 MS. THOMAS: Two.

11 JUDGE FINKLE: You can have it marked and I'll hear  
12 any objection. I'm never going to stop anyone from marking  
13 things.

14

15 RECROSS-EXAMINATION

16

17 BY MR. COOPERSMITH:

18 Q Dr. Gollhofer, I've just handed you what has been marked as  
19 Intervenor's Exhibit 122, and the passage in question is on  
20 the first page, first column, and it's halfway down the third  
21 paragraph. It begins "WSMA President John G. Gollhofer."

22 A (Perusing.)

23 JUDGE FINKLE: Is there a question?

24 MR. COOPERSMITH: Yes. I was waiting for --

25 JUDGE FINKLE: I've read the passage.

JOHN GOLLHOFFER, M.D. - Recross

1 Q (By Mr. Coopersmith) Okay. And the question first is, 122  
2 is the WSMA Reports from September of 2000; is that correct?

3 A Yes.

4 Q Okay. And you met with the Premera executive in April of  
5 2000; is that correct?

6 A Oh, yes. Dr. Castiglia, yes, yes.

7 Q Thank you.

8 MR. COOPERSMITH: No further questions.

9 MS. EMERSON: Again, I'm going to just object to  
10 the previous line of questioning. First of all, it was  
11 improper rebuttal. This is not even reflecting an article  
12 about Premera. This is about a potential Regence affiliation  
13 or alliance, so --

14 JUDGE FINKLE: I haven't admitted it and so it's -  
15 there's nothing, in a way, to object to, I don't think. It's  
16 been identified and no reference in testimony made to it, so  
17 I don't think there's anything before me right at the moment.

18 MS. EMERSON: Your Honor, I'm just objecting to the  
19 line of questioning as being improper.

20 JUDGE FINKLE: Okay. I'll overrule the objection.  
21 I don't think there was anything substantive.

22 Anything further from anyone?

23 MR. HAMJE: No, Your Honor.

24 COMMISSIONER KREIDLER: No.

25 JUDGE FINKLE: Please step down.

JOHN GOLLHOFFER, M.D. - Recross

1 (Witness excused.)

2 MR. KELLY: Next witness?

3 JUDGE FINKLE: It's 4:35. What's your pleasure?  
4 You've got 25 minutes to work with.

5 MR. KELLY: Well, I guess it depends on how long  
6 the cross is going to be. This is Donna Novak.

7 JUDGE FINKLE: We don't necessarily need to  
8 complete the cross. If everyone wanted to adjourn, I'm  
9 willing to listen, subject to what the commissioner would  
10 like to do. I'm also prepared to proceed until 5:00 or  
11 shortly after.

12 MR. KELLY: I think we can proceed, if that's okay  
13 with you.

14 JUDGE FINKLE: Let's go ahead then.

15 MR. KELLY: We've got to get organized.

16 JUDGE FINKLE: Okay.

17 (Briefly off the record.)

18 MR. KELLY: Please come forward, Ms. Novak.

19

20 DONNA C. NOVAK, having been first duly sworn by  
21 the Judge, testified as  
22 follows:

22

23 JUDGE FINKLE: Please be seated.

24 (Continued on next page.)

25

DONNA C. NOVAK - Direct

1 DIRECT EXAMINATION

2

3 BY MR. KELLY:

4 Q Would you state your full name for us, please.

5 A Donna Carolyn Novak.

6 Q Could you identify your company and your position in it?

7 A Yes. I am the president and CEO of NovaRest, Inc. It's an  
8 actuarial management consulting firm that has been formed to  
9 provide cost effective consulting to regulators and to  
10 insurance companies.

11 Q And what's your business address?

12 A My office is at 980 Eastshore Drive, Suite 100, in Fox Lake,  
13 Illinois. Zip is 60020.

14 Q Okay. That's good for our record. Thank you.

15 Could you tell us your educational background, please.

16 A Yes. I received a bachelor's in mathematics in 1972 from  
17 De Paul University. I did post-graduate work in mathematics  
18 from Illinois Institute of Technology. And I have an MBA in  
19 finance and healthcare administration from Kellogg, which is  
20 the Business School of Northwestern University.

21 Q Are you also an accredited actuary?

22 A Yes, I am.

23 Q Would you explain that, please.

24 A Okay. I am a member of the academy - American Academy of  
25 Actuaries, MAAA. I'm also a fellow of the Conference of



DONNA C. NOVAK - Direct

1 Consulting Actuaries. I'm an associate of the Society of  
2 Actuaries.

3 Q And do you take continuing education programs each year to  
4 meet your requirements of those associations?

5 A Yes, I do, and for the requirements to sign actuarial  
6 opinions, and so we have an annual requirement for continuing  
7 education.

8 Q Have you been active with the Academy of Actuaries and its  
9 various undertakings?

10 A Yes, I've been very active with the Academy of Actuaries. I  
11 was vice president of financial reporting for two years and  
12 therefore on the board. I do a lot of volunteer work for the  
13 Academy of Actuaries on a number of projects that I  
14 participate in and lead. The types of projects, for  
15 instance, were advice to congressional staff when they were  
16 formulating HIPAA, Health Insurance Portability and  
17 Accountability Act, testimony to the Medicare Commission when  
18 they were considering adding prescription drugs to Medicare.  
19 I participated in the team that reviewed the Medicare risk  
20 adjuster when it was proposed and reviewed by the academy  
21 back then. And numerous other projects.

22 Q Okay. Are you a member of any other professional  
23 organizations?

24 A Yes. I'm a Fellow of the Life Management Institute. And I  
25 am also an Associate of the - Health Insurance Associate.

DONNA C. NOVAK - Direct

1 Q Now, you indicated that you do work for both regulators and  
2 insurers. Let me ask you to give, if you would, some  
3 examples of the work that you have done for insurance  
4 commissioners and regulators.

5 A Okay. Most of my work recently has been for insurance  
6 regulators. For example, I would advise the Department of  
7 Insurance and Securities Regulation, DISR, in Washington  
8 D.C., in conjunction with the Form A filing. When the Blue  
9 Cross/Blue Shield of D.C. had the business affiliation with  
10 Blue Cross/Blue Shield of Maryland to form the not-for-profit  
11 holding company CareFirst, then I further advised the  
12 attorney general in Delaware when the Delaware Blue Cross/  
13 Blue Shield company joined the CareFirst organization.

14 I was hired by the department - DISR in D.C. again to  
15 advise them when the CareFirst organization, which their plan  
16 was a member of, was going to go for-profit and be purchased  
17 by WellPoint.

18 And then I advised the Vermont Department of Insurance  
19 and Banking as part of the demutualization of the Vermont...

20 Q Now, I think we'll use the term perhaps NAIC, the National  
21 Association of Insurance Commissioners, did you have a role  
22 in developing a manual used by the NAIC?

23 A Yes. The NAIC hired my firm to write the financial analysts  
24 manual that they - the financial analyst and the state  
25 regulatory...

DONNA C. NOVAK - Direct

1 Q Have you done any other projects involving the NAIC?

2 A Quite a few in my role as a volunteer with the Academy of  
3 Actuaries. I led a project to write the first grant of the  
4 Health Reserve Guidance Manual that is used. I participated  
5 in a very major role in the development of the Managed-Care  
6 Organization Risk-Based Capital, which is currently Health  
7 Risk-Based Capital. And I've advised them, as well as  
8 regulators, on the effects of health insurance regulation. I  
9 do a lot of work estimating the effect of health insurance  
10 regulation on the marketplace.

11 Q Okay. Could you describe some of your experience in the  
12 field of capital requirements and sources of capital for  
13 health insurers?

14 A I would say that started when I was with Blue Cross/Blue  
15 Shield Association. I was with Blue Cross/Blue Shield  
16 Association from 1973 to - I'm sorry, 1993 to 1997, which was  
17 an interesting time. At that time the Blue Cross/Blue Shield  
18 Association had the capital benchmark formula, and they - it  
19 was only the Blues at that time that had a capital  
20 requirement for their plans.

21 Then I participated as a Member of the Academy of  
22 Actuaries team, as I said, in the development of the  
23 Managed-Care Organization Risk-Based Capital, was developed  
24 by the Academy of Actuaries. It was adopted after some  
25 revisions by the National Association of Insurance

DONNA C. NOVAK - Direct

1 Commissioners.

2 I've also advised clients on the strategic use of  
3 risk-based capital when looking at their strategies. I have  
4 helped a number of organizations determine what their  
5 risk-based capital should be and how to improve their  
6 risk-based capital.

7 Q While you were at the Blue association, did you have any role  
8 in actually going out to associations to evaluate their RBC?

9 A Yes. My primary role when I was at the Blue Cross/Blue  
10 Shield Association was working with Blue Cross/Blue Shield  
11 plans that were in financial problems according to the  
12 Blue Cross/Blue Shield Association benchmark, capital  
13 benchmark at that time, and to monitor the plans'  
14 improvements up until the point where it was again off of the  
15 early warning or the monitoring.

16 Q Since having left the Blue association, have you had occasion  
17 to serve as a consultant on RBC-type problems or issues for  
18 Blues?

19 A As I mentioned, I've had a couple of clients, including  
20 Blue Cross/Blue Shield plans, where I've advised them on  
21 their capital requirement and how to improvement their RBC  
22 ratios.

23 Q That was just three years - four years, I guess, of your  
24 career. Could you just give us a brief summary of the other  
25 types of activities you had during your course of employment?

DONNA C. NOVAK - Direct

1 A My career, I've been in this business over 30 years. I think  
2 my 35th anniversary is this fall. I've really been  
3 privileged to work in a number of different aspects with  
4 regulators and insurers. I've worked for three insurance  
5 companies. I've worked for CNA Financial. I worked for  
6 Trustmark. And I've worked for Bankers Life and Casualty.

7 I've done primarily consulting in recent years. A  
8 majority of my work has been in consulting. I've worked, for  
9 example, for Deloitte & Touche. I've worked for William M.  
10 Mercer, and now have my own consulting firm, which I've had  
11 for a couple of years.

12 Q Now your pre-filed direct testimony has been served and filed  
13 in this proceeding. Do you adopt that testimony?

14 A I do.

15 MR. KELLY: And Ms. Novak's pre-filed direct,  
16 Commissioner, has been marked as Hearing Exhibit P-65, and  
17 her curriculum vitae has been marked as P-66. And with her  
18 adoption of the testimony, Premera now moves to admit those  
19 exhibits.

20 MR. HAMJE: No objection.

21 MR. COOPERSMITH: No objection, Your Honor.

22 JUDGE FINKLE: Admitted.

23 (Exhibits P-65 and P-66  
24 admitted.)

25 Q (By Mr. Kelly) And you submitted an expert report in this

DONNA C. NOVAK - Direct

1 proceeding, have you not?

2 A I did.

3 Q And I believe it is Hearing Exhibit P-67. It's entitled The  
4 NovaRest Report, entitled Capital Requirements and Sources of  
5 Capital, dated November 10, 2003. Is that your report and do  
6 you adopt it?

7 A That is my report and I do adopt it.

8 MR. KELLY: Then I would move the admission of P-67  
9 as well.

10 MR. HAMJE: No objection.

11 MR. COOPERSMITH: No objection.

12 JUDGE FINKLE: Admitted.

13 (Exhibit P-67 admitted.)

14 Q (By Mr. Kelly) What are the basic conclusions of your  
15 report?

16 A I really have two conclusions. The first conclusion is that  
17 Premera is in a weak capital position and right now has some  
18 capital constraints.

19 Q And when you say "capital constraints," what do you mean by  
20 that?

21 A Capitally constrained means that when a company gets to a  
22 level of capital where they are approaching any either the  
23 regulatory or the Blue Cross/Blue Shield Association or their  
24 own target levels, they have to take into consideration their  
25 capital whenever they make a decision. Their decisions

DONNA C. NOVAK - Direct

1 cannot totally be based on what's best for the company,  
2 what's best for the customer, what's best in the marketplace.  
3 What they have to take into consideration is the fact now  
4 days risk-based capital, because that's the standard.

5 Q Okay. And so when you used the term "capital constraint,"  
6 it's then the constraint on the decision making and actions  
7 of the company; is that what you are saying?

8 A Yes.

9 Q Now, let's talk about that. You just mentioned that first  
10 conclusion. I'd like to talk with you about that for a bit  
11 and then we'll go on to your second conclusion.

12 A Certainly.

13 Q Why is it you conclude Premera is presently in a weak capital  
14 position and must be considered capitally constrained?

15 A At the time of my report we were looking at the 2002  
16 risk-based capital level, and at that point they were at 406  
17 percent risk-based capital, which is dangerously close to the  
18 375 percent Blue Cross/Blue Shield Association level, and  
19 lower than most plans would target, so lower than what most  
20 Blue Cross/Blue Shield plans would target for risk-based  
21 capital level.

22 Q Okay. Now, how does that 2002 data of 406 percent compare  
23 with the RBC levels of other Blue plans of similar companies?

24 A One of the lowest. We looked at 14 comparable plans, and of  
25 the 14 there were a couple that were lower, but it - most of

DONNA C. NOVAK - Direct

1 the plans were higher. And it's significantly lower than the  
2 average Blue Cross/Blue Shield plan, which at that time was  
3 over 600 percent.

4 Q Okay. And what type of targets for those other companies did  
5 they have for their RBC level?

6 A It's impossible to tell what all of them have for a target;  
7 you just know what they have for an ongoing risk-based  
8 capital level. The plans I work with have really looked at  
9 500 percent as the minimum that they want to hit. Now,  
10 that's the minimum that they want to hit.

11 Q Well, you were talking about 2002 data. You also have some  
12 information about 2003 data?

13 A Yes. It's come in recently. We started to look at it.  
14 Right now Premera's risk-based capital at the end of 2003 was  
15 433 percent, so a slight improvement over what it had been in  
16 2002.

17 Q And what is your general understanding as to whether - as to  
18 what the average was for RBC levels in 2003 compared to 2002?

19 A It's gone up significantly. In the few plans we have looked  
20 at have gone up percent-wise that much or more.

21 Q Okay. And does the NovaRest report give more details  
22 regarding comparison of Premera's RBC levels to the RBC  
23 levels of other Blue plans?

24 A Yes, it does. It does the analysis of the 14 plans over time  
25 and their RBC level compared to Premera.



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- 1 Q I think that's in the Appendix B?
- 2 A Appendix B.
- 3 Q So maybe if we can review for the commissioner briefly the
- 4 overall picture. We have an RBC of 375 for a standard for
- 5 the Blues; is that correct?
- 6 A Right.
- 7 Q We have Premera's 2002 level was 406?
- 8 A Mm-hmm.
- 9 Q 2003 was 433?
- 10 A Right.
- 11 Q Do you consider that a significant change?
- 12 A It's going in the right direction.
- 13 Q Better up than down?
- 14 A Yes.
- 15 Q At the same time the - for 2002, where you have more complete
- 16 data, 500, as you understand it, is the target for similar
- 17 companies?
- 18 A The minimum target, yes.
- 19 Q And the average in 2002?
- 20 A Was over 600 percent.
- 21 Q Okay. And then your sense also was that just about Premera's
- 22 RBC went up somewhat in 2002, 2003, it was a similar increase
- 23 in the average for all the other companies?
- 24 A Actually, percentage-wise from what we are seeing it's more,
- 25 it's a larger percentage. Looks like the underwriting cycle

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1 from 2002 to 2003, we are in an up cycle. Just looking at  
2 the risk-based capital, it all seems to be going up. So if  
3 you look at the underwriting cycle, it looks like it was a  
4 good year.

5 Q Although I don't want - because we are at the end of the day,  
6 but a little bit about the underwriting cycle, very thumbnail  
7 sketch.

8 A A thumbnail sketch is that the underwriting cycle is a result  
9 of health plans trying to predict what the cost of healthcare  
10 is going to be at the time they set premiums for the period  
11 of time the premiums are set for. And sometimes the  
12 predictions are more accurate than others. And it results in  
13 higher profits and sometimes losses, lower profits from year  
14 to year. And it's considered the underwriting cycle.

15 Actually, we'll probably get more into a description of  
16 risk-based capital, but it is the risk that risk-based  
17 capital is trying to measure, is the risk of that  
18 underwriting cycle.

19 Q Because if the company misjudges in its underwriting cycle  
20 and doesn't obtain premiums high enough but has higher  
21 pay-outs, is that the problem, in layman's words?

22 A Right. Over --

23 MR. COOPERSMITH: Your Honor, we would object.  
24 We'd like to have it in the form of direct instead of a  
25 leading question.

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1           MR. KELLY: If I could just raise that question,  
2           Your Honor. I'm not clear why counsel is objecting to a  
3           leading question in this form.

4           JUDGE FINKLE: Well, I don't know if counsel needs  
5           to defend himself, but I think you are asking whether that  
6           objection is appropriate in this proceeding. I believe that  
7           the testimony of the witness is what's important for the  
8           commissioner to hear. And while I would tend to give more  
9           latitude than I might in a trial and I agree with you that  
10          that's appropriate, I think when it gets a bit past that line  
11          I would sustain the objection whoever makes it. Thank you.

12          MR. KELLY: Okay.

13   Q    (By Mr. Kelly) Then you should describe briefly what the  
14          impact is if the company misjudges in an underwriting cycle  
15          what its premiums should be.

16   A    You end up with underwriting losses, the down part of the  
17          cycle. And let me just take a second and tie that back to  
18          risk-based capital. Because when we develop risk-based  
19          capital, the 200 percent mark was really intended to be the  
20          level where a normal underwriting cycle - and we modeled a  
21          normal underwriting cycle - where it was the normal  
22          underwriting cycle at 200 percent, there was a good chance  
23          but not a 100-percent chance that the company would survive  
24          to a year. And it was right at that 200 percent that there  
25          started to be some question to if under normal underwriting

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1 cycles, not extreme ones, but normal underwriting cycles,  
2 using the history of underwriting cycles at that point in  
3 time, that the company might not survive two years.

4 So it was a point where it was felt that regulators  
5 would have two years to get into the company and get things  
6 turned around before - before they would be responsible for  
7 the company. So, that's - the underwriting cycle is an  
8 aspect of the risk-based capital.

9 Q And then what is the reason, as you best understand it, why  
10 the Blue association sets a higher minimum?

11 A Well, there are a couple of reasons, not the least of which  
12 is that they would really want to ensure that their plans  
13 last more than two years. And so they really need a level  
14 that protects not just survival but that is a level where the  
15 company is financially sound, which would be above a survival  
16 level. So, they feel that at 375 percent that's more  
17 financially sound and gives them a buffer, if there is a  
18 problem, to send their teams in and get the company turned  
19 around.

20 Also, they are responsible for the Blue Cross/Blue  
21 Shield name across the country, and it's very important to  
22 them, and that's why they had a capital requirement well  
23 before the marketplace had a capital requirement, and they  
24 held their plans to a capital requirement before anyone else  
25 was subject to one. It's very important to them to protect

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1 the name of Blue Cross/Blue Shield.

2 If a company in another state, Blue Cross/Blue Shield  
3 plan gets into financial problems, it causes a ripple effect  
4 across the country, and therefore affects the plans in every  
5 state.

6 Q Let me go back to the question about the RBC level of Premera  
7 of 406 in 2002, 433 in 2003. What's the import of Premera  
8 being so capitally constrained?

9 A Well, as we said earlier, one of the biggest problems of  
10 being capitally constrained is you start making decisions  
11 based upon the affect on capital instead of the good business  
12 decision of how it's going to affect your profitability, how  
13 it's going to affect your customer service, and how it's  
14 going to affect your efficiency long range. It starts making  
15 your decision making very short-range focused because it's  
16 all about how it affects risk-based capital. When you have  
17 more of a buffer, you can make investments in the future  
18 knowing that the risk-based capital level will come back up  
19 as those investments pay off.

20 Q Before I forget, let's get back to your second conclusion.  
21 What is the second conclusion you are making?

22 A Okay. My second conclusion is that - I don't know how to say  
23 this now.

24 Q Maybe if I can --

25 A Okay.

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1 Q What observations did you have to make about the benefits and  
2 disadvantages of raising capital through a variety of  
3 sources?

4 A Okay. We looked at the affect of improving the risk-based  
5 capital, looking at a number of ways to improve risk-based  
6 capital, and decided that the best - and I'll define best in  
7 a second - the best way would be through the equity markets.  
8 And I would define best as would increase the capital to a  
9 prudent level most expeditiously in the shortest period of  
10 time. It would not be a one-time solution. It would be a  
11 solution that, if something beyond the normal underwriting  
12 cycle or if there was a problem in the future, that it could  
13 be used.

14 And third would be the overall cost, because of the  
15 affect on profits and the pressure on profits of the overall  
16 cost of raising the capital. So there are really three  
17 things that were looked at.

18 Q Let me pursue that area of your second conclusion a little  
19 bit further. Can you describe how capital constraints can  
20 impact a company's strategic plan?

21 A Well, what I've been preaching since we were developing  
22 risk-based capital is that a company, when making strategic  
23 decisions, any strategic decisions, on investment, on growth,  
24 should model its effect on risk-based capital. And I think  
25 companies are starting to do that. Life and PNC companies

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1 had risk-based capital before health companies did. And it  
2 was my observation working with the life risk-based capital  
3 and PNC risk-based capital committee at the NAIC, that the  
4 companies were taking more of a strategic approach and  
5 looking at the effect of their strategic plan of risk-based  
6 capital.

7 Health companies, except for the Blues, were not - were  
8 not used to thinking that way because they didn't have  
9 capital requirements, they had deposit requirements. And I  
10 think now companies are becoming very much aware of the fact  
11 that when they make investments they have to look at, is that  
12 investment going to be admitted, how is it going to be - you  
13 know, all of the accounting and balance sheet aspects of that  
14 effect of risk-based capital.

15 Q What about the impact of capital constraints on the ability  
16 of a company to grow?

17 A Well, growth comes in three different ways, in my mind. The  
18 most obvious is population growth. Maybe it's not the most  
19 obvious. But one way is the population grows, same market  
20 share but the population is growing. When we normally talk  
21 about growth, we talk about the company getting a larger  
22 market share, they are competing better, and so they are  
23 attracting more customers.

24 When you talk about risk-based capital, because  
25 risk-based capital is driven by incurred claims primarily,

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1       it's a very, very complicated formula, but I think if you  
2       boil it down to the major driver it's incurred claims. So a  
3       company can, without adding any new members, from a  
4       risk-based capital perspective, can grow, because its  
5       incurred claims will be going up because of medical  
6       inflation. So medical inflation forces health insurers to  
7       grow and forces risk-based capital to increase, even if you  
8       are not adding new members. So there's a natural growth of  
9       health insurance companies.

10    Q   Now, you talked about the equity market being the best source  
11       of capital. What are the other potential sources of capital  
12       for a company like Premera?

13    A   There are really four that we looked at. There's merger.  
14       There is selling of assets. There's increased profitability,  
15       you know, just adding more through your profits. And I know  
16       there are four.

17    Q   Is there debt?

18    A   There's debt. There's always just taking on debt, yeah.

19    Q   Because I have the advantage of these notes here.

20    A   Yes.

21    Q   Let's talk for a minute about selling assets to raise  
22       capital, pros and cons, limitations.

23    A   Okay. When you sell an asset to raise risk-based capital -  
24       first maybe I should say that when I talk about risk-based  
25       capital it's a ratio between the capital requirement that



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1 comes out of the NAIC formula. And as I said, that's  
2 primarily driven by incurred claims, medical expense, and a  
3 company's capital. And I use the word capital,  
4 not-for-profit Blues plans often use the term reserve. And  
5 we've heard it referred to as reserve here, but because we  
6 are talking about risk-based capital, for consistency I'll  
7 call that capital. So it's a ratio of the two. So you can  
8 change either one of those and affect your risk-based capital  
9 formula. And as I said, just medical inflation will cause  
10 your risk-based capital ratio to go down if your capital  
11 isn't going up, if your company isn't growing in worth, in  
12 capital.

13 As far as selling assets, if you sell an asset and it's  
14 worth the same amount that it was on the balance sheet, you  
15 haven't improved your risk-based capital. So you have to  
16 sell it for more than what it was admitted on your sheet for  
17 - first to increase your risk-based capital. When you sell  
18 an asset, an asset should have, and almost always does have  
19 some affect on future profits and income. Either it's income  
20 producing or it's an asset that's allowing you to become more  
21 efficient. It's your home office building that now you don't  
22 have to rent. So it's affecting your profitability and your  
23 profits going into the future. When you sell an asset, you  
24 give that up, you give up those future profits, and then you  
25 are going to have to make them up somewhere else in order to

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1 keep your profitability at the same level. Also, when you  
2 sell an asset it's gone, it's a one-time transaction, and  
3 eventually you run out of assets to sell.

4 Q Okay. Now, merger I think you said was another possible  
5 source of improving your capital position. Could you comment  
6 on that?

7 A Yes, I can. For a merger to improve your capital position,  
8 you have to either merge the two companies and their assets,  
9 and that rarely happens. Often they are separate. So in  
10 order to improve the capital position of company A by virtue  
11 of merging with capital - company B, some of the capital from  
12 B has to be moved to A.

13 It's my experience that that company wants some return,  
14 one, on that movement of capital. Two, in a merger, one of  
15 the first things that's often done in the form - a filing -  
16 reaction to the Form A filing is to restrict the flow of that  
17 capital from company to company, especially if the companies  
18 are in two different states. So, sometimes - there are often  
19 restrictions if those companies are in two different states,  
20 of being able to move that capital.

21 Now, over the long run you hope to have efficiencies  
22 and, you know, increased profits just because you have some  
23 efficiencies merging the two companies, using the same  
24 system. In the short run, you don't: you are going to have  
25 expenses to do all of those things. In the short run,

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1       there's going to be expenses and reduction of capital.

2       Q   Okay. And understandably you are focused on capital, but are  
3       there other consequences, such as impact on autonomy from a  
4       merger?

5       A   In my experience, especially when we were looking at the  
6       solutions to Blue Cross/Blue Shield plans that had capital  
7       requirements, one of the biggest problems was the autonomy  
8       and merging two cultures, you know, saying can we bring these  
9       two cultures together; and if so, which one is going to be  
10      the one that's going to control the other, I guess is the  
11      simple way of saying it.

12      Q   What about an alternative of taking on new debt or using  
13      what's called surplus notes?

14      A   Surplus notes are a way to take on debt so that it does not  
15      show up as a liability on the balance sheet of the company  
16      that's taking on the debt. It was more common in the early  
17      '90s to be able to get a surplus note from the Blues plan.  
18      But if the two - if two companies, and it doesn't have to be  
19      a Blues plan, if the two companies are in two different  
20      states, there's an approval process for repaying not only the  
21      principal of that surplus note but in some cases even the  
22      interest on that surplus note. And usually the control of  
23      that repayment is with the commissioner of insurance in the  
24      state receiving the note, and therefore commissioners in  
25      states, even if the company is willing to provide a surplus

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1 note say to Premera, the commissioner may not allow it.

2 Q Okay. What about trying to raise profits as a way to  
3 increase capital?

4 A And I will also say surplus notes are very expensive because  
5 of all of that also, I might add that.

6 Raising profits is a very long-term solution, it's not  
7 short term. Profit margins, even to keep up with risk-based  
8 capital, in the case of Premera I think I heard their profit  
9 margins historically have been under two percent, are going  
10 to have to go up just to keep up with risk-based capital and  
11 medical inflations. And now you are talking about increasing  
12 profits even beyond that to make up a fairly large deficit.  
13 And it certainly is nothing that can be done on a short-term  
14 basis and probably is impossible.

15 Q And are there other consequences even if you do raise  
16 premiums in terms of --

17 A Well, when we talk about raising profits, there's a lot that  
18 goes into profits. You can raise premiums. And yes, there's  
19 some consequences. You can lose customers if you start  
20 raising premiums. Or you can decrease some of your expenses,  
21 like your medical expenses, but then you start affecting your  
22 net worth and start affecting the fact that members want to  
23 go to certain doctors in the network, and again you start  
24 losing customers.

25 Q That brings us then to raising capital through the sale of

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1 stock. Are there advantages that you see to a company to  
2 raising capital by going to the stock market?

3 A Yes. If you look at the three aspects, one, if you go to the  
4 stock market, it's immediate influx of capital. Two, and I  
5 think maybe the most important one in some respects, is that  
6 it allows you, as long as you keep the company financially  
7 healthy, it allows you to go back to the markets in the  
8 future if there is a temporary problem. You are trying to  
9 protect against - you protect the company and put it in a  
10 position where it's a position going into the future, and it  
11 allows you therefore a possible - a possibility of capital  
12 influx if there would be a problem in the future.

13 Because of the way capital markets work, when you get  
14 capital because of selling stock, you don't have to repay it,  
15 unlike debt. The capital markets get a return of their  
16 principal by selling the stock to someone else. Their profit  
17 comes from the fact that the company is worth more than when  
18 they bought it. You know, the economy is worth more than it  
19 was 10, 15 years ago, and individuals who invest in that  
20 participate in that growth. And again, with health insurers,  
21 they have to grow because they have to meet increasing  
22 risk-based capital requirements as long as there is medical  
23 inflation driving all of that.

24 Q So, final question, what is your conclusion as to the best  
25 way for Premera to raise capital?

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1 A Looking at the four ways and looking at my three criteria, it  
2 would be going to the equity markets.

3 Q That's what I have. Thank you.

4 JUDGE FINKLE: About how long would you expect to  
5 be?

6 MR. HAMJE: Well, Your Honor, before I give my  
7 estimate I just want to let you know that they are  
8 notoriously bad. And in fact, I can give you an example.  
9 I've predicted, at least internally, about 45 minutes for  
10 Mr. Barlow and I think I took at least twice that long the  
11 other day. I would say it's going to be at least 30 minutes  
12 with Ms. Novak.

13 JUDGE FINKLE: And will you have some as well?

14 MR. COOPERSMITH: Your Honor, I think I can be more  
15 precise. I have one question for Ms. Novak.

16 JUDGE FINKLE: Is there any problem with your  
17 returning tomorrow?

18 MR. KELLY: That's not a problem.

19 JUDGE FINKLE: With your soul bearing, I think we  
20 will adjourn. We'll see you at 9:00.

21 MR. HAMJE: Thank you, Your Honor.

22 MR. KELLY: Thank you, Your Honor.

23 (Adjourned at 5:09 p.m.)

24

25

## 1 C E R T I F I C A T E

2

3 STATE OF WASHINGTON )

4 ( ss.

5 COUNTY OF THURSTON )

6

7 I, PAMELA J. KLESSIG, a Court Reporter and Notary  
8 Public of the State of Washington, do hereby certify that the  
9 foregoing proceedings were reported by me on May 4, 2004 and  
10 thereafter transcribed by me by means of computer-aided  
11 transcription.

12 I further certify that the said transcript of  
13 proceedings, as above transcribed, is a full, true and correct  
14 transcript of the aforementioned matter.

15

16

17 DATED and SIGNED May 6, 2004.

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22 \_\_\_\_\_  
23 Notary Public in and for  
24 the State of Washington,  
25 residing at Olympia.  
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